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GRANT VIEWS **RONA ZLOKOWER**

Texting teens



Long walks on trails, jumps off bobbing rafts into cool lakes, races across city swimming pools — they're all summer experiences of lucky New Hampshire teens.

For many, outdoor summer fun will be interspersed with their 50th *Walking Dead* episode (Netflix binging is not just an adult addiction) and texting friends (on average, 65 to 100 times a day). The average child, age 8 to 18, spends eight hours a day with media and 14 hours when multitasking, using more than one media device at a time. As teens know, ignore a text or Facebook posting and you risk being "de-friended" or perhaps losing a friend in real life.

According to the CDC's 2013 Youth Risk Behavior Survey, published this week, texting doesn't stop for many New Hampshire teens even while driving. Nationwide, 41 percent of students who had driven a car or other vehicle during the past 30 days reported texting or emailing while driving.

In New Hampshire, 47 percent of teens reported the at-risk behavior. These teens may not get to enjoy their next phone upgrade or next summer.

Distracted driving, evidence shows, is risky and sometimes deadly, for the driver and other victims. Texting while driving is now the leading cause of death among teenagers — surpassing drinking and driving. That should change dramatically on July 15, as Gov. Maggie Hassan is expected to sign HB 1360, banning all cell phone use by minors and continuing to allow adults to talk on cell phones if they use hands-free phones, devices built into the vehicle and two-way radios.

When they're not driving, teens will be texting, watching movies and downloading series or video games all summer. But what they will recall from summer of 2014 are the hikes in cool woods, plunges into oceans and lakes, family trips, reading books in the shade of a tree, enjoying fireworks or camping with friends.

So that children have years of summer adventures ahead, parents should talk often about the consequences of technology use while driving. Parents are role models and must be mindful of their own behaviors.

MIT Sociologist Sherry Turkle, who studies technology and social interactions, says, "The lure of the next text may be greater than human will."

Hopefully, New Hampshire teens will show their wills to make healthy and safe choices and enjoy endless summers full of great memories, absent of texting and driving.

Rona Zlokower is executive director of Media Power Youth, a nonprofit based in Manchester that empowers youth to lead healthy safe lives through smart use of media. Visit mediapoweryouth.org or email rona.zlokower@mediapoweryouth.org.



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ON THE COVER
14 BOOKS FOR THE BEACH There's nothing quite like lounging on the beach with a good drink and a good book. To help you find the perfect read, the Hippo talked to local librarians and booksellers who shared their top picks for the summer.



Also on the cover, it's time to celebrate the Fourth of July! Find out where to go for fireworks, food and family fun on page 28. Thinking about firing up the grill for a holiday cookout? Get some tips for having the best barbecue on page 38. And if you're looking for something to do at night, check out where to find live music in the Hippo's Music This Week listings, starting on page 62.

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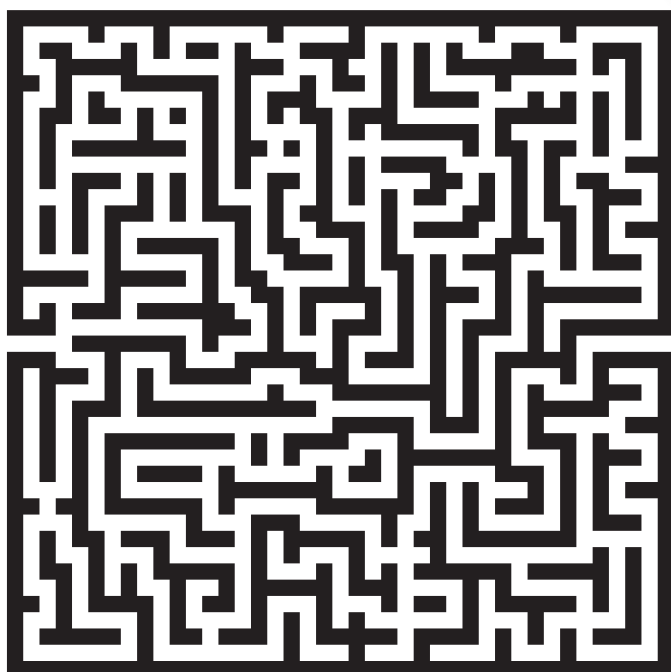
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Buffer zones

On July 10, people protesting outside of the state's reproductive health clinics won't be able to go within 25 feet of the entrances. That's the day New Hampshire's new buffer zone law goes into effect. Gov. Maggie Hassan and the bill's other supporters say it is meant to protect people visiting the clinics from harassment, but its critics say the new law is unconstitutional and violates free speech rights.

The critics are now pointing to a unanimous U.S. Supreme Court ruling in *McCullen v. Coakley* last week that overturned a similar law in Massachusetts and made its buffer zones illegal.

The Massachusetts law required protesters to keep at least 35 feet away from women's clinics, and even though its language did not explicitly mention speech, sidewalks are public and the law restricts access to them, *Huffington Post* reported.

According to WMUR, Hassan said she is reviewing the buffer zone law to see if it is affected by the recent ruling but stated New Hampshire's law is more narrow and different than the Massachusetts law. Sen. Jeanne Shaheen also stated she is upset with the ruling, which will have a "harmful effect on women."

Colorado and Montana are the only two other states that also have buffer zone laws. Those states each have eight-foot "floating" buffer zones, which follow individuals as they walk toward and away from clinics.

Local Marine dies

Greenfield native Lance Cpl. Brandon Garabrant was one of three Marines killed by a roadside bomb in Afghanistan last week, the Union Leader reported. The 19-year-old was serving as one of the final soldiers in America's combat mission in Afghanistan. Garabrant graduated from ConVal Regional High School in 2013 and attracted national attention after the school refused to let him graduate in his Marine Corps dress uniform as he had requested. Before joining the Marines, he was a volunteer firefighter for the Temple Fire Department. He was known by friends and family as being dedicated to both organizations.

Moose licences awarded

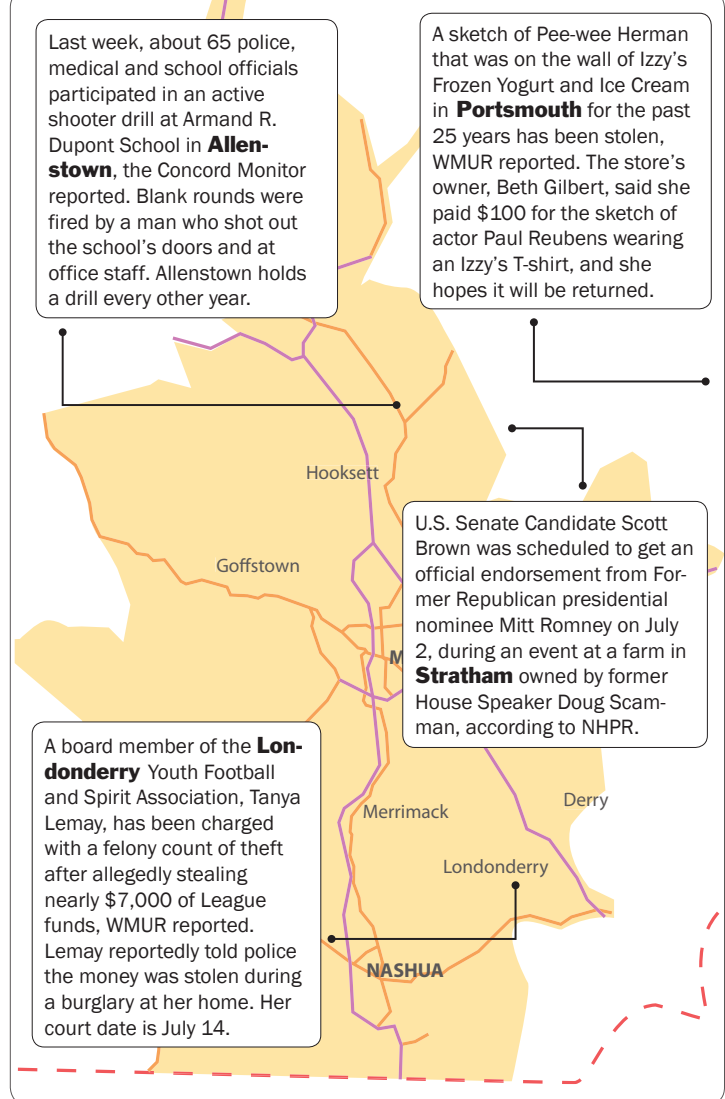
It was a full house at the New Hampshire Fish and Game Department headquarters as the state's drastically reduced number of moose hunting licenses were awarded, WMUR reported. This year the 124 permits (down from 275 the past few years) were awarded to 105 residents and 19 non-residents. The lottery winners came from a pool of 10,420 hunters who entered the draw. Only one winner was in attendance at the draw. The decline in permits is the result of the state's shrinking moose population, down from its peak of about 7,600 in 1996 to 4,400 today. Fish and Game officials and the University of New Hampshire are researching the cause of the decline.

Medal of Honor

President Barack Obama will be awarding former Staff Sgt. Ryan M. Pitts of Nashua the Medal of Honor on July 21, WMUR reported. He received the award for his actions as hundreds of enemy fighters attacked the outpost where he was serving as a forward observer. Almost all the soldiers were hit by rocket propelled grenades and/or automatic weapons fire, and though Pitts was hit, he continued to fight and convey reports over the radio. Getting the honor makes Pitts the ninth living recipient to be honored for actions in Iraq or Afghanistan. Pitts is scheduled to receive the award on July 21 at the White House.

Health services merge

After a decade of discussion, Manchester Community Health Center and Child Health Services announced Thursday that they intend to combine operations, according to a press release. The merger is expected to enhance comprehensive services to clients and create greater cost savings. MCHC President and CEO Kris McCracken said she anticipated expanding services to 1,500 children. The merger is supported by Manchester Mayor Ted Gatsas, who said it will provide comprehensive primary and preventive health and supplemental services to residents who are currently underserved. The agreement still requires the approval of U.S. DHHS Health Resources and Services



es Administration, the New Hampshire attorney general and other funders including the New Hampshire DHHS.

Copper thieves

Nearly 3,000 people in towns around Webster lost power for several hours last Tuesday after copper ground cable was stolen from a Webster substation,

WMUR reported. According to officials, the thieves or thief took up to 15 feet of cable that tied the voltage regulator to the ground grid below the substation. Officials at the electric company said copper theft is "an incredibly dangerous way to make a small amount of money," according to WMUR. 🐼

BEST WEEK

HEALTH CARE JOB SEEKERS

According to the Concord Monitor, most of the state's new jobs — about 30 percent — will be in the health care industry during the next 10 years. A new report from the state Employment Security Department states there will be a 10.3-percent increase in jobs by 2022. While the the state will likely see 68,700 new positions in that field, utility and manufacturing jobs will likely continue to decline.

WORST WEEK

HOUSE HUNTERS

According to a Re/Max of New England report, home sales for single-family homes continued to drop while the median price remained on the rise in May. Since May 2013 there were 5.6 percent fewer home transactions and homes are on average 7.3 percent more expensive than a year ago. However, the homes were on the market for an average of 105 days while a year ago they were on the market for 110 days, on average. The trend expands across New England too. Sales are down 8.4 percent in the region while median prices rose in every state except Connecticut and Rhode Island.

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A massive youth-health plan

Manchester releases multi-organizational health improvement strategy

By Rebecca Fishow
rfishow@gmail.com

You've heard the saying, "It takes a village to raise a child."

In Manchester, it takes a city to keep a child healthy.

After more than 10 years of planning, local health authorities have published a comprehensive Neighborhood Health Improvement Strategy. It creates a framework to address six areas of neighborhood wellness, sets priorities and begins a course of action toward youth health that involves multiple facets of city government, as well as public entities.

"This is the first time the city had a plan that is this holistic," said Anna Thomas, Manchester Department of Public Health director.

"The police department may have its plan. The health department had its plan, but this is the first time we are looking at all those worlds and saying, what are the cross-cutting changes that are going to be beneficial for everyone?"

A long-term communal effort

Work on the strategy began around 2005 when the health department started looking at the needs of children more closely. It monitored community benchmarks including teen birth rates, immunization levels, childhood poverty and other indicators of childhood welfare.

The results weren't good.

"The indicators started to shift in the wrong direction," Thomas said.

A number of factors could be responsible for that, she said. Manchester is growing, and the demographic has changed. Because the city has more access to social support and nonprofits than the state's more rural communities, it has been very attractive to families that are struggling financially and seeking a safety net. Changes in the financial circumstances of longtime Manchester residents could also contribute.

"The most troubling factor is our childhood poverty is just as high as some of the largest cities in the country. If I was going to con-



A children's community event hosted by The City of Manchester Health Department. Courtesy photo.

vey a sense of urgency, we absolutely have to focus on what's happening with children and break those trends," Thomas said.

Officials at the Public Health Department started addressing the problem by trying to get access to health care for kids. But they quickly recognized that in order to get kids as healthy as possible, all basic needs were interconnected and equally important — everything from good education and financial resources in the family to healthy behaviors and healthy neighborhoods.

With a goal of creating a framework to improve the city's most impoverished neighborhoods, the Public Health Department went door-to-door, conducted focus groups and held multiple community forums to discover the barriers and enablers and what people thought was most important to improving the health of children and families. Results are expressed in the final product — throughout the 71-page NHIS document, maps show which communities have high poverty, lower education, high teen pregnancy rates, inadequate access to prenatal care and high crime and accident rates.

"This was not written in a room," said Dorothy Bazos, a Dartmouth professor who worked as a consultant to the City of Manchester for years. "It's been a call to action.

We can no longer ignore the fact that in our center city neighborhoods there are real issues that cannot be solved with just one-on-one intervention. These are social issues."

The information gathered in the community was paired with qualitative research on how similar cities implemented plans, executed them and got results.

"There are lots of communities who are also going through this culture shift and we've been able to take pages out of their playbook," Thomas said. "We have been able to learn from those communities. They are tackling their issues in similar ways where they bring in multiple partners from all facets of the communities to create a multi-pronged strategy. You can't do it with one program or agency. It needs to be integrated."

The Neighborhood Health Improvement Strategy outlines seven priorities stakeholders felt most strongly about. They include creating resident leadership training opportunities, establishing a coalition of key stakeholders to "conduct an asset mapping and gap analysis of" essential local resources, creating lasting "healthy homes" system and ensuring children and families have early development support, among others.

Needless to say, there's a lot of work to do. City leaders including Mayor Ted Gatsas,

Police Chief David Mara and local nonprofit leaders are working together to develop and operationalize a business plan.

"How will we get this off the ground?" Bazos said. "There is a leadership team that is committed to this, and they will take each piece and divide it into small steps that are manageable. Then they will start. The key to this is starting."

Funding for the work has been provided in part by the New Hampshire Charitable Foundation and The Robert Wood Johnson Foundation. The NH Charitable Foundation donation was possible because of the demonstrated success of similar programs across the nation, according to Anne Phillips, senior program officer for the Manchester and Nashua regions.

"I was having conversations with some of my donors who know Manchester very well and were saying ... 'How can we try to bring resources to address the root of the problem rather than making grants later that address symptoms?'"

Measuring success

Thomas has some idea of what the program's success could look like. Early on, she expects to see families more engaged in their neighborhoods, an increased access to services, and higher attendance at schools, especially in center-city areas where the fewest students come to school.

School attendance is a big one, Thomas said, because just getting to the classroom equates to a stronger academic performance. Long-term indicators of success would include kids coming to school healthier, academically performing at higher levels, and families more equipped and able to solve problems together.

"That doesn't happen overnight," Thomas said. "But I feel people see that we need to work differently because what we've been doing to this point is not making the difference we need to see. At the end of the day, it's really about having a systems change in communities that will last for multiple years." 🌊

Un-poisoning the wells

Fixing N.H.'s well water contamination problem rests in residents' hands

By Rebecca Fishow
rfishow@hippopress.com

The long-term consequences of arsenic poisoning aren't pretty.

The odorless, colorless and tasteless contaminant, which creeps into private well water from bedrock, can cause bladder

cancer, lung disease and cardiovascular disease, and a recent study linked it to children with lower IQs in Maine.

"It's bad, basically," said Michael Paul of the Center for Environmental Health and Science at Dartmouth University. "If you have it in your water, you don't want to be drinking it."

Because New Hampshire is largely rural, building community water systems, which must follow federal safety standards, can be challenging. New Hampshire has one of the highest numbers of private wells per capita in the nation — as much as 49 percent of New Hampshire residents' depend on well water, and the number is growing.

From 90 to 95 percent of those wells go deep into the bedrock, while the remaining are shallower. All wells run the risk of bacterial contamination, but the water in deeper ones may have unhealthy levels of potentially harmful metals. According to a study released by the U.S. Geological Survey and U.S. Department of Interior in late May, a

WELL WATER WOES

232

BEDROCK WELLS WERE
TESTED FOR **ARSENIC,**
URANIUM, MANGANESE,
IRON AND LEAD

90-95%
GO DEEP INTO THE BEDROCK

49%

OF NEW HAMPSHIRE
RESIDENTS' DEPEND
ON WELL WATER



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WELLS TESTED FOR **ARSENIC, URANIUM, MANGANESE, IRON AND LEAD**

WELLS WERE CONTAMINATED WITH HIGHER-THAN-SAFE LEVELS
OF AT LEAST ONE OF THE METALS

Source: USGS report, "Arsenic, Iron, Lead, Manganese, and Uranium Concentrations in Private Bedrock Wells in Southeastern New Hampshire, 2012-2013;" Sarah Flanagan, U.S. Geological Survey

third of homeowners with deep wells are at risk of drinking water with arsenic, lead, manganese and/or uranium concentrations greater than human-health standards established by the Environmental Protection Agency for public water systems.

"As more people are moving and building homes, more and more people are tapping into bedrock aquifer, and more and more are exposed to these contaminants," said Sarah Flanagan, a hydrologist with U.S. Geological Survey in Pembroke.

Each metal can pose serious long-term health risks, but experts say the problem can be solved by homeowners.

High risk in New Hampshire

State authorities have been zeroing in on the potential problem for a couple years. From 2012 to 2013 U.S. Geological Survey researchers sampled water from 232 private bedrock wells and tested for levels of arsenic, uranium, manganese, iron and lead.

They found that three in 10 wells were contaminated with higher-than-safe levels of one, two, three or all of the metals.

Based on the results, researchers estimated that 49,700 people in Hillsborough, Rockingham, and Strafford counties might use drinking water from bedrock wells with arsenic concentrations greater than the maximum contaminant level of 10 micro-

grams per liter. Thousands others might be drinking high concentrations of the other four metals tested.

Experts say the potential health risks caused by the problematic figures can be avoided.

"The message we do want to get across is people do need to test their private well. They usually only test for a few constituents like nitrate and bacteria," said Flanagan.

But getting that message across may be difficult, he said. Even finding people to participate in the study was a challenge.

To find their test base researchers randomly selected homeowners with wells from a database of wells that had been drilled since 2004. When people agreed to participate, Flanagan and her team sent them bottles to fill with water and send back. But only one homeowner in every three asked agreed to participate.

"We think there is a psychological component, but [we're] not really aware why they say no," Flanagan said. "We can only speculate, but those who did say yes were very grateful to have this kind of work done."

Researchers are hoping to gather more information about just what effects contaminated well water is having on New Hampshire residents, but there's already been some evidence.

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Encouraging testing and treating

Another grant, from the U.S. Centers for Disease Control, has allowed the state's Department of Safety to begin studying residents' well water maintenance behaviors. They are researching how many residents are testing their well water and then treating it if results show high doses of arsenic and other harmful metals.

The research started before the U.S. Geological Survey results were announced — and Flanagan's findings show a higher prevalence than the DES thought based on previous studies.

"We had numbers of one-in-five [contaminated wells] from a study almost 10 years ago, so we didn't have this info before," said Paul, who is the project coordinator for the DES study. "So yeah, it's worse than we originally thought."

DES hired researchers from Dartmouth to execute a study that should give officials a better understanding of the factors affecting people's decisions, as well as how to fill in the gaps in public awareness and encourage action amongst residents using private wells. They also want to know if the fliers sent out by DES are effective.

It's the first study of its kind in the state. Researchers sent surveys to randomly selected homeowners with private wells and put the survey online. Most of the nearly 6,000 surveys went to homeowners in southern New Hampshire simply because more people live in that region, so there are more private wells. They are also surveying people who bring water to be tested this summer at the state laboratory to ask what prompted them to take the tests. Dartmouth researchers will be receiving surveys until the end of July and presenting a report in September.

Results aren't in yet, but researchers have a couple hunches. They suspect testing rates to be fairly low, and treatment rates even lower. Maybe people aren't testing their well water because they simply aren't aware that they are responsible for doing so, or they are testing when they are buying new homes but don't realize the water can change over time and should be checked every three to five years.

People also might not know what metals to test for, or not want to spend the money.

"People don't know what to test for and it can be expensive," Paul said. "If you test for just arsenic it's only like \$15, but the standard analysis that the state rec-

ommends every three to five years, that's about \$85."

What to do once test results come back positive also tends to baffle people.

"There is the issue of people interpreting test results wrong, so they may ignore them," Paul said. "Or if they realize they need to get something taken care of, they have to get a system to fix it, and, again, that can be expensive."

DES isn't waiting for the survey results to make testing easier for homeowners. The CDC grant is also paying for the development of an online tool that will allow people to plug test results in and get specific information about what they should do next.

No legal requirements

In New Hampshire, as in most states, there are no legal testing requirements for homeowners at the state or the federal level like there are for

community water systems. Private property protection has always won out, with legislation struck down twice in the past five years that would have addressed well testing requirements and disclosure of



**People don't know
what to test for, and it
can be expensive. "**

MICHAEL PAUL

contaminants to homebuyers.

The New Hampshire Association of Realtors has worked with the Department of Safety in the past to educate homeowners about the risks of metals in well water.

"There was a strong resistance from real estate lobbyists," Paul said. "... Fewer houses might sell, or the sellers would have to spend money."

New Hampshire Association of Realtors President Alan Destefano said he wouldn't support mandated well testing because it infringes on private property rights, but that doesn't mean he doesn't encourage testing. Whenever agents in his office are selling a home with a private well, they first assess whether it is dug or drilled.

"Each [type] has an inherent thing that has to be looked at," Destefano said. "When working with a seller, we ask them, is there any problem with the well or have they tested it recently? If they haven't had that done, on a dug well I will tell the seller to shock the well immediately. That's recommended for every year anyways."

According to Paul Susca, who manages the survey project for the DES, realtors and builders want to know how big a health issue high levels of metal pose for New Hampshire homeowners, "and so we're trying to put some numbers on that," he said.

Blasting off

NH native finds his place — in space

Manchester native Lee Morin has seen places most people only imagine. After receiving degrees in biochemistry, microbiology and medicine, he worked as a submarine medical officer, a Naval flight surgeon and a diving medical officer. Then his career really took off — into outer space. Morin became an astronaut for NASA and was a crew member on a space shuttle mission to the International Space Station, where he worked outside the shuttle.

Q: *What makes deep space travel so important?*

To be able to go out to a number of different places beyond the solar system — we've only just scratched the surface in terms of space exploration. We went out to the moon, and no one has done that since '72, '73. ... We have the possibility of going to Mars, or the moons of Mars. We have the possibility of going to an asteroid, and the ability to pave the way so we can eventually have permanent habitation on other planets besides the Earth, which allows us to spread our species — and that is something that has just happened in my lifetime. It's just a miracle. It you look at the broad sweep of history, the life forms that are content to stay in one place and not adapt and expand were the life forms that became extinct. It's probably the fundamental drive of life to expand and explore.

Did you have any fears starting at NASA?

The biggest fear is that you're going to make some stupid mistake and embarrass yourself. ... But once you get into the swing of training, the trainers were so excellent and the models and activities we had were so good. No activity can capture what it's like, but individually they overlap, so when you get up there you feel very comfortable. I have so much confidence in my crew and crew mates, and also with the team on the ground that was guiding us, that I really wasn't afraid of the mission. My wife tells me I was too dumb to be afraid.

With so many media representations of astronauts, what's something people may misunderstand about the job?

Most of the time you're not in space. When they call you up, they say they are hiring you to help other people fly in space. For eight years I have been working on Orion, and I won't go on that myself. And of my 18 years,



Lee Morin

I was in space 11 days. ... There was a movie called *Gravity* that featured Sandra Bullock, and at the end of movie there was a scene where Sandra Bullock comes out of the ocean exhausted. There's a woman who is an astronaut here named Katie Coleman. She was on the space station for six months and she was actually friends with Sandra Bullock and an advisor for that movie.

What was it like being outside of the International Space Station in a space suit?

It was very spectacular. ... You are in the space suit and you have a lot less margin and less protection. You get a little bit more radiation dose. You are looking through your visor into infinity, but you get very comfortable. ... As you go outside and look down at the Earth and look at the space station and move around, it definitely feels like you've dropped into a Salvador Dali painting.

You've worked on submarines, airplanes, and you've been a diving medical officer. Which environment is the most stunning?

It's sort of amazing the experiences that are possible. There's no question that being in space looking down at the Earth is truly remarkable. ... You can see out to the horizon and you see the curvature of the Earth. ... It looks like it's been painted on an egg. ... You cross the whole U.S. in 10 minutes. It's very still but there's a tremendous feeling of speed looking underneath you. It takes only about 90 minutes to go around the Earth at this altitude. You have 16 days every 24 hours.

Did you always want to be an astronaut?

I did, although I didn't really decide to apply to NASA until I was 43. I remember, I was in Dover New Hampshire at my grandparent's house in the mid '60s and they were showing the Gemini launches ... I remember they had these long TV shots with the rockets on the pad and I remember my uncle saying, "Hey, maybe Lee will do that some day." And I remember saying to myself, "Yeah right."

— Rebecca Fishow

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Five favorites

Favorite movie: It's probably *Apollo 13* or *2001: A Space Odyssey*.

Favorite book: That is a tough one. Probably the Bible.

Favorite kind of music: Led Zeppelin

Favorite food: In space it was shrimp with horseradish sauce.

Favorite thing about NH: The Lakes Region with Mt. Chocorua



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NEWS & NOTES

QUALITY OF LIFE INDEX

Flash mob for hope

A Goffstown boy, Aybel Martin, who is battling a rare form of leukemia, got a surprising dose of good cheer last week when a parade of local moms and kids in costumes created a flash mob outside his door. The street filled up with moms who met on Facebook and planned the gathering, WMUR reported. They brought a special painting for Martin that depicted an A for Abyel, reminiscent of Superman's S. They also played his favorite song, "When You Wish Upon A Star," as local kids presented homemade stars to Martin and his family.

QOL Score: +1

Comment: This warms QOL's heart more than the start of summer.

Bold bears, campers beware

New Hampshire campers heading to the White Mountain National Forest should be on the lookout for bears. Forest officials are warning them that black bear encounters are on the rise, and the animals are getting bolder, according to the Associated Press. One bear attempted to enter a tent and another was found scavenging for eats in the back of a pickup truck. Rangers are boosting their patrol efforts and cracking down on visitors who encourage the bears. Fines for breaking bear-safe rules run from \$125 to \$5,000.

QOL Score: -1

Comment: The good news is, though the bears are capable of killing humans, attacks are rare. According to the NH Fish and Game Department, no one has been killed by one since 1784.

Friday fourth

Good riddance to middle-of-the-week Independence Day celebrations. This year's Fourth of July falls on a Friday, which makes for a nice, long weekend with little guilt over late-night fireworks, barbecues and festivities. (Because no, you don't have work the next day.)

Score.

QOL Score: +1

Comment: And cheers for next year, too, when the Fourth falls on a Saturday.

New Hampshire's clean beaches

Three beaches in New Hampshire get high marks for clean water quality, as reported by the Associated Press: Hampton Beach State Park, Wallis Sands Beach at Wallis Road, and Wallis Sands State Park Beach. In fact, the Natural Resources Defense Council put them at "superstar" status, along with 32 other beaches nationally in its annual "Testing the Waters" report.

QOL Score: +1

Comment: This ranks New Hampshire second out of 30 states that are part of the Environmental Protection Agency's beach monitoring program.

QOL score: 85

Net change: +2

QOL this week: 87

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eggs, cheese, nuts, potatoes, french fries or other junk food). Just change a few eating habits for long term weight management. If your blood sugar is unbalanced consider adding Bell Blood Sugar Metabolism #40. It is hard to manage weight if the blood sugar is out of line. **■ It seemed to naturally curb my appetite.** Bell Shape & Health gave me extra energy for workouts. I have managed my weight well for the last 3 months. I have recommended Bell Shape & Health to my family and friends. I will definitely keep on taking it. Latoya Daniela Scotte 29, Shuterville, SC.*

Snoring?



Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not

well rested in the morning. Many people wrote they are now sleeping like babies. Their partners are delighted.* **■ College professor had lack of good sleep with many interruptions** for last 8 years that made her tired during the day. Within 3 days of taking Bell Sound Sleep (Bell Product#23) the snoring stopped.* I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. Dr. Anelle E. Heiges, 77, New York, NY * **■ My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. Carmen V. Caruso, 66, Ann Arbor, MI *

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Results were unbelievable. I have beautiful skin again. Thanks for giving back my self-esteem. Nelisa Royer, 28, Doral, FL **■ My mom bought (Bell Product #60).** I was skeptical. It did work quickly and better than anything else. Christopher Seraphin, 14, Brooklyn, NY.* **■ It worked.** I no longer have to hide at home, because I was ashamed to be seen. Agnes Casillas, 60, New York, NY* **■ Can wear dresses again** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. Yvette Maclean, 40, Lodi, CA *



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Saturday (7/5)

Orioles - **7:15**

Sunday (7/7)

Orioles - **1:35**

Monday (7/8)

White Sox - **7:10**

Tuesday (7/9)

White Sox - **7:10**

Wednesday (7/10)

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Baseball hits season midpoint

With all the teams hitting their 81st game of the season over the weekend, it's time for the annual baseball mid-season review.

If he continues on his current pace, **David Ortiz** will finish the season with around 465 homers, meaning he'll need a big year in 2015 to reach 500, or else he'll have to play in 2016 to reach the magic mark.

Giancarlo Stanton Update: Many are harboring desires the Sox can somehow trade for him. But in the unlikely event it ever happens it'll cost a lot more than **Kevin Love** would cost the Celtics. The 6'6" 240 right fielder was hitting .303 with 20 homers and 58 RBI at mid-year and is figuratively a monster.

Speaking of "monsters" in another way: How can **Bartolo Colon** at 288 pounds and 41 years old still be bringing it like he is doing? At the half he had 8 wins with a 3.68 ERA for the under-.500 New York Mets.

And this one should hurt: **Josh Beckett's** ERA was 2.28 in L.A.

Robinson Cano certainly didn't fold, a la **Carl Crawford**, under the weight of his huge new deal. He was hitting .325 and rising. Though with just four homers, that big Seatle park is taking its toll on his power stats.

Where does **Victor Martinez** fall into **Theo Epstein's** list of whopping mistakes? He's still hitting four years after Theo let him walk — .330 with 20 homers and 50 RBI at the midway point. And just think, renting him for 18 months only cost them **Justin Masterson**.

Speaking of Theo, he's not the only one whose reputation has taken a hit from that vaunted club of statistics-loving whiz-kid executives he had in the basement at Fenway Park. Former second in command **Josh Byrnes** just got fired by San Diego, for the second time already as a failed GM, and his predecessor, **Josh Hoyer** of Plym-

outh, N.H., just beat it out the door before Byrnes arrived to join Theo with the moribund Cubs.

So how would the Sox look now, if instead of falling in love with **Adrian Gonzalez's** statistics and "approach" at the plate before spending \$175 million and three prospects to get him, Theo had put Victor at first, and instead of moving **Kevin Youkilis** to third, they'd traded him and just re-signed **Adrian Beltre**? And he would have saved \$50 million to boot, proving it's now how much you have, it's how you spend it.

I like Theo and want him to do well, but he was a disaster after the **Orlando Cabrera** trade, which was hidden to a degree by the Sox' massive payroll that helped cover up his many mistakes.

The career win total is a little light, but seeing 38-year-old **Tim Hudson** with an ERA 2.62, I'll ask this question: Is he a future Hall of Famer? Like **Don Sutton**, I never considered him great, but he's been very good for a very long time.

But if he gets in, shouldn't **Mike Messina?** **Ryan Braun** has 10 homers in 247 at-bats and is hitting .273 at the midpoint. In the last two full seasons before getting caught on the juice he hit an MVP-like 33 and 41 homers and .331 and .319. That sure makes it seem like that stuff does make a difference, doesn't it?

Of course it hasn't seemed to bother **Nelson Cruz**. But even with him among the AL homer leaders, doesn't the chatter saying **Ben Cherington** blew it by not going after him seem like classic second-guessing? Yes the hitting has been anemic, but (a) he was a steroids guy and no one was quite sure what the numbers would be when clean and (b) after left field platoon worked so well and **Shane Victorino** was in the clutch in the postseason, who suspected the corner outfield positions would have the problems they have?

The Sox ain't the only ones nosediving offensively. After hitting 53 homers

last year, Baltimore's **Chris Davis** was hitting .218 with just 12 homers before beating the White Sox with a pinch-hit ninth-inning three-run homer last week.

If you ain't been paying attention: **Jacob Ellsbury** was hitting just .277 with four homers, 31 RBI and 21 stolen bases.

Wednesday, July 2, was the 51st anniversary of when **Juan Marichal** and **Warren Spahn** incredibly dueled shutout inning for shutout inning until **Willie Mays** ended it with a walk-off homer to give the Giants a 1-0 win in 16 innings. And it's not like the extra work hurt either, as Marichal and Spahn went on to win 25 and 23 games respectively. And, oh yeah, I haven't even told you the most amazing part — Spahn was 42 when he went his 15.1!

Today it probably would have ended in regulation instead, as the (micro) managers would have started a parade of less worthy relievers after the seventh who would have coughed up the shutout (s). So my question now, as it always is, is if those guys could go 16 strong 51 years ago (with people giving the effort little fanfare beyond "nice job by the way"), why can't pitchers from the bigger, stronger, faster of two generations later do it now, instead of getting an IV drip after going seven innings?

Speaking of anniversaries, Friday, July 4, is the 75th anniversary of one of baseball's greatest moments, **Lou Gehrig's** remarkable "Luckiest man on the face of the earth" speech, which came just after he learned he had the fatal illness that now carries his name. It was July 4, 1939, and his grace under fire still gives me a lump in my throat every time I hear it. If you never have, YouTube it.

As I write this the Red Sox are six back in the race for the second wild card spot. So even as bad as it's been, it's not over yet.

Have a great Fourth.

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Where will Bonner land?

The Big Story: With **Matt Bonner** about to become a free agent at 12:01 a.m. on July 1, it could be an interesting summer for the Concord native. At 34 and having seen diminished playing time in the last year, you've got to wonder if his time is up in San Antonio. Though leaving there after getting his second ring would be going out in style. But even if that happens it doesn't mean the NBA career is over, and given the Celtics' need for guys who can hit threes and help mentor all the team's young players, wonder if he's on **Danny Ainge's** radar.

Sports 101: Last week **Derek Jeter** became the fifth player to hit 200 homers, have 3,000 hits and score 1,900 runs. Name the other four.

Honors: Two stalwarts of Nashua youth sports — former Parks and Recreation Director **Fred Lajoie** and one-time assistant Superintendent of Schools **Dick "Red" Belanger** — will be inducted into the Nashua Lions Club-Holman Stadium Sports Legends Hall of Fame in a special ceremony on July 4. The event will be held at Holman Stadium prior to the annual fireworks display at the historic park.

Coming and Going: Goffstown's **Chris Garrison** is headed to play his college football at Boston College in the fall of 2015.

The versatile receiver committed to BC last week, and the reason he might not be a familiar name is he's been playing his prep ball at Lawrence Academy in Groton, Mass.

Rush Limbaugh Memorial Idiotic Sports-Related Quote of the Week: No word in if she's choose the ring wing after being a soccer player in her young days, but it goes to pundit **Ann Coulter** for last week's thoughts on the surging enthusiasm in the U.S. for the World Cup. She said, "Any growing interest in soccer can only be a sign of the nation's moral decay." And there's the not so subtle shot at America's newest immigrants, "No American whose great-grandfather was born here is watching soccer."

Sports 101 Answer: Jeter joined Stan Musial, Willie Mays, Hank Aaron and Rickey Henderson in that exclusive 200-3,000-1,900 club.

On This Date – July 3: 1911 – **Ty Cobb** hits in his 40th straight game, though the streak ends in his next game. Born: 1959 – **Orel Hershiser**, Dodgers hurler whose 59.3 consecutive scoreless innings in 1988 is baseball's all-time record. Died: 1993 – **Don Drysdale**, great 1990s L.A. Dodgers fireballer, who was the 1962 Cy Young winner and whose 1968 scoreless streak was broken by Hershiser. 🌩

The Numbers

.238 – career batting average of Fisher Cats manager **Bobby Meacham** during a six-year playing career spent entirely with the New York Yankees.

1 – up after three extra holes for **James McKee** of Windham to take the New Hampshire Junior Amateur Championship in a great finals

match with **Brandon Gillis** of Nashua at Salem's Scottish Highlands on Wednesday.

2 – major awards won by Boston Bruins stars **Tuukka Rask** and **Patrice Bergeron**, who took home the Vezina Trophy as the league's top goalie and the Frank J. Selke Trophy for defensive excellence, respectively.

3.97 – ERA to go with a 1-0 record for Fisher Cats hurl-

er **Daniel Norris**, who'll be at the major league's All-Star festivities after being selected to play in the Futures Game that kicks off the annual baseball celebration.

68 – score carded by the aforementioned **Brandon Gillis** to win medalist honors at the New Hampshire Junior Amateur Championship at Salem's Scottish Highlands last week. 🌩

Sports Glossary

Lou Gehrig: Best fun fact from the Iron Horse's archive is that the heavy-legged slugger had 10 different seasons with double digits in triples, including going for 20 and 18 back-to-back in 1926 and 1927.

Warren Spahn: Elastic lefty with the exaggerated high leg kick who lasted in the majors until 44. A product of a different era who won 20 games an astonishing 13 times between 1946 and 1963, won 20 six straight years between 1956 and 1962. Overall it was 363 wins in 21-year career against 245 losses

when the ERA was 3.09. And those aren't even the career highlights, as the biggie was participating in and surviving World War II's famous Battle of the Bulge.

Juan Marichal: Classy righty for the 1960s SF Giants with an even more exaggerated leg kick in the delivery. Despite winning 20 six times, a season high of 26 and 243 overall, he never won a Cy Young, because he pitched with Koufax, Gibson, Seaver and others in baseball's greatest generation of pitchers. The local note is he spent 1974 with the Sox, and went 5-1.

Don Sutton: Unlike his contemporary Marichal, the very good but never great Sutton managed to pile up 326 career wins despite winning 20 just once. That, my friends, is called amazing consistency and durability especially when you consider that he didn't get above .500 until his seventh year in the majors.

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The Numbers

.238 – career batting average of Fisher Cats manager **Bobby Meacham** during a six-year playing career spent entirely with the New York Yankees.

1 – up after three extra holes for **James McKee** of Windham to take the New Hampshire Junior Amateur Championship in a great finals

match with **Brandon Gillis** of Nashua at Salem's Scottish Highlands on Wednesday.

2 – major awards won by Boston Bruins stars **Tuukka Rask** and **Patrice Bergeron**, who took home the Vezina Trophy as the league's top goalie and the Frank J. Selke Trophy for defensive excellence, respectively.

3.97 – ERA to go with a 1-0 record for Fisher Cats hurl-

er **Daniel Norris**, who'll be at the major league's All-Star festivities after being selected to play in the Futures Game that kicks off the annual baseball celebration.

68 – score carded by the aforementioned **Brandon Gillis** to win medalist honors at the New Hampshire Junior Amateur Championship at Salem's Scottish Highlands last week. 🌩

Sports Glossary

Lou Gehrig: Best fun fact from the Iron Horse's archive is that the heavy-legged slugger had 10 different seasons with double digits in triples, including going for 20 and 18 back-to-back in 1926 and 1927.

Warren Spahn: Elastic lefty with the exaggerated high leg kick who lasted in the majors until 44. A product of a different era who won 20 games an astonishing 13 times between 1946 and 1963, won 20 six straight years between 1956 and 1962. Overall it was 363 wins in 21-year career against 245 losses

when the ERA was 3.09. And those aren't even the career highlights, as the biggie was participating in and surviving World War II's famous Battle of the Bulge.

Juan Marichal: Classy righty for the 1960s SF Giants with an even more exaggerated leg kick in the delivery. Despite winning 20 six times, a season high of 26 and 243 overall, he never won a Cy Young, because he pitched with Koufax, Gibson, Seaver and others in baseball's greatest generation of pitchers. The local note is he spent 1974 with the Sox, and went 5-1.

Don Sutton: Unlike his contemporary Marichal, the very good but never great Sutton managed to pile up 326 career wins despite winning 20 just once. That, my friends, is called amazing consistency and durability especially when you consider that he didn't get above .500 until his seventh year in the majors.



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Books *for the beach*

A look at this summer's
hottest reads

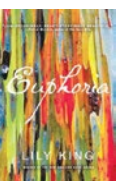
By Kelly Sennott
ksennott@hippopress.com

You may have a little more downtime in the summer, but it's probably still not enough to read all the books you want to read. So you've got to pick your titles carefully, lest you waste hours reading something that's not worthy of your time.

Even when the New York Times says a book's "captivating," "witty" and "funny," it can just as easily be "boring" and "long" and "stupid," depending on your tastes.

So here are some reviews by local librarians and booksellers. Taking a book recommendation from one of them is like taking one from your friend, coworker or family member in that they're there — they can personally help you with your search, talk to you, hear about what you like and don't like — before they make a suggestion. But they've also got recommendations for the general public, and the Hippo has called on them again to share their favorite new adult, YA, middle reader and audio book titles. Here's what they came up with.

Most recommended new books



Euphoria by Lily King

Plot: Set in the 1930s, the book is based on an episode (and love triangle) in the life of anthropologist Margaret Mead.

Published: June 2014

Recommended by: Stefanie Kiper Schmidt of Water Street Bookstore. "My favorite for the summer. ... The writing is quite beautiful."

Also recommended by: Liberty Hardy of RiverRun Bookstore. "I hope this catapults Lily King into super stardom, because she's such an amazing writer." And by Michael Herrmann, Gibson's Bookstore owner. "The writing is lush, evocative and strong." (King will be visiting Gibson's Bookstore on Aug. 6.)



The Truth About the Harry Quebert Affair by Joel Dicker

Plot: Present-day story of an up-and-coming writer trying to unravel the mysterious circumstances around the accusations of murder heaped on his former writing professor.

Published: May 2014

Recommended by: Willard and Holly Williams, co-owners of Toadstool Bookshops, written in a joint email. "A bestseller in France translated into English, but oddly enough, set in our own state of New Hampshire. ... It's funny, poignant in its execution."

Also recommended by: Jean Paul Adriaansen of Water Street Bookstore ("A tantalizing mixture of mystery, romance, and suspense, all set in a typical NH town," she said) and Regina Barnes of Milford Toadstool.



WHAT'S YOUR FAVORITE SUMMER READ?

The Dresden Files series by Jim Butcher and
The Iron Druid Chronicles by Kevin Hearne

— SUE AND NATE HARMON, MANCHESTER

magazine's secret library is filled with letters from a 12-year-old to legendary chef James Beard during World War II.

Published: May 2014

Recommended by: Sue Carita at Milford Toadstool. "A delicious tale of a defunct food magazine, WWII correspondence involving James Beard, a young writer, some great delis, and more than a hint of romance served with a helping of quirkiness that will have you asking for seconds!"

Also recommended by: Willard and Holly Williams, co-owners of Toadstool Bookshops, written in a joint email. "The first novel from Ruth Reichl, famed restaurant critic and Gourmet editor ... is as absolutely delicious as its title."

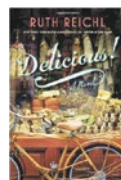
My Wish List by Grégoire Delacourt

Plot: A family woman and fabric-shop owner contemplates the dreams of her youth after winning the lottery, a fortune she decides to keep a secret while she makes a list of the things she wants to change in her life.

Published: March 2014

Recommended by: Deb Baker, Concord Public Library. "I enjoyed the main character's reflections, her no-nonsense wit, and the surprising turn of events."

Also recommended by: Regina Barnes of Milford Toadstool. "My favorite novel of the past year features a woman who wins the lottery and tells no one."



Delicious! by Ruth Reichl

Plot: A food writer named Billie Breslin travels from California to New York for a job at an iconic food magazine, Delicious! She discovers the

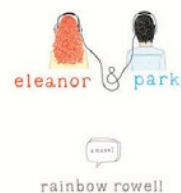


All the Light We Cannot See by Anthony Doerr

Plot: A blind girl from France's path converges with a brilliant German orphan during World War II.

Published: May 2014

IF YOU LIKE THIS READ THIS



Described as a mix of John Green's *The Fault in Our Stars* and Rainbow Rowell's *Eleanor & Park* on goodreads.com, *Say What You Will* (March 2014) by Cammie McGovern is about two teens with disabilities — Amy has cerebral palsy, Matthew has obsessive-compulsive disorder — who become friends and fall in love. Published March 2014. Sue Carita of the Milford Toadstool says: "A great teen read with lots of heart."



Recommended by: Brian Woodbury, manager at Milford Toadstool. "This book still haunts me weeks after I finished it."

Also recommended by: Anna and Chris Miner, owners of Morgan Hill Bookstore

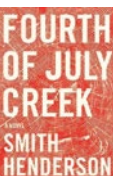
Thriller/Suspense/Crime
2013-2014

Stolen by Daniel Palmer

Plot: Online gaming business owner John Bodine steals his customer's identity for insurance to cover his girlfriend's medical treatment. Turns out he's picked the wrong customer.

Published: April 2013

Recommended by: Jan Locke of Milford Toadstool. "A plausible and terrifying novel of identity theft and insurance fraud."



Fourth of July Creek by Smith Henderson

Plot: A social worker tries to help an 11-year-old boy in Montana with cataclysmic results.

Published: May 2014

Recommended by: Liberty Hardy of RiverRun Bookstore. "Read it, right now. I bet this book wins a major award this year."

Dry Bones in the Valley by Tom Bouman

Plot: Henry Farrell is a policeman in a small rural Pennsylvania town who comes up against family feuds and meth makers when the spring thaw reveals a body in the woods behind the house of the town eccentric.

Published: July 2014

Recommended by: Liberty Hardy of RiverRun Bookstore. "I loved this book so hard, and I am excited to hear more from him!"

The Golden Egg by Donna Leon

Plot: A man named Commissario Guido Brunetti investigates the death of a man who never existed on paper.

Published: March 2013

Recommended by: Robbin Bailey, Concord Public Library

Natchez Burning by Greg Iles

Plot: The first installment of an epic trilogy that weaves crimes, lies and a secret past into a thriller featuring Southern mayor and former prosecutor Penn Cage.

Published: February 2014

Recommended by: Anna and Chris Miner, co-owners of Morgan Hill Bookstore

An Untamed State by Roxane Gay

Plot: A woman is kidnapped in Haiti and held for a ransom her father is reluctant to pay.

Published: May 2014

Recommended by: Liberty Hardy of RiverRun Bookstore. "This book is so brutal and beautiful. ... Ultimately, it's about being broken and trying to find yourself among the pieces."

Winter People by Jennifer McMahon

Plot: Nineteen-year-old Ruthie is convinced there's something fishy with the old Vermont farmhouse her family lives in, and she's proven right when, one morning, she wakes up to find her younger sister Alice has vanished. After finding an old diary hidden beneath the floorboards of her mother's bedroom, she uncovers a similar case from the early 1900s.

Published: February 2014

Recommended by: Jan Locke of Milford Toadstool. "More than a classic ghost story; add a touch of horror."

All about love | 2013-2014



Americanah by Chimamanda Ngozi Adichie

Plot: A story of love and race, centered around a young man and woman from Nigeria, who face difficult choices and challenges in their home countries.

Published: January 2013

Recommended by: Katharine Nevins of MainStreet BookEnds in Warner. "The author modestly calls this a story about love and hair. She also wrote *Half of a Yellow Sun*, and always writes with humor and

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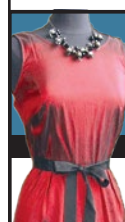
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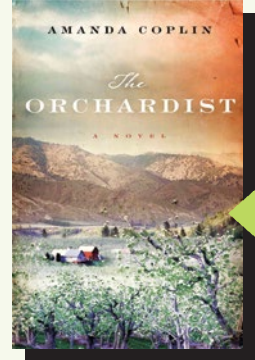
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IF YOU LIKE THIS READ THIS



If you like *The Orchardist* by Amanda Coplin or *The Story of Edgar Sawtelle* by David Wroblewski, you may like *The Kept*

by James Scott (published January 2014) or *The High Divide* (due September 2014) by Lin Enger. Willard and Holly Williams, Toadstool Bookshop owners say: "They're "two harsh but fascinating historical novels."

insight of her Nigerian world, and her world here in America."

***How to Tell Toledo from the Night Sky* by Lydia Netzer**

Plot: A couple at the Toledo Institute of Astronomy are literally meant to be together
Published: July 2014

Recommended by: Liberty Hardy of RiverRun Bookstore. "Lydia Netzer is one of the most original, refreshing voices writing today, and her new book. ... is positively delightful. Strange enough to be unlike anything you've read and still plausible enough to be real, this book is a charmer."

***The Engagements* by J. Courtney Sullivan**

Plot: Four linked stories about couples connected by a diamond ring. Although fiction, it's based on a real woman who developed the marketing campaign in the early 20th century that transformed the expensive diamond engagement ring from what was once a luxury into a required demonstration of a man's love for his betrothed. ("A diamond is forever.")

Published: January 2013

Recommended by: Carol Luers Eyman at the Nashua Public Library

***All This Talk of Love* by Christopher Castellani**

Plot: Emotions run rampant in an Italian-American family as they plan a pilgrimage back to the mother's home village.

Published: February 2013

Recommended by: Carol Luers Eyman at the Nashua Public Library. "Some of the characters are endearing, others as annoying as the author intended them to be. I'm looking forward to reading more by Christopher Castellani after discovering his work last summer."

Fast forward to the future 2013-2014

***Red Rising* by Pierce Brown**

Plot: Protagonist Darrow, a member of the lowest caste in a color-coded futuristic society, joins a resistance group in order to infiltrate the ruling class and destroy society from within.

Published: January 2014

Recommended by: Mat Bose, assistant director at Hooksett Library. "This book reminded me of *The Hunger Games* and *Maze Runner* series. ... The imaginative plot and fast pace/suspense kept me reading late into the night. If you enjoy science fiction or dystopian future novels then you definitely should give this book a try."

***The Girl With All the Gifts* by M.R. Carey**

Plot: Post-apocalyptic novel about a girl named Melanie who longs to be like the children she reads about in her school books.

Published: June 2014

Recommended by: Liberty Hardy of RiverRun Bookstore. "The ending — did NOT see that coming. Fans of *The Passage* will really enjoy this!"

***Bird Box* by Josh Malerman**

Plot: In the not-too-far future, an unknown contagion has started driving the people of the planet insane. The only way to avoid catching it is to hide themselves away. But what happens when their food and water run out? How can you fight an enemy you can't see?

Published: May 2014

Recommended by: Liberty Hardy of RiverRun Bookstore.

Fantasy/Science Fiction 2013-2014

***Mage's Blood* by David Hair**

Plot: Epic fantasy, similar to George R.R. Martin's *Ice and Fire* series. It's the first volume of *Moontide Quartet*.

Published: September 2013

Recommended by: Mat Bose, assistant

Hippo staff favorites

***The Old Man and the Sea* by Ernest Hemingway**

Plot: An aging fisherman struggles with a giant marlin in the Gulf stream. The book won the Pulitzer Prize for Fiction in 1953 and is the last major work of fiction produced by the writer.
Published: 1952

Recommended by: Katie Ruiz, production department. "Hemingway paints a very detailed picture and keeps the reader interested the whole way through."



***Is Everyone Hanging Out Without Me? (And Other Concerns)* by Mindy Kaling**

Plot: Collection of short stories and anecdotes from Mindy Kaling's personal and professional life, which also includes short rantings and lists of things she likes and dislikes.
Published: 2011

Recommended by: Ashley McCarty, layout designer. "It was an easy read and felt more like having a one-sided conversation with someone who is funny and fascinating all at the same time."

***Sookie Stackhouse novels* by Charlaine Harris**

Plot: The misadventures of a telepathic barmaid from Bon Temps, LA.
Recommended by: Kristin Crawford, printing department. "They're fun, supernatural and a quick read. Perfect for summer. *Dead to the World* is my particular favorite."

***The Secret History* by Donna Tartt**

Plot: An eclectic group of Vermont students form a bond of friendship and exclusivity that leads to the murder of one of their own.

Published: 1992

Recommended by: Doreen Astbury, advertising department. "It carried so easily along the evolution of rationalization that by the story's climax, I was wondering about the consistency of my own morality."

***The Art of Hearing Heartbeats* by Jan-Philip Sendker**

Plot: A successful New York lawyer disappears without a trace, save for a love letter he wrote many years ago to a Burmese woman his family never heard of. His daughter travels to the village where the woman lived to uncover the truth.

Published: 2012

Recommended by: Charlene Cesarini, advertising director. "A book about pure, unconditional love, without sappiness, not a romance novel but more of a mystery/adventure. I could not put this book down while on vacation and I still think of it often."

***The Strange Life of Ivan Osokin* by P.D. Ouspensky**

Plot: A young man has the chance to relive his life.
Published: 1972

Recommended by: Lorian Jewett, advertising department. "The outcome has become my motto: 'Your life is what it is because you are who you are. No blame is to fall elsewhere, as you are the master of your destiny.'"

***To the Lighthouse* by Virginia Woolf**

Plot: A modernist classic set in a summer home along the coast of Scotland, filled with colorful and interesting characters.

Published: 1927

Recommended by: Rebecca Fishow, staff writer. "Perfect for anyone looking to add a little philosophical introspection to their lazy summer days."

***The Martian Chronicles* by Ray Bradbury**

Plot: Short story collection loosely tied by the theme of humans colonizing Mars and trying to create a civilization on the planet.

Published: 1950

Recommended by: Austin Sorette, staff writer. "Bradbury's stories touch on any interest a reader might have in a book: thrills, chills, romance, humor, and above all, an incredibly delicate writing style."



***The Time Traveler's Wife* by Audrey Niffenegger**

Plot: A librarian's rare genetic disorder causes him to travel through time, which is also how he meets and falls in love with Clare Abshire.

Published: 2004

Recommended by: Emelia Attridge, staff writer. "This page-turner charmed me one summer and is now one of my all-time favorite books because of its real portrayal and emotions of a long distance relationship (over time) and enchanting characters."



***Where'd You Go, Bernadette* by Maria Semple**

Plot: A mother goes missing, so her daughter and husband travel to the ends of the earth (literally, Antarctica) to find her. Epistolary novel told in letters, emails, etc.

Published: 2012

Recommended by: Kelly Sennott, staff writer. "You can tell Semple has written for television, including *Arrested Development* and *Mad About You*. I laughed and cried so hard I made three others (including two Hippo employees) read it too."

***Stiff: The Curious Lives of Human Cadavers* by Mary Roach**

Plot: Includes anecdotes about the history and scientific research of cadaver use, and the human reaction to postmortem storage.

Published: 2003

Recommended by: Allie Ginwala, Seacoast Hippo staff writer. "Its fascinating factual content is told in a story-like way that I, a very squeamish person, didn't expect to love so much."

***Far From the Madding Crowd* by Thomas Hardy**

Plot: A feisty heroine is loved by three very different men and ultimately must decide whether she wants passion or friendship.

Published: 1874

Recommended by: Meghan Siegler, managing editor. "With beautiful language and complex, delightful characters, it's a dramatic love story with surprising charm and humor."

THE GLASS CASTLE



JEANNETTE WALLS

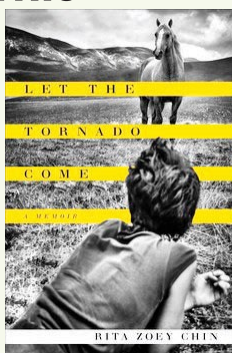
AUTHOR OF HALF BROTHER HORROR AND THE SILVER STAR

"With her powerful descriptions of childhood and her raw, honest and frank memoir, Walls has been able to transform her own life into a work of art." -Hugoboss.com

A MEMOIR

IF YOU LIKE THIS READ THIS

If you like *The Glass Castle* by Jeannette Walls, you may like *Let the Tornadoes Come* (June 2014) by Rita Zoey Chin (published June 2014). Willard and Holly Williams, Toadstool Bookshop owners say: "Jeanette Walls' memoir *The Glass Castle* describes a life that was cakewalk compared to Rita's. Violence, hostility, abuse, drugs, sexual predators, the world of a runaway, it's a harrowing story until a spirited horse changes her life."



director at Hooksett Library. "The author has created a fascinating world, featuring magic and intrigue, that is on the brink of war. I am eagerly awaiting the next installment in this series by David Hair."



The Martian by Andy Weir

Plot: Astronaut Mark Watney becomes stranded alone on Mars and has to use his ingenuity to stay alive.

Published: February 2014

Recommended by: Mat Bose, assistant director at Hooksett Library.

"Watney's humorous personality and his struggle to survive combine to make this a captivating read."

Historical fiction 2013-2014

The Traitor's Wife by Allison Pataki

Plot: The story of Benedict Arnold's beautiful and manipulative wife Peggy, as told by her maid. She's made to be the driving force behind one of the most treacherous acts in the country's history.

Published: February 2014

Recommended by: Sandy Whipple at the Goffstown Public Library. "One of my favorite books of the year!"



The House Girl by Tara Conklin

Plot: A young lawyer is working on a difficult, historic class-action suit that seeks reparations for the descendants of American slaves. The book moves back and forth from this story to one in 1852, when 17-year-old Josephine Bell decides to run from the failing tobacco farm where she's a slave, ultimately exploring what it means to repair a wrong and asking whether truth is sometimes more important than justice.

Published: February 2013

Recommended by: Sandy Whipple at the Goffstown Public Library

Nonfiction | 2012-2014

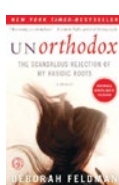


The Adventures of Buffalo and Tough Cookie by Dan Szczesny

Plot: Dan Szczesny (associate publisher at the Hippo) and his hiking companion complete New Hampshire's lesser-known "52 With a View."

Published: 2013

Recommended by: Sandy Whipple at the Goffstown Public Library



Unorthodox: The Scandalous Rejection of My Hasidic Roots by Deborah Feldman

Plot: A memoir telling of a young Jewish woman's escape from a religious sect.

Published: 2012

Recommended by: Sandy Whipple, Goffstown Public Library

January First: A Child's Descent into Madness and Her Father's Struggle to Save

What book clubs are reading

Water Street Bookstore (which meets the third Sunday of the month, from 2 to 3:15 p.m. at the store) book club members favored *The Round House* by Louise Erdrich, *The Woman Upstairs* by Claire Messud and *Rules of Civility* by Amor Towles.

Adult services library assistant Jessica Sheehan said the **Goffstown Public Library's** book club enjoyed reading *The Buddha in the Attic* by Julia Otsuka; *Mudbound* by Hillary Jordan; *Shanghai Girls* by Lisa See; *Guests on Earth* by Lee Smith; *Cleopatra* by Stacy Schiff; and *Travels with Charley: In Search of America* by John Steinbeck.

At the **Nashua Public Library**, this year's "One City: One Book" title is *The Art Forger* by B.A. Shapiro. It culminates on Oct. 24, when the author will visit Nashua. (Tickets will be available at the library.

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WHAT'S YOUR FAVORITE SUMMER READ?

Weetzie Bat by Francesca Lia Block
— KATE JOHNSON, CANTERBURY

Her by Michael Schofield

Plot: A memoir of a father's fight to save his child from severe schizophrenia.

Published: 2012

Recommended by: Sandy Whipple, Goffstown Public Library

Essays and short stories
2013-2014



The Opposite of Loneliness: Essays and Stories by Marina Keegan

Plot: Yale graduate Marina Keegan had a play that was being produced at the New York International Fringe Festival and a job waiting for her at The New Yorker, when she died five days after graduation in a car crash. She left behind a rich collection of essays and short stories.

Published: April 2014

Recommended by: Katharine Nevins, MainStreet BookEnds. "Fabulous writing from a young woman. ... She had a lot to say."

Miscellaneous | 2013-2014



The Lowland by Jhumpa Lahiri

Plot: The story of two very different brothers from Calcutta, about fate, will, exile, return and family.

Published: September 2013

Recommended by: Sandy Whipple at

the Goffstown Public Library

And the Mountains Echoed by Khaled Housseini

Plot: Author of *The Kite Runner*, Housseini here explores the ways families nurture, wound, betray, honor and sacrifice for one another.

Published: May 2013

Recommended by: Sandy Whipple at the Goffstown Public Library

Little Island by Katharine Britton

Plot: The story of a complicated family as they come to make sense of old secrets and their grandmother's final words: "grace ... flowers ... by the water ... have fun."

Published: September 2013

Recommended by: Katharine Nevins of MainStreet BookEnds



The Farm by Tom Rob Smith

Plot: A man named Daniel is caught between two very different stories — his mother's and his father's — and is at a loss of who to believe.

Published: September 2013

Recommended by: Jan Locke of Milford Toadstool

The Husband's Secret by Liane Moriarty

Plot: Cecilia discovers an old letter that her husband wrote with a note saying to read it only in the event of his death. She cannot resist opening the letter and the contents have shocking ramifications.

Published: July 2013

Recommended by: Mat Bose, assistant director of Hooksett Library. "This novel



WHAT'S YOUR FAVORITE SUMMER READ?

The Lord of the Rings trilogy by J. R. R. Tolkien — LEVENT GUZELOGLU, MANCHESTER

is full of suspense and drama that will keep you fully engrossed. This book was chosen by library patrons as the winner of our March Madness Tournament of Books 2014 competition."

The Patron Saint of Lost Dogs by Nick Trout

Plot: A vet goes home to Vermont to "revive" and sell his late father's practice but gets caught up in the lives of the animals and people in town.

Published: March 2013

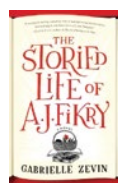
Recommended by: Robbin Bailey, Concord Public Library

Plato at the Googleplex by Rebecca Newberger Goldstein

Plot: Rebecca Goldstein wonders what would happen if Plato came to life in the 21st century and embarked on a multi-city speaking tour. In the process she explains philosophy's role in today's debates on religion, morality, politics, and science.

Published: January 2014

Recommended by: Sandi Lee, Concord Public Library. "This is a very popular title on a timeless subject."



The Storied Life of A.J. Fikry by Gabrielle Zevin

Plot: A bookstore owner named A.J. Fikry is depressed after losing his wife and witnessing the declining sales at his quirky bookstore, Island

Books. To top it off, his prized possession, a rare collection of Poe poems, has been stolen. Things turn quickly when someone leaves a baby at his doorstep.

Published: April 2014

Recommended by: Liz Whaley of Water Street Bookstore. "It's great for book lovers and lovers of bookstores." The rest of the Water Street Bookstore staff recommends it too.

Reality Boy by A.S. King

Plot: Do you ever wonder what happens to children after shows like *Nanny 911*? Do those shows even tell the real story? Meet Gerald Faust, a former reality show "star," and find out what life is like after the cameras leave.

Published: August 2013

Recommended by: Ellen Tweedy, Hooksett Library children's librarian. "This is a gripping read that will challenge your views on "reality" television."



The Bees by Laline Paull

Plot: It takes place in a beehive and centers around Flora 717, a sanitation worker, and it follows the trials bees face, such as enemy wasps, cold spells and honey harvesting.

Published: May 2014

Recommended by: Liberty Hardy of RiverRun Bookstore. "Superb science fiction! ... Laline Paull knows her bee stuff!"

The Ghost Horse: A True Story of Love, Death and Redemption by Joe Layden

Plot: A racehorse trainer is moved to believe his late wife might have come back in the form of an unwanted filly.

Just as good aloud: great audiobooks



Doctor Sleep by Stephen King

Plot: Sequel to *The Shining*. Danny Torrance is grown up, living in New Hampshire and ready to accept his unique gift and its responsibilities.

Published: September 2013

Read by: Will Patton

Recommended by: Jessica Sheehan at the Goffstown Public Library

Joyland by Stephen King

Plot: This one's a crime novel about college student Devin's exploits as a summer employee at a local theme park, Joyland, where he learns the life of a carnie and uncovers a murder long unsolved.

Published: 2013

Read by: Michael Kelly

Recommended by: Jessica Sheehan at the Goffstown Public Library

NOS4A2 by Joe Hill

Plot: A kidnapper named Charles Talent Manx is on the lookout for the one girl who ever escaped him. Little does he know that Victoria McQueen has her own secret gift in this supernatural suspense novel. But when she becomes full grown, he sets his eyes on a new victim: Vic's son.

Published: August 2013

Read by: Kate Mulgrew

Recommended by: Tammy Gross at the Goffstown Public Library. "A good hor-

ror story, with the horror amplified by the familiar New Hampshire and Massachusetts settings."

Insignia by S.J. Kincaid

Plot: The planet's natural resources are almost gone, and a war is being fought to control the assets of the solar system.

Published: 2012

Read by: Lincoln Hoppe

Recommended by: Tammy Gross at the Goffstown Public Library. "A fun YA book to listen to. Thought it was similar to *Ender's Game* [by Orson Scott Card] but with less sci-fi."

The Invention of Wings by Sue Monk Kidd

Plot: Based on real abolitionists Sarah and

Angelina Grimke, who spent their lives fighting for women's and slaves' rights in America.

Published: January 2014

Read by: Jenna Lamia and Adepero Oduye

Recommended by: Jessica Sheehan at the Goffstown Public Library

Kept in the Dark By Penny Hancock

Plot: A London wife and mother has a visit from her neighbor's young nephew, but she's reluctant to let him leave.

Published: 2011

Read by: Rosalyn Landor

Recommended by: Jessica Sheehan at the Goffstown Public Library



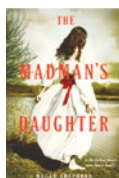
WHAT'S YOUR FAVORITE SUMMER READ?

Into Thin Air by Jon Krakauer
— JEFF MUCCIARONE, WORKS IN MANCHESTER

must decide whether to speak out about an assault and risk destroying her father's career and bringing down the hometown heroes. The story is told in a mix of prose and verse.

Published: August 2013

Recommended by: Denise Schaaf at the Goffstown Public Library



The Madman's Daughter
by Megan Shepherd

Plot: Inspired by H.G. Wells's *The Island*, the book follows a girl from London and her search to uncover the truth about her mad scientist father.

Published: January 2013

Recommended by: Denise Schaaf at the Goffstown Public Library

The F It List by Julie Halpern

Plot: A strained friendship between two teens is strengthened by one girl's battle with cancer.

Published: November 2013

Recommended by: Denise Schaaf at the Goffstown Public Library

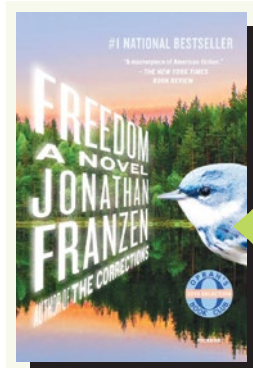


Golden Boy by Tara Sullivan

Plot: An albino boy named Habo moves with his family from their Tanzanian village to Mwanza. Here he faces the realization of just how dangerous it is to be an albino; the book follows his chase from the machete-carrying hunters who believe albino body parts bring good luck.

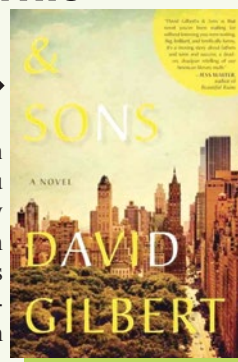
Published: June 2013

Recommended by: Denise Schaaf at the Goffstown Public Library



IF YOU LIKE THIS READ THIS

If you like books by Jonathan Franzen and Claire Messud, you may like *& Sons* (July 2013) by David Gilbert, which has just been released in paperback. Michael Herrmann, owner of Gibson's Bookstore says: "This one has it all: a Salinger-like father figure, father-son conflict, unreliable narrator — everything an English major would want to take to the beach."



For middle-grade readers
2013-2014

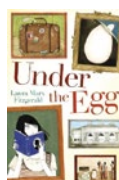


The Luck Uglies by Paul Durham

Plot: In Village Drowning, strange things are happening, which makes 11-year-old Rye O'Chanter believe a beast called Bog Noblins has come out of extinction. Rye's only hope is an exiled secret society called the Luck Uglies.

Published: April 2014

Recommended by: Jill Sweeney-Bosa of Water Street Bookstore. "It enthralled, warmed my heart, tickled my funny bone, and left me eager for a return visit to Village Drowning." It's also favored among the rest of the staff.



Under the Egg by Laura Marx Fitzgerald

Plot: Thirteen-year-old Theodora Tenpenny discovers a priceless painting in her Greenwich Village home.

Published: March 2014

Recommended by: Sue Carita, Milford Toadstool. "Mystery, fun, and a whole new way to see a museum!"

As seen on screen



Call the Midwife (Volumes 1, 2 and 3) by Jennifer Worth

Plot: The trilogy of books describes Jennifer Worth's life as a nurse and midwife in London's East End during the 1950s. She wrote the book after retiring from a subsequent career as a musician.

Published: The first volume was originally published in 2002. It has since been adapted for TV.

Recommended by: Katharine Nevins of MainStreet BookEnds in Warner. "If you have enjoyed the PBS adaptation, the real



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barnstormertheatre.org

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Published: May 2013

Recommended by: Willard and Holly Williams, co-owners of Toadstool Bookshops

For young adults
2013-2014



The Fever by Megan Abbott

Plot: High school girls are suddenly afflicted with strange symptoms and they seem to be spreading.

Published: June 2014

Recommended by: Liberty Hardy of RiverRun Bookstore. "Abbott collects all the cattiness, crazy hormones and creepiness she showed in *Dare Me* to make *The Fever* another winner."

We Were Liars by E. Lockhart

Plot: The story of four friends and the soul-sucking power of money and privilege.

Published: May 2014

Recommended by: Stefanie Kiper Schmidt of Water Street Bookstore. "For YA, my favorite of the summer. . . It has an awesome ending that I did not see coming."



My Life After Now by Jessica Verdi

Plot: A young teen realizes how bad life can get when you test HIV positive.

Published: April 2013

Recommended by: Denise Schaaf at the Goffstown Public Library

Monument 14 series by Emmy Laybourne

Plot: Six high school kids, two eighth graders and six youngsters are trapped together in a chain superstore, taking refuge to protect themselves from the apocalyptic disaster (monster hailstorm, chemical weapons spill, etc.) going on outside.

Published: Latest book, *Savage Drift*, came out May 2014

Recommended by: Denise Schaaf at the Goffstown Public Library

Canary by Rachele Alpine

Plot: The daughter of a prep school coach

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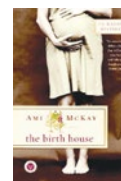
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WHAT'S YOUR FAVORITE SUMMER READ?

"Anything by Haruki Murakami."
— WILL PLATT, NEW BOSTON

of MainStreet BookEnds in Warner. "Quiet story with amazing depth."



The Birth House by Ami McKay

Plot: In Nova Scotia, a midwife and her apprentice work to protect birthing traditions in the face of modern medicine.

Published: 2006

Recommended by: Sandy Whipple, Goffstown Public Library

The Virgin Cure by Ami McKay

Plot: A young girl is sold into servitude in the late 1800s in New York.

Published: 2011

Recommended by: Sandy Whipple, Goffstown Public Library

The Bloodletter's Daughter by Linda Lafferty

Plot: About the effort to hide a secret about the city of Prague — that the emperor's bastard son, Don Julius, is afflicted with madness — and the people affected by this insanity.

Published: 2012

Recommended by: Sandy Whipple, Goffstown Public Library



Ketchup Clouds by Annabel Pitcher

Plot: Fifteen-year-old Zoe has a terrible, dark secret she can't confess to anyone she knows, so she divulges it to a criminal on death row.

Published: 2012

Recommended by: Denise Schaaf at the Goffstown Public Library

journals will astound you. Realistic, honest, informative, the best in health care."

The Fault in Our Stars by John Green

Plot: Today's Romeo & Juliet, except instead they're fighting cancer.

Published: 2012

Recommended by: Sandy Whipple at the Goffstown Public Library

Published 2012 and earlier



Syndrome E by Franck Thilliez

Plot: A woman receives a panicked phone call from an ex-lover who has developed a rare disorder after watching an obscure film from the 1950s.

Published: August 2012 (paperback just recently)

Recommended by: Brian Woodbury, manager at Milford Toadstool. "My favorite thriller of late is finally in paperback! This chilling novel of mind control spans the globe, from the Cold War to the present day."

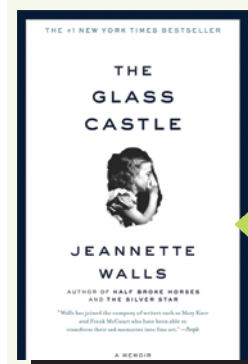


The Unlikely Pilgrimage of Harold Fry by Rachel Joyce

Plot: An older man sets out to walk the entire length of Great Britain in response to a letter he received from an old friend in hospice.

Published: 2012

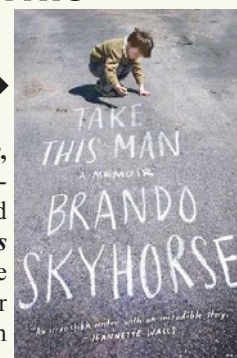
Recommended by: Katharine Nevins



IF YOU LIKE THIS READ THIS

Speaking of *The Glass Castle*, Michael Herrmann, owner of Gibson's Bookstore, says readers fond of Walls may also like *Take This Man*

(June 2014) by Brando Skyhorse. "Readers who like Jeannette Walls and Austen Burroughs will enjoy this memoir of a dysfunctional family and the resulting, inevitable search for identity."



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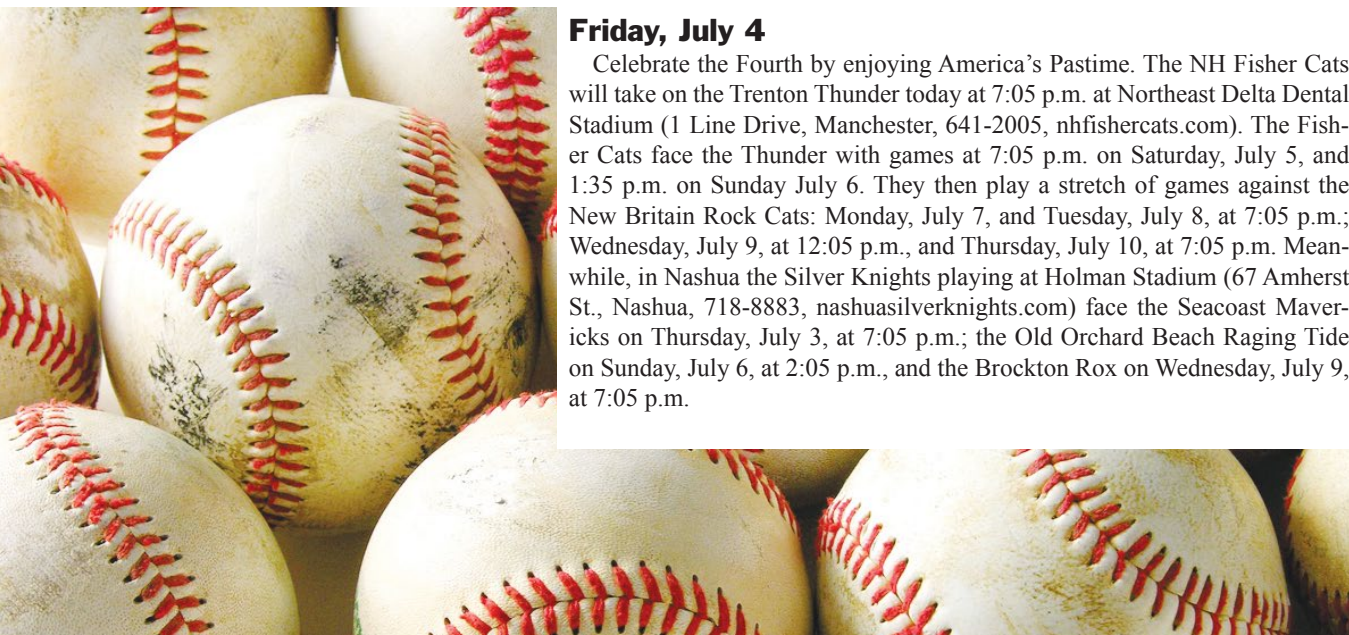
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THIS WEEK

EVENTS TO CHECK OUT JULY 3 - 9, 2014, AND BEYOND



Friday, July 4

Celebrate the Fourth by enjoying America's Pastime. The NH Fisher Cats will take on the Trenton Thunder today at 7:05 p.m. at Northeast Delta Dental Stadium (1 Line Drive, Manchester, 641-2005, nhfishercats.com). The Fisher Cats face the Thunder with games at 7:05 p.m. on Saturday, July 5, and 1:35 p.m. on Sunday July 6. They then play a stretch of games against the New Britain Rock Cats: Monday, July 7, and Tuesday, July 8, at 7:05 p.m.; Wednesday, July 9, at 12:05 p.m., and Thursday, July 10, at 7:05 p.m. Meanwhile, in Nashua the Silver Knights playing at Holman Stadium (67 Amherst St., Nashua, 718-8883, nashuasilverknights.com) face the Seacoast Mavericks on Thursday, July 3, at 7:05 p.m.; the Old Orchard Beach Raging Tide on Sunday, July 6, at 2:05 p.m., and the Brockton Rox on Wednesday, July 9, at 7:05 p.m.



Friday, July 4

The Merrimack Rotary will hold its Family Fun Day on Friday, July 4, from noon to 8 p.m. at the Upper Elementary School (O'Gara Drive in Merrimack). There will be vendors, chalk art, live demonstrations and entertainment, crafts, a Merrimack police dunk tank and more. The day will also include a 5K, a pancake breakfast, a parade at 1 p.m. and fireworks at 9 p.m. See merrimacknh.gov/july4th for all the events. Find more fireworks in the Inside/Outside section.



Friday, July 4

Spend the holiday celebrating an earlier America at The Fourth on the Farm at the New Hampshire Farm Museum, 1305 White Mountain Hwy. in Milton, from noon to 4 p.m. Festivities include patriotic music, a reading of the Declaration of Independence, croquet and old-fashioned games. Guests can also visit farm animals, take living history tours of the farmhouse and enjoy strawberry shortcake. Admission costs \$7 for adults, and \$4 for kids ages 4 and up. Visit farmmuseum.org.



Tuesday, July 8

Are you Team Breaking Bad? Team Orphan Black? Team Darkness At Noon (er, The Good Wife)? Find out which of your favorite shows are getting a little extra love when the nominees for the 66th Annual Emmy Awards are announced this morning at 8:30 a.m. (Watch it live at emmys.com/awards/primetime-emmys/2014.) The Emmys will be handed out on Monday, Aug. 25, starting at 8 p.m. on NBC, and will be hosted this year by Bedford's own Seth Meyers.



Wednesday, July 9

Mistaken identities, romantic misunderstandings — *Twelfth Night* is both rom and com and it will be performed today at 6:30 p.m. at the Jewish Federation, 698 Beech St., Manchester. Produced by Theatre Under the Stars, shows are pay-what-you-can, a suggested donation of \$5. Visit shakespeareinthevalley.com.

Eat: Strawberries

And other tasty treats at area farmers markets. Most are now open for the season. Some suggestions: Concord's market on Saturdays from 8 a.m. to noon on Capitol Street next to the Statehouse; Tilton's market at the Tanger Outlet Center (120 Laconia Road) on Fridays from 3 to 7 p.m., and Nashua's Market on the Main Street Bridge on Sundays from 10 a.m. to 2 p.m. Find more markets offering fresh and local treats in our Food section.

Drink: Beer

The Seacoast Red, White and Brew Festival will be held Saturday, July 5, at the Portsmouth Sheraton, 250 Market St. in Portsmouth. Try craft brews and food from seacoast eateries in two sessions: noon to 3 p.m. and 5 to 8 p.m. Tickets for one session period cost \$40. Visit tickets.beerfests.com/event/SeacoastRedWhiteandBrewFestival.

Be Merry: With Art and Wine

Head to the Currier Museum of Art (150 Ash St. in Manchester, currier.org) on Thursday, July 10, from 6 to 9 p.m. for the monthly "Currier After Hours" event, which this month focuses on New Hampshire-grown wine. Sample wines from Labelle Winery, Moonlight Meadery and Jewell Towne Vineyards. The night will also include a paint-your-own-wine-glass workshop (which costs an extra \$40), food demonstration that incorporates wine, jazz- and art-based performance by In Ears 'n' Eyes and a tour that highlights art with NH connections. Cash bar and a full menu are available.

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Sculpture mania

Outdoor sculpture in Concord, Meredith and Sunapee

By Kelly Sennott

ksennott@hippopress.com

After a nudge from gallery owner Pam Tarbell, Bow artist Andy Moerlein achieved what few artists ever had at the Mill Brook Gallery & Sculpture Garden: he built art in the turtle pond.

The tiny body of water had never seen anything to this scale, Tarbell said as she admired the sculpture on the outdoor gallery's outskirts. It's like a web of silver saplings, strewn together and connected by textured stones, except that now, "Cursive" has been there so long that the branches, dug deep in the mud below, have begun to sprout leaves, and a family of geese has made a home nearby.

Moerlein had always admired sculptures that used water in this way — he said it seemed like an "exciting way to approach" the art — but he'd never before had the opportunity to do so.

"Pam challenged me to do it. It was her idea. But that's what a good curator does. ... She's allowed me to create new work every year for the last 17 years. I've debuted work here that's only been in my mind," Moerlein said in a phone interview. (For example, last year he installed a sculpture up in a tree.)

Installing a sculpture like this is no easy feat; it took two canoes tied together, two pieces of plywood tied atop, a painting ladder and a good chunk of a Saturday afternoon.

"Water has a richness about it. The reflections are everywhere you look, and they're important — it's only half a piece before it's reflected," Moerlein said.

His is one of many sculptures within the Mill Brook Gallery's 17th Annual Outdoor Sculpture Exhibition, on view now through Oct. 26 and open for viewing Tuesday through Sunday from 11 a.m. to 5 p.m. The gallery sits attached to Tarbell's home, and every year, this outdoor garden of art requires quite a bit of work on Tarbell's part, from networking and nudging artists (either to create something new or to make the submission deadline) to gardening and pruning the gallery's landscape.

She's always emphasized that her aim is to create a space that is not only full of beautiful



Andy Moerlein installs "Cursive" at the Mill Brook Gallery & Sculpture Garden. Courtesy photo.

Check out the Mill Brook Gallery's 17th Annual Outdoor Sculpture Exhibition

Where: Mill Brook Gallery & Sculpture Garden, 236 Hopkinton Road, Concord
When: Now through Oct. 26, Tuesday through Sunday between 11 a.m. and 5 p.m.

Contact: themillbrookgallery.com, 226-2046

Another reception: While you're visiting, you can also see another new exhibition inside, "Vreme" by Boyan S. Moskov, on view now through Aug. 2, with a reception Friday, July 11, from 5 to 7 p.m.

art, but also whimsical, playful, and pleasant for visiting children as well.

This year's crop includes a bronze sculpture called "Rower" by David Borrus that depicts a long-limbed figure in a slim row boat, up at the catch and ready to take a stroke. John Weidman created "Painless View" for this year's show, a window-shaped sculpture that looks over the back part of the garden, and Paul Angiolillo's "The Mighty Pen" is made from wood and metal and literally looks like a gigantic pen and bottle of ink.

There's also a metal figure called "Toe Dancer" situated at the garden's center by artist John BonSignore. If you know New Hampshire sculpture, you may recognize

"Art in Nature 2014: Outdoor Sculpture" at The Fells

Mill Brook Gallery & Sculpture Garden owner Pam Tarbell was also heavily involved in the curation of the outdoor sculpture exhibition at The Fells Historic Estate and Gardens, the former lakeside summer home of American writer and diplomat John M. Hay, located on the shores of Lake Sunapee at 456 Route 103A, Newbury, thefells.org. (It was juried by Andrew Spahr, director of collections and exhibitions at the Currier Museum of Art.) More than 20 pieces will be on display now through Oct. 13, with visiting hours between 9 a.m. to 5 p.m. every day, many of which are by some of the same artists you'll find at the Mill Brook Gallery, including art by Andy Moerlein, John Weidman, John BonSignore, Murray Dewart, etc.

the piece; it's part of a series, and two of the others currently stand as part of the outdoor sculpture exhibition at The Fells and in downtown Meredith, part its year-long sculpture walk.

However, it's quite different from what he's shown in New Hampshire in past years; his prior work was mostly made of stone.

"It's completely different," BonSignore said in a phone interview. "The stone has its own characteristics — it's more organic,

Meredith Sculpture Walk

For the first time ever, the town of Meredith has created a juried outdoor sculpture walk. Organized by the Greater Meredith Program, it's the result of an effort to beautify Meredith.

"This is a project we took on a year and a half ago," said Bev Lapham, co-chairman of Meredith Sculpture Walk. "It's coming to fruition now, with pieces being placed all around the village. There will be 24 total in Meredith."

It will be a year-long installation. The idea was prompted when the board saw what other New Hampshire cities were doing; the hope is that all sculptures will be in place by mid-July, at which time free brochures and walking maps will be available for residents and visitors online and at downtown businesses.

"It's been creating a buzz around here.

... The whole purpose is the promotion of downtown. We have a tremendous amount of people who are summer residents, and it's important for us to present them with things to do in town, so they can come here and support local merchants. The same is true for visitors. ... It creates an atmosphere that makes you want to come to Meredith and see what it's all about," Lapham said. You can learn more on the Meredith Sculpture Walk Facebook page and at greatermeredithprogram.com.

but I'm trying to accomplish the same thing, but through a different medium. Rather than the stone being the organic part, I'm trying to convey the same thing but through the form, the flow of the metal."

BonSignore said it's not a bad time to be a sculptor.

"This year, especially for me, I think the state of New Hampshire has made quite an effort to incorporate more sculpture," BonSignore said. "I think the public is enjoying it."

Tarbell, too, has curated her own exhibition at Mill Brook, but also at The Fells (which is why you'll find some of the same artists there), and she did a bit of behind-the-scenes work for the Meredith Sculpture Walk, which is set to be completed by mid-July. 🍎

22 Art

Includes listings for gallery events, ongoing exhibits and classes. To get listed, e-mail arts@hippopress.com.

24 Theater

Includes listings, shows, auditions, workshops and more. To get listed, e-mail arts@hippopress.com.

29 Classical

Includes symphony and orchestral performances. To get listed, e-mail arts@hippopress.com.

ART

• **CONCORD ARTS MARKET** at Bicentennial Square, Concord, opening day festivities include live musical performances by West African style drumming troupe Araba-Lon and singer/songwriter Rachel

Vogelzang. Market season continues weekly, Saturdays through Sept. 27. Visit concordartsmarket.com, venue wheelchair accessible.

• **DOVER ARTS MARKET** at Coheco Mills Courtyard, downtown Dover, on Sundays,

through the end of September, from 10 a.m. to 4 p.m. Free admission, market dedicated solely to artisan crafts and fine art. Visit doverartsmarket.com, email kbsolsky@granitestateartsmarket.com, call 229-2157. • **ARTS ON THE GREEN** Sat.,

July 5, 10 a.m.-4 p.m., at Town Green, New London. Paintings, prints, sculpture, greeting cards, photography, crafts.

• **LIFE AS ART** summer series at Dancing Lion Chocolate, 917 Elm St., Manchester, featuring local artists. Fused glass artist

Verne Orlosk on Thurs., July 10, 4:30-6:30 p.m.; Mayan-inspired weaving taught by Cheryl Holbert on Thurs., July 17, 4:30 p.m.; Chocolate-making bonbons class Thurs., Aug. 14, 4:30-6:30 p.m. taught by Kerry Harmon. Free events, more

events in works; artists call 625-4043, email richtl@dancinglion.us.

• **ADVENTURES IN PRINT-MAKING** selection of hand-pulled prints at Patricia Ladd Carega Gallery, 69 Maple St., Center Sandwich, [HIPPO | JULY 3 - 9, 2014 | PAGE 22](mailto:patricialad-</p>
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LOCAL — COLOR — NH art world news

• **Young art at Red Sauce:** When visitors take in Red Sauce Ristorante's new location in Nashua (at 522 Amherst St., 589-9332) they'll find more than just a larger space; they'll also find art by local students, including a mural by 14-year-old Amherst student Hannah Kershaw. The design: an Italian countryside among rolling hills with a vineyard and villa.

"Bill [Ceccherini] wanted an old-fashioned mural, the kind you'd find at an Italian restaurant in the North End of Boston," said Katie Lavoie, front of the house manager at RSR. "He started looking at local schools for artists willing to do that. ... He's trying to keep everything local, just like he does with his [food] ordering."

He found Kershaw, who'd recently completed a mural at her middle school, a multi-colored piece depicting an eagle. She sketched the mural for Red Sauce herself and spent almost two months' worth of Saturdays, six to seven hours a day, painting it, with help from her mom, her art teacher and friend Mary Rondeau (owner of Pick-Fence Gift in Mont Vernon). They used Benjamin Moore supplies donated by Milford Paint and Wallpaper. The mural was finished just in time for the grand opening last Friday, June 27.

"Because the mural was the first landscape I've done, and because it was bigger than anything I've ever done before, it did take longer than we expected," Kershaw said. "I like that there's such a wide variety of things you can do with painting. ... I wanted it [the mural] to be really special because it would be people from all over town seeing it."

• **Positive progress:** Positive Street Art of Nashua is staying positive. In late June, the Heritage Rail Trail in Nashua saw another mural. PSA (a nonprofit that strives to inspire passion for urban arts in a productive way) and community mem-



The mural by 14-year-old Amherst student Hannah Kershaw at Red Sauce Ristorante. Courtesy photo.

bers covered the tagged and graffitied brick wall at the Heritage trail at Walnut Street and West Hollis Street with bright designs, colors, illustrations and portraits. You can see what else they've been up to during an official mural tour that starts on Sunday, July 20, at 11 a.m., at the Dunkin' Donuts on Canal and Main streets in Nashua, and travels a mile and a half in the downtown. Included in the event is an overview of PSA's history, conception and plans for the future. That night, there's also a Live Art Battle at Milly's Tavern in Manchester. Visit positivestreetart.org for more information. (Artists especially should check it out.)

• **Sand art winners:** The annual Hampton Beach Sand Sculpting Competition wrapped up last weekend when the winners were announced. First place went to Guy-Olivier Deveau from Quebec City, Canada, with the sculpture, "Inseminate," which had an out-of-this-world design and intricate detail, and which was reportedly inspired by the work of H.R. Giger, the Swiss artist responsible for the creature in the film *Alien*. (Giger recently passed away, and Deveau created it as tribute to him, according to the press release.) Second place went to Karen Fralich from Toronto for the sculpture "Yin and Yang," third went to Carl Jara from Ohio for "Putting Down Roots," fourth to Dave Andrews from Wisconsin for "Serene Song," and fifth to Damon Langlois from British Columbia with "Out of Sand." Over the course of the three-day competition, 10 tons of sand were used.

— Kelly Sennott

dcarega.com, with reception/art-ist meet-and-greet Wed., July 9, 5-7 p.m., includes conversation about printmaking techniques with artists Margaret Barnaby, Margaret Merritt, Wendy Ket-chum and Anne Garland on Sat., July 12, at 10 a.m.

• **CURRIER AFTER HOURS:** NNH-GROWN WINE event at the museum, 150 Ash St., Manchester, Thurs., July 10, 6-9 p.m., sample local wines from Labelle Winery, Moonlight Meadery and Jewell Towne Vineyards. Wine tasting, paint-your-own-wine-glass workshop

(extra cost, \$40), food demonstration that incorporates wine, jazz- and art-based performance by In Ears 'n' Eyes and tour that highlights art with NH connections. Visit currier.org. Cash bar, full menu available. Free with museum admission.

• **25TH ANNUAL CRAFT FAIR AT THE BAY** on Sat., July 12, 10 a.m.-5 p.m., and Sun., July 13, 10 a.m.-5 p.m., at 24 Mt. Major Hwy, Route 11, Alton, waterfront location in Lakes Region. Visit castleberryfairs.com, call 332-2616. American-made arts, crafts and

specialty foods, with more than 75 juried craftsmen and women from all over New England. Free admission.

• **CREATIVE STUDIOS SATURDAY: CREATE A CREATURE** at the Currier Museum of Art, 150 Ash St., Manchester, on Sat., July 12, 10 a.m.-1 p.m. Free with museum admission.

• **WORK SONG: PLAY READING AND DISCUSSION** Sun., July 13, at Currier Museum of Art, 150 Ash St., Manchester. Theatre KAPOW! presents playreading of *Work Song*, three-part play about

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Heroes onstage

New company, new theater

By Kelly Sennott
ksennott@hippopress.com

If you're a recent theater grad who doesn't have the time or financial stability for an unpaid internship, there aren't a lot of options — particularly if you want your play produced or if you want to sit in the director's seat. So, University of New Hampshire 2013 grad Dan Pelletier decided to take matters into his own hands.

Pelletier is the founding member of a new theater group in Southern New Hampshire called the Cue Zero Theatre Company, whose inaugural production, *Project Zero*, takes the stage for the first time on Thursday, July 10. It will contain two hero-themed original one-acts, *Future Endeavors*, written and directed by Pelletier, and *We Could Be Heroes*, written and directed by Joe Nelson. They'll be performed back-to-back, July 10 through July 12, at the Derry Opera House.

Pelletier, an Auburn native and Pinkerton Academy grad, ultimately decided on this course while driving to a lighting design rehearsal for *Taming of the Shrew* at UNH in Durham last fall, which he did as a favor for the director.

"I decided that, before my next birthday — which is coming up in July — I wanted to direct an original piece. I started researching the best ways to get that done, and that was to start my own company," Pelletier said.

He stocked up on books and took advice from local companies like the Windham Actors Guild and theatre KAPOW!, whose monthly open training session he often attends. He gathered his theater friends



Cast and crew members at a rehearsal for *Project Zero*. Courtesy photo.

from school, put out open calls and wrote press releases for the company's auditions and upcoming performances. He pulled in a few UNH grads, including Nelson and Danielle Pancoast, who works as co-producer, set/costume designer and stage manager. Right now, the cast and crew numbers total 15, and they have been working diligently at rehearsals in his basement.

"There's this old saying that if opportunity doesn't knock, make a door. Throughout our schooling at UNH, every professor said you're going to have to start with your own work to break out," Nelson said in a phone interview. "You're going to have to make your own opportunity. It's something that's stuck with me. ... And I think new works are really what the theater scene in New Hampshire needs right now."

Future Endeavors is about a small-town wrestler named Kyle Jordan making his way to the big leagues. Pelletier wrote it as

part of his senior capstone project.

It wasn't hard to create the character; if you know pro wrestling, then you probably know it's more a performance than it is a sport. So in a way, Pelletier and the cast members relate very well to the character.

"When I looked at the script, I saw a lot of parallels between myself and Kyle Jordan," said Nate Shaw, a Lowell resident who plays the lead role. "It's easy to become absorbed and really get into the character."

Nelson's is a one-man show, to be performed by his good friend (also a recent UNH grad) James Fay. He wrote it last winter. The scene is of a kid living in a "nerd cave" in his parents' basement. (Think superhero shrines.)

"It's a one-person show, essentially a 'nerd' sharing with the non-nerd world what it means to be part of this demographic, the triumphs and struggles one would come upon while reading comic books and

playing video games," Nelson said.

It's a lot of work, building a new theater company from the ground up. First there's the job of finding a location, which Pelletier secured with a pretty successful indiego campaign. Then there's publicity.

"You can have the best show in the world but if people don't know about it, they won't show up," Nelson said. "You don't have the name recognition that other organizations in the area might already have."

But there's also a wonderful excitement to a new company and a new theater.

"In that mindset, we can bend and create something that's completely new for us," Nelson said. "If somebody's seen *Hamlet* six times, it's uncertain to how the seventh time will be any different. With a new play going on, you have no excuse not to check it out."

Pelletier doesn't expect to make a lot of money with the inaugural show; he said he'd be happy just to break even. But of course, he hopes this first performance will create opportunity for future shows this year.

"It will be a phenomenal learning experience, if nothing else," Pelletier said. 🍀

See Project Zero

Where: Adams Memorial Opera House, 29 W. Broadway, Derry

When: Thursday, July 10, at 7 p.m.; Friday, July 11, at 7 p.m.; and Saturday, July 12, at 2 and 7 p.m.

Admission: \$15, two for \$20

For more: Check out their Facebook page; search "Project Zero: A Night of Original One-Acts." Information is also available at facebook.com/cztheatre/info.

famed architect Frank Lloyd Wright by Eric Simonson and Jeffrey Hatcher. Following reading, senior educator Jane Seney leads 15-minute discussion connecting play and Currier-owned Zimmerman House. Tours of Zimmerman House offered at 11:30 a.m. and 2 p.m. that day, with additional 60-minute tour on this day only at 4:30 p.m. Reservations required; visit currier.org/tickets.

• **ART, WINE AND CHEESE** event at Waterville Valley Sat., July 12, 3-6 p.m., under tent in Town Square, rain or shine, with works donated by local artists and auctioned off in live and silent auctions, features selection of wines, cheese sampling, complimentary hors d'oeuvres. (No charge to attend art auction, which benefits art and science programs at Margret and H.A. Rey Center.) Call 236-3308.

Tickets \$20 at the door.

• **"EXETER INSPIRES ART"** celebration of local art and history on Sat., July 12, 10 a.m.-4 p.m., and Sun., July 13, 10 a.m.-4 p.m. Exhibition that depicts all things Exeter in media by local artists, upstairs at the Town Hall Gallery, 9 Front St., Exeter. Running in conjunction with American Independence Day Festival.

• **SECOND SUNDAY JAZZ BRUNCH** at Currier Museum of Art, 150 Ash St., Manchester, Sun., July 13, 11 a.m.-2 p.m., reservations highly recommended. Visit currier.org, call 669-6144, ext. 10. Costs \$19.95, \$8.95 for continental only.

• **ALL ORIGINAL OPEN MIC NIGHT** at Studio 550, 550 Elm St., Manchester, Mon., July 14, at 7 p.m. First-time and experienced performers encouraged to attend. Call 232-

5597, visit 550arts.com, email info@550arts.com.

• **DOWNTOWN ART MOVEMENT** July Paint Social Thurs., July 31, 6:30-8:30 p.m., at WineNot Boutique, 170 Main St., Nashua, led by artist Margaret Williams. Admission \$35. Order tickets at psapaintsocial-winenot.eventbrite.com.

• **MANCHESTER TROLLEY TOUR** Thurs., July 24, 5-8 p.m., in downtown Manchester. Various galleries open and free for viewing during this time, while trolleys chauffer attendees around the downtown; visit majestictheatre.net for details.

• **FRIDAY ART NIGHTS AT FODEE'S** now through Aug. 22 (excluding July 4), 6-8 p.m. at 167 Union Square, Milford. Taught by Cheryl Coderre, includes half hour art lesson for \$7, 10 percent off food order. Call 721-2255, visit coderrestudio.com

for more information.

• **MONSTERS ON THE LOOSE** 100 little clay red monsters will be let loose in Manchester during the first week of August, concentrated in the heart of downtown and side streets, placed in public places with lots of foot traffic. Organized by Studio 550, aimed at encouraging residents to slow down; each monster has purple dot with ID number, can be redeemed for chocolate at Dancing Lion Chocolate, 917 Elm St., Manchester. Visit 550arts.com, call 232-5597.

• **THE ANDRES INSTITUTE OF ART** in Brookline offers guided walking and audio tours of its sculpture park and studio. Call 673-8441, or visit andresinstitute.org.

• **ART 'ROUND TOWN** is held the first Friday of the month (year round) 5-8 p.m.

in downtown Portsmouth. Visit artroundtown.org. Includes more than 50 resident artists and guest artists, musicians, businesses, food vendors.

• **GOOD NEIGHBOR SERIES** Sharon Arts Center is hosting a series of cultural programs at its Exhibition Gallery, 30 Grove St., Peterborough, 924-7676, sharonarts.org. The series will feature presentations by professional artists on the first and third Saturdays of the month, 7-9:30 p.m.

• **PICKER ART GALLERY** will host an open studio/meet the artists day on the first Saturday of the month, 10 a.m.-4 p.m., at the Picker Building, 99 Factory St. Extension, Nashua, 305-6256.

• **ZIMMERMAN HOUSE** open for public tours, leaving from the Currier Museum of Art (150 Ash St., Manchester, 669-

6144, currier.org). Offered twice daily. Reservations required. Cost is \$8-\$20, includes same-day museum admission.

Exhibit openings

• **"VREME"** by Boyan S. Moskov, exhibition on view at the Mill Brook Gallery & Sculpture Garden, 236 Hopkinton Road, Concord, the millbrookgallery.com, 226-2046, on view now through Aug. 2. Artist's reception Fri., July 11, 5-7 p.m. Exhibiting the artist's newest ceramic work.

• **"PASSAGES"** featuring recent oil landscapes by NH artist Patricia S. Gordon during the month of July at the Kennedy Gallery, 41 Market St., Portsmouth, 436-7007. Opening reception Thurs., July 3, 5-8 p.m.

• **"S-T-R-E-T-C-H: BRUSH GALLERY STUDIO ART-**

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Notes from the theater scene

• **Nashua concert:** This July and August, the Nashua Public Library is hosting a series of free summer concerts, both indoors and outdoors. The first is on Wednesday, July 9, at noon, and features duo Mac Ritchey and Gabe Halberg, who will take listeners on a “journey around the Earth’s 35th parallel,” as described in the press release, performing music from the Middle East, North India, North Africa and the Mediterranean. Both have studied with expert musicians of these areas. The performance is the first of many in the library’s Bach’s Lunch Concerts, which are on Wednesdays, last an hour and take place in the library’s music/art/media wing at 2 Court St., Nashua.

• **Pops:** Looking for something with pop for the Fourth of July weekend? The Lowell Philharmonic Orchestra performs a Summer Pops concert on Sunday, July 6, at 3 p.m., at the Shedd Park Pavilion, 433 Rogers St., Lowell, which will feature light classical, pop and patriotic favorites for the whole family. Attendees should bring beach chairs and a picnic to enjoy while the orchestra performs. The audience will sit under the pavilion, and so the concert occurs rain or shine. On-street parking is available, and the concert is free, but there’s a suggested \$10 donation per person. Visit lowellphilharmonic.org/home.htm. If you’re looking for an outdoor concert a bit



Pictured, the Ritchey and Halberg, the 35th Parallel. Courtesy photo.

closer to home, you could wait a few days for the start of the TD Bank Free Summer Concert Series on Thursday, July 10, from 7 to 9:30 p.m. at Veterans Park, Manchester. This night is “Andrew Herbert: The Sinatra Tribute,” and the performance is free to watch. Visit intownmanchester.com.

• **Summer workshops:** During the month of July, Academy Award winner Ernest Thompson (most known for his play *On Golden Pond*), Morgan Murray and their company, Whitebridge Farm Productions, will be presenting a series of acting workshops at Red River Theatres, 11 S. Main St., Concord, 224-4600, redrivetheatres.org. The workshops are aimed at novice to experienced adults and teens. Workshops are \$525 per session and are five days a week for 2.5 hours a day. Classes include “Acting for the Camera,” July 7 through July 11; “Acting for the Stage,” July 14 through July 18; “The Audition,” July 21 through July 25; and “The Screen Test,” July 28 through Aug. 1. Visit whitebridgefarmproductions.com.

— Kelly Sennott

• **ARTISTS’ EXHIBITION** on view at the Brush Gallery & Artists’ Studios, 256 Market St., Lowell, 978-459-7819, through Aug. 3. Gallery talk with the artists Sun., July 20, 1-3 p.m. Exhibition for 13 artists who rent and maintain studios at the Brush Art Gallery and Studios.

• **BILL LAFORME** artwork on display at the Belknap Mill (25 Beacon St., E. Laconia) now through July 31. Regular gallery hours Wed.-Fri., 10 a.m.-6 p.m., Saturday 10 a.m.-4 p.m. Visit belknapmill.org, call 524-8813, email programs@belknapmill.org.

• **“TAKE ANOTHER LOOK”** exhibition at Studio 550, 550 Elm St., Manchester, July 3 through Aug. 19. Ceramics made to look like anything but clay. Reception Thurs., July 24, 5-8 p.m., part of Manchester Trolley Tour, with hands-on clay activities, light refreshments. Visit 550arts.com.

• **LARA SEAGULL** exhibits work at the Nashua Public Library, 2 Court St., Nashua, July 9 through Aug. 29, 589-4626.

• **EVE PASSELTINER** July artist of the month at Exeter Fine Crafts for July, 61 Water St., Exeter, exeterfinecrafts.com. Vibrant fused glass work, including platters, coasters and wine stoppers.

• **FURNITURE MASTERS: ARTISTIC VISIONS** show in Concord at the NH Historical Society building 30 Park St., Concord, July 10 through July 31. Annual exhibition and silent auction Thurs., July 10, 5:30-8 p.m. Admission free. Featuring work by Ted Blachly, Jon Brooks, Timothy Coleman, Jeffrey Cooper, Garrett Hack, Bill Thomas, David Lamb, Richard Oedel, Jere Osgood, Jeff Roberts, A. Thomas Walsh, Gail Fredell, David Masury, Matt Wajda, Greg Brown. Visit furnituremasters.org.

• **“FROM HERE TO THERE: WOMEN ARTISTS ON THE SEACOAST”** on view July 11 through Aug. 15 at Main Street Art, 75 Main St., Newfields. Showcasing art of the powerful presence of women, featuring seacoast artists. Reception Fri., July 11, 5:30-7:30 p.m.

• **NEW HAMPSHIRE FURNITURE MASTERS: “ARTISTIC VISIONS”** on view at the NH Historical Society Library, 30 Park St., Concord, 228-6688, nhhistory.org, on view July 10 through July 31. Reception Thurs., July 10, 5:30-8 p.m.

• **“BE PREPARED TO STOP”** celebration of construction by artists John Bonner, Barbara Carr, Thomas Glover and Melissa Anne Miller July 15 through Aug. 31, reception Fri., July 18, 5-7 p.m., at McGowan Fine Art, 10 Hills Ave., Concord. Call 225-2515, visit mcgowanfineart.com.

In the galleries

• **PAT NICKERSON** featured artist at Seacoast Artist Association for June/July at the SAA Gallery, 225 Water St., Exeter.

• **KENNETH JOSEPH BINI** Durham-based painter is the featured June/July artist at the Drift Contemporary Art Gallery at Zev Yoga, 16 Market Square, Portsmouth, above Breaking New Grounds. On view now through July 30. Visit drift-gallery.com, call 379-6560.

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ALL ABOUT FRANK LLOYD WRIGHT

Theatre KAPOW! continues its ARTiculate Playreading Series, in partnership with the Currier Museum of Art, on Sunday, July 13, at 2 p.m., at the museum, 150 Ash St., Manchester. They perform Jeffrey Hatcher and Eric Simonson's *Work Song*, an imaginative play about famed architect Frank Lloyd Wright. Audiences get an in-depth look at the master builder in three distinct phases of his life and career: first, as a young man in a hurry to change the way people live (while also finding inspiration in a woman named Mamah Cheney); then during his crossroads, shortly before coming up with one of his greatest creations, the house called Fallingwater; and finally as an old showman at twilight, visiting a house from his past and taking stock of his sacrifices and successes. The reading will be conducted by Neal Blaiklock, Joel Breen, Carey Cahoon, Gina Carballo, Dave Heard, Peter Josephson, Mark Marshall, and Colby Morgan, with a following discussion to be led by Dr. Landis K. Magnuson, professor of theater at Saint Anselm College, and Jane Seney, Senior Educator at the Currier and manager of the Zimmerman House tour program. Admission to the readings and participation in the discussions is free with museum admission (\$12 for adults, \$10 for seniors, \$9 for students). Visit tkapow.com.

- **ALENE SIROTT-COPE** exhibits photography and alcohol ink creations now through July 10 at Hollis Social Library, 2 Monument Square, Hollis.
- **"ALONG THE RIVER: EXPLORING COMMUNITY CONNECTIONS"** summer exhibit at the Hopkinton Historical Society, 300 Main St., Hopkinton, on view through the end of the season. Look at how we use the Contoocook River and how the river has influenced the town's development. Visit alongtheriver.org.
- **"SPRING 2014"** on view at the Gallery at 100 Market St., Portsmouth, featuring 150 works by 30 artists from New England, on view through July 18. Also featuring photographer Michael Winters and painter Marilene Sawaf.
- **BARBARA MORSE** exhibits her graphite drawings in "Through My Eyes" for six weeks at the Amherst Town Library, 14 Main St., Amherst, now through mid-July.
- **"PLEIN AIR ... FROM THE MOUNTAINS TO THE SEA"** oil landscapes by Flo Parlange at Epsom Public Library, 1606 Dover Road, Epsom, now through July 26. Galleries open Mon.-Thurs., 10 a.m.-7 p.m., Sat. 9 a.m.-1 p.m. Call 736-9920, visit epsomlibrary.com.
- **"PORTRAITS IN CONTEMPORARY PHOTOGRAPHY: SELECTIONS FROM A SERIES"** at Drift Contemporary Art Gallery, Wentworth-Coolidge Mansion (375 Little Harbor Road, Portsmouth, 379-6560, drift-gallery.com), on view now through July 20.
- **THE CUNNINGHAM**

- POND PAINTERS** show art at the Hancock Town Library (25 Main St., Hancock, 525-4411) now through July 31. Shows work of Sue Callihan of Peterborough and her students.
- **ELEEN DAVIS AND SUSAN JAWORSKI-STRANC** present "Paint and Print" at Labelle Winery, Route 101, Amherst, 225-2515, mcgowanfineart.com, now through Aug. 3.
- **"ROMARE BEARDEN: A BLACK ODYSSEY"** on view at the Currier Museum of Art, 150 Ash St., Manchester, now through Aug. 17. currier.org.
- **"ARTISTRY IN THE HOME"** exhibition at Mark Wentworth Home, 346 Pleasant St., Portsmouth, on view through mid-August, featuring work by artist Lee Perrault.
- **"FOUR MEN: FOUR BOTANICALS"** on view at the Mill Brook Gallery & Sculpture Garden indoor gallery, 236 Hopkinton Road, Concord, themillbrookgallery.com, 226-2046, now through Aug. 24. Featuring work by Sean Beavers, David Carroll, Patrick McCay and Zdzislaw Sikora.
- **"ABSTRACT & MODERNISM: 1950S TO TODAY"** exhibition at New Hampshire Antique Co-op, 323 Elm St./Route 101A, Milford, 673-8499, on view through Aug. 31.

Theater

- **DECLARATION OF INDEPENDENCE READING** by Garrison Players Arts Center Fri., July 4, at 9 a.m., on the steps of Dover City Hall, 228 Central Ave., Dover. Annual reading of Declaration of Independence by actors playing John

Adams, Benjamin Franklin and Thomas Jefferson. Visit garrisonplayers.org, call 516-4919.

- **THE PIRATES OF PENZANCE** presented by Seacoast Repertory Theatre now through July 19, Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., Sundays at 2 p.m., at 125 Bow St., Portsmouth. Tickets available by calling 433-4472, visiting seacoastrep.org.
- **THE FOREIGNER** produced by Majestic Theatre Sat., July 5, at 7 p.m.; and Sun., July 6, at 2 p.m., at Holy Cross Hall, Manchester Community Music School, 2291 Elm St., Manchester, 669-7469. Call for tickets.
- **SHREK: THE MUSICAL** at Prescott Park, 105 Marcy St., Portsmouth, with shows on Thursdays, Fridays, Saturdays and Sundays through Aug. 24. Visit prescottpark.org/show-times.cfm for list. No fixed admission, recommended \$5 donation at the entrance.
- **PORTSMOUTH UNDERBELLY TOUR** occurs Mondays and Saturdays at 6 p.m., starting at the corner of State and Pleasant St., Portsmouth. Adults-only tour, stand-up history with costumed-characters about the Portsmouth historical stories often "swept under the rug." Tour around Portsmouth is \$10, reservations recommended; call 978-683-7745, visit underbelly-ports.net.
- **BRUDER & THE SETTLEMENT** at The Players' Ring, 105 Marcy St., Portsmouth, Fri., July 4, at 10 p.m.; Sat., July 5, at 10 p.m.; Sun., July 6, at 9 p.m.; Fri., July 11, at 10 p.m.; Sat., July 12, at 10 p.m.; and Sun., July 13, at 9 p.m. Tickets \$12.

STRAIGHT UP



The global sensation a cappella group Straight No Chaser performs at The Music Hall, 128 Chestnut St., Portsmouth, on Tuesday, July 15, at 7:30 p.m. The group was originally formed more than a dozen years ago while students at Indiana University, and it has a fanbase of more than 20 million views on YouTube. Their fourth album, *Under the Influence*, contains contributions by Jason Mraz, Rob Thomas, Phil Collins and Dolly Parton. Tickets are \$35-\$68; call 436-2400, visit themusichall.org.

Courtesy photo.

Call 436-8123, playersring.org. Two one-acts; holocaust survivor tries to convince a rich man he's the man's brother; there's a fall in the supermarket.

• **FAMILY SECRETS** by Peterborough Players now through July 6 at the Peterborough Players Theatre, 55 Hadley Road, Peterborough. Tickets \$39 Saturdays, \$37 all other days. Visit peterboroughplayers.org, call 924-9344, ext. 108, for showtimes.

• **THE STRONGEST GIRL IN THE WORLD** performed at Andy's Summer Playhouse, 582 Isaac Frye Highway, Wilton, right off 101. Showtimes Thurs., July 3, at 7:30 p.m.; Sat., July 5, at 7:30 p.m. Visit andyssummerplayhouse.org for ticket prices.

• **AN EVENING WITH WALT WHITMAN** presented by actor Stephen Collins on Tues., July 8, at 6 p.m., at the Nesmith Library, 8 Fellows Road, Windham, 432-7154. One-man show, free, open to public, registration recommended. Call or visit unlaunchedvoices.com for more on Stephen Collins.

• **RAPUNZEL** at the Palace Theatre, 80 Hanover St., Manchester, Tues., July 8, at 10 a.m. and 6:30 p.m.; Wed., July 9, at 10 a.m.; and Thurs., July 10, at 10 a.m. and 6:30 p.m. Tickets \$8. Visit palacetheatre.org, call 668-5588.

• **THE MYSTERY OF EDWIN DROOD: THE MUSICAL** produced by Barnstormers Theatre, 104 Main St., Tamworth, July 8 through July 12. Audience chooses the ending. Shows Tuesday-Saturday evenings with Saturday matinee, tickets \$10-\$32. Visit barnstormerstheatre.org, call 323-8500.

• **TWELFTH NIGHT** performed Wed., July 9, at 6:30 p.m., at Jewish Federation, 698 Beech St., Manchester, outdoor theater produced by Theatre Under the Stars. Shows are free but pay-what-you-can, a suggested donation of \$5. Visit shakespearereinthevalley.com.

• **THE LAST OF THE RED HOT LOVERS** produced by Peterborough Players at the

Peterborough Players Theatre, 55 Hadley Road, Peterborough, peterboroughplayers.org, 924-7585, July 90 through July 20. Tickets \$37. Call for times.

• **PROJECT ZERO: A NIGHT OF ORIGINAL ONE-ACTS** debut show for new NH theater group, Cue Zero Theatre Company, Thurs., July 10, at 7 p.m.; Fri., July 11, at 7 p.m.; and Sat., July 12, at 2 and 7 p.m., at Adams Memorial Opera House, 29 W. Broadway, Derry. Tickets \$15, two for \$20.

• **HAIRSPRAY** by RB Productions at the Capitol Center for the Arts, 44 S. Main St., Concord, Fri., July 11, at 7 p.m., and Sat., July 12, at 2 and 7 p.m. Tickets \$15. Visit ccanh.com, call 225-1111.

• **BEYOND LITTLE WOMEN: LOUISA MAY ALCOTT** researched portrayal of writer, suffragist and abolitionist Louisa May Alcott by Marianne Donnelly Fri., July 11, at 7 p.m., at Deering Town Hall, 762 Deering Center Road, Deering. Tickets \$10, proceeds go to Greater Hillsborough Senior Services "Bus for Us."

• **SNOW WHITE** full-length ballet produced by Northeastern Ballet Theatre Sat., July 12, at 7 p.m., at Kingswood Arts Center, 396 S. Main St., Wolfeboro, 569-2055. Visit northeasternballet.org, call 834-8834 for ticket information.

• **SOMETHING WONDERFUL I MISSED** at the Derry Opera House, 29 W. Broadway, Derry. Featuring lesser-known selections from the 1964 musical theater season. *The Musicals of 1984* on Sun., July 13, at 4 p.m. Admission pay-what-you-can. Visit notyourmomsmusical-theater.com.

• **GUYS AND DOLLS** July 11 through July 27 at Leddy Center, 38C Ladd's Lane, Epping. Shows Fridays and Saturdays at 7:30 p.m., Sundays and two Wednesdays at 2 p.m. Tickets \$18. Visit leddycenter.org, call 679-2781.

• **LEGALLY BLONDE JR.** by the Nashua Teen Actorsingers at Court St., Theatre, 14 Court St.,

Nashua, Fri., July 18, at 8 p.m.; Sat., July 19, at 2 and 8 p.m.; and Sun., July 20, at 2 p.m. Tickets \$12-\$15. Visit actorsingers.org.

Classical

• **EMILY JAWORSKI** solo recital with accompanist Justin McCarthy Thurs., July 3, at 7 p.m., at Unitarian Universalist Church of Concord, 274 Pleasant St., Concord. Admission by donation.

• **TRANSISTORS BAND CONCERT** Sun., July 6, 2-4 p.m., at Stark Park, 89 Park Ave., Manchester, part of Friends of Stark Park Summer Music series, friendsofstarkpark.org.

• **THE CRANKS** perform at Greeley Park Mon., July 7, at 7 p.m. Free admission. Visit gonashua.com.

• **EXETER PUBLIC LIBRARY MUSIC SERIES**, 4 Chestnut St., Exeter, 772-3101, exeterpljal@gmail.com, at the Bruce Sloan Reading area on Tuesdays at 3 p.m. Sarah Jane Nelson performs July 8; Gail Adams Trio with Judy Ringer and Peter perform favorite love songs from the '30s to present day on July 22. Free.

• **WINDHAM TOWN BAND** performs at Greeley Park Bandshell, 100 Concord St., Nashua, Tues., July 8, at 7 p.m. Free admission. Visit gonashua.com.

• **BACH'S LUNCH CONCERTS** at the Nashua Public Library, 2 Court St., Nashua. Each performance lasts an hour, free, open to public, not appropriate for children younger than 5. Call 589-4610, visit nashualibrary.org. Music from the Middle East, North India, North Africa and Mediterranean Wed., July 9, at noon; Symphony NH Chamber Players Octet performs Wed., July 16, at noon.

• **TD BANK FREE SUMMER CONCERT SERIES** every Thursday July 10 through Aug. 7, 7-9:30 p.m., at Veterans Park, Manchester. Free, family-friendly. Adam Hebert: The Sinatra Tribute is July 10; Manchuka, 10-piece band is July 17; Army Rock Band returns July 24. Visit intownmanchester.com.

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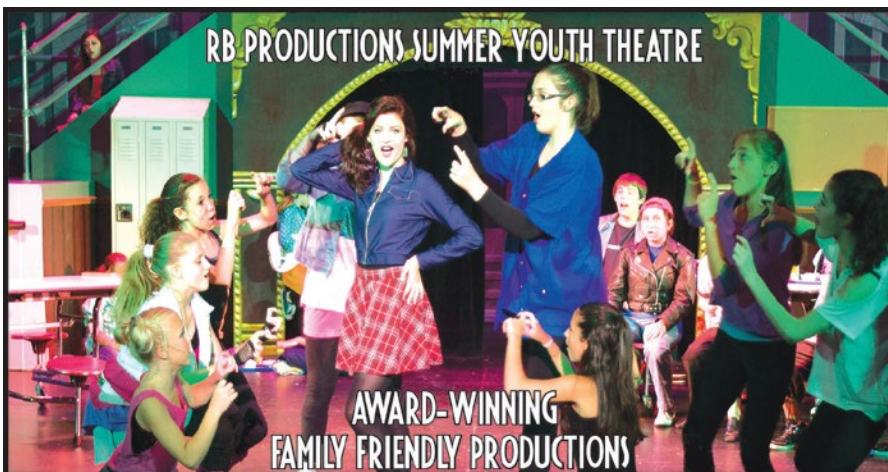
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Get your program listed
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least three weeks before
the event.

INSIDE/OUTSIDE

Nation celebration

Something for everyone this Fourth of July

By Austin Sorette
asorette@hippopress.com

Here are some of the events that are happening all around the state this Fourth of July weekend, with everything from a beer-sponsored beach day to decorated children's bike parades. Most events are happening on the Fourth, but there are activities in the days before and after as well.

Amherst

Check out the festivities at **Souhegan High School** (412 Boston Post Road, Amherst), happening on Thursday, July 3, and Friday, July 4. Events on Friday evening will include fireworks, hot air balloon rides, face painting, music by the Dustin Newhouse Band and more. Rally into the morning with a parade marching through downtown featuring floats, antique cars, clowns, Revolutionary and Civil War reenactor regiments and more.

The event will also include the **Children's Bicycle Parade** on Main Street in Amherst. Children can decorate their bicycles for a chance to win cash prizes. There will be five categories, four based on age group, and judging will focus on originality, creativity and effort on the part of the child. The parade starts at 10 a.m. and judging will take place at 9:45 a.m.

Concord

Why depart from a long-standing tradition? Come to **Memorial Field** (70 S. Fruit St., Concord) at dusk on Friday, July 4, to watch the fireworks with the whole family. The Nevers band will be playing as people come in and find a good viewing spot.

Hopkinton

Spend the afternoon with the kids at the **Family Fun Day** at Houston Park on Friday, July 4. Show your competitive spirit in the pie-eating contest or a hula hoop contest, or kick back and enjoy live music over a hot dog and an ice cream sundae.

While you're there, check out the **parade**, which will begin at Public Works Road in Contoocook and run



Residents of Merrimack celebrate the holiday with chalk art at last year's Fourth of July festival. Courtesy photo.

down a new route along Maple Street over to the park. The parade will start at noon, and those wanting to march will have to line up at 11:30 a.m.

Want to do something sweet this weekend? Taste your baking skills at the **Tooky Cookie Bake-Off** on Friday, July 4, from 12:30 p.m. to 3 p.m. Anyone interested in showing off their treats can find an entry form on the town website. Tastings and judging will happen during the towns family fun day event..

Laconia

Have a drink in honor of a true patriot this holiday. The Naswa Resort (1086 Weirs Blvd., Laconia, 366-4341) is hosting a **Freedom Celebration** sponsored by Sam Adams Brewery all day on Friday, July 4. Soak up some sun on the beach and join the Resort for giveaways from Boston Brewing Co., as well as other games and contests. Stay for the evening and catch live music and the Weirs Beach fireworks from the docks.

Those with sea legs can enjoy the fireworks aboard the Mount Washington with its **party cruise** on Lake Winnepesaukee, starting at the Weirs Beach docks (Lakeside Ave., Laconia), on Friday, July 4. Hop aboard for a buffet-style dinner and dancing to the music of Annie and the Orphans, while the boat sails around the lake looking

for fireworks. The cruise departs at 7 p.m. and returns at 10 p.m. Tickets cost \$53.

Manchester

It's back for another year — don't miss the **Independence Day Celebration** at Arms Park in downtown Manchester on Thursday, July 3. Bring the whole family down to see the 39th Army Band and stay for the variety of food and drink vendors, beginning around 7:30 p.m. The fireworks will begin at dusk. For more information, call 624-6444.

Celebrate Independence Day with America's pastime. The **NH Fisher Cats** will be hosting the Trenton Thunder at Northeast Delta Dental Stadium (1 Line Drive, Manchester, 641-2005, nhfishercats.com), on Friday, July 4. The game kicks off at 7:05 p.m. — and make sure you stick around after the game for the Fourth of July Atlas Fireworks.

Looking for something more adult-oriented? Stop by the annual **Potluck and Fireworks Dance Party** at the Queen City Ballroom Studio (21 Dow St., 2nd floor, Manchester, 622-1500, karen@queencityballroomnh.com) and dance to a mix of recorded ballroom, Latin and swing music. From 7 p.m. until a half hour after the end of the fireworks display, the studio

will be open to allow singles and couples of all skill levels to come and move their feet. Tickets are \$10 per person at the door.

Merrimack

Start off the country's birthday with a family-friendly fest at the Rotary Club of Merrimack's **Annual Pancake Breakfast** at Merrimack High School (38 McElwain St., Merrimack), on Friday, July 4, from 8 to 11 a.m. All the crucial breakfast foods will be served, like eggs, sausages, juice and hot coffee. Tickets are \$8 for adults, \$5 for seniors, \$4 for children under 12 and free for children under 4.

Work off the breakfast feast at the annual **Sparkler 5k Race/Walk** at the Merrimack YMCA (6 Henry Clay Drive, Merrimack). The race starts at 8 a.m. Profits benefit the Merrimack High and Middle School Track and Cross-Country programs. Register onsite on Thursday, July 3, between 4 and 7 p.m. or Friday, July 4, between 6 and 7:15 a.m. For more information, visit merrimackrrbc.org/sparkler-5k.

Cool off at the **annual 4th of July Parade** starting at Tractor Supply Company Parking lot (515 Daniel Webster Hwy., Merrimack) on Friday, July 4, at 1 p.m. Children of all ages can decorate their bikes, wagons and strollers and participate in the parade. Bands, militia units, clowns and members of local businesses will all be marching down the street.

There will also be plenty of activities throughout the afternoon the **Merrimack Rotary Family Day** at Masticola Middle School (7 School, St., Merrimack), on Friday, July 4, from noon to 8 p.m. Enjoy a wide variety of vendors, chalk art, live music and a Merrimack Police dunk tank. Cap off the night at the high school for the fireworks display. Visit merrimack4th.com.

Salem

Canobie Lake Park (85 N. Policy St., Salem) is putting on its own fireworks display each night from Thursday, July 3, through Saturday, July 5, starting at 9:30 p.m., weather permitting. 🌈

KIDDIE — POOL —

Family fun for the weekend

Camps time

Head to the McLane Audubon Center (84 Silk Farm Road, Concord, 224-9909) to explore the processes of the natural world in the **Native and Natural Ways** summer program from Monday, July 7, through Friday, July 11, starting at 9 a.m. each day. Explore how the Native Americans tried to explain natural occurrences such as seasonal change and decomposition through storytelling and games. There will be a chance for kids to make art out of natural materials. There are camps for ages 4-5, 6-9 and 10-12. Visit nhaudubon.org for prices.

Examine art from cultures all over the world at the **summer arts camp** offered at Kimball Jenkins School of Art (266 N. Main St., Concord, 225-3932, kimballjenkins.com), from Monday, July 7, through Friday, July 11, from 9 a.m. to 3 p.m. Campers will delve into projects making clay African masks, Scottish crest badges, oil pastels, Indian shrines and more. The instructors will discuss the history behind the featured cultures and explore the major themes in cultural art. There will be camps for three separate age groups. The cost is \$255, and after-care will be available for a fee.

Create your own craft garden with **Camp Fired** hosted by You're Fired (25 S. River Road, Bedford, 641-3473, yourefirednh.com), Monday, July 7, through Friday, July 11, from 8:30 to 11 a.m. The theme of this week's camp is "The Garden Club." Campers will have an opportunity to paint five pieces from flower pots to petal bowls and end the week, everyone will help decorate a mosaic item. The campers will also receive a free You're Fired Camp t-shirt at the end. The cost is \$95.

Make a splash

Learn the doggie paddle, frog kick, and all the other animal strokes when you take **swim lessons** with the Merrimack Parks and Recreation Department (116 Naticook Road, Merrimack, 882-1046, merrimacknh.gov) starting Monday, July 7. There will be American Red Cross-certified water safety instructors who will help kids learn the basics of swimming at Naticook Lake at Wasserman Park. There will be a class for ages 3 and 4, and a class for ages 5 and up, Monday through Thursday. The class is a two-week session and costs \$45. Registration is open until the start of the camp.

Master martial arts

Start your weekend in "the way of harmony" with the **Granite State Aikido**



Club at the Manchester Police Athletic League (409 Beech St., Manchester gsaikido.com) on Saturdays from 10 a.m. to noon. Join Sensei Michel Hoven or Senpai Alex Metzger for a mixed levels class where you learn the basics of the Aikido style. Beginners are encouraged to come, and the first class is free.

All natural

Look at the night sky like you've never seen it before. The McAuliffe-Shepard Discovery Center (2 Institute Drive, Concord, 271-7827, starhop.com) will present its **Tonight's Sky** planetarium show on Saturday, July 5, at 2 p.m. Explore the stars and the planets with an up-close view that will make you feel like you've been there. Since the current night sky is always changing, you'll never see the same show twice. Recommend for ages 6 and up. Tickets cost \$5 in addition to general admission to the Discovery Center.

Master the art of catching dragonflies in a **dragonfly workshop** hosted by the Massachusetts Audubon Center (26 Audubon Way, Auburn, 668-2045, nhaudubon.org) on Saturday, July 5, from 10 a.m. to noon. Watch a slideshow identifying the different species of dragonflies, then go out to the pond and learn tricks for catching and handling, using the appropriate equipment, and catch some dragonfly nymphs. The program costs \$10 per person or \$25 per family.

Get up and go for a hike on the first Sunday **guided hike** hosted by the Family Nature Club at Beaver Brook Nature Center (117 Ridge Road, Hollis, 465-7787, beaverbrook.org) on Sunday, July 6, from 9 to 10:30 a.m. The event is a hunt to find features from the Nature Center's book *50 Things to See at Beaver Brook*. The hike will start at the Wildlife Pond parking lot and will go for no more than three miles. The event is free, and families are encouraged to come.

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IN/OUT TREASURE HUNT

Dear Donna,

I am reaching out to your guidance on determining the value of a Basic Witz bedroom set from the 1950s. It belonged to my parents and is one they had from the time they were married. They have both passed on, and, unfortunately, I don't have any way to set it up and use in my home. It's a beautiful set; its lines are plain but elegant. It's in good to very good condition. I've looked online but haven't been able to find any sets similar to it. It is currently in storage, and I would like to sell the set, find it a good home. I've enclosed some pictures and appreciate any advice you can offer. Thank you.

Susan

Dear Susan,

Your set looks sweet. But around here it might be a tough sell. Some things are regional and do so much better elsewhere.

Even though the Basic Witz Co. has been around for many years, its most popular styles are the ones from the 1950s and 1960s. As with anything else, rarity, style, condition and demand set the prices.

The value on your set would be different here than if you were in N.Y.C., but I think modern age furniture is creeping up this way now, so you could find a collector — it just will be harder. Pricing is again tough because even though it is a great modern furniture company, some styles just aren't



as popular so you don't want to outprice yourself to sell it.

My recommendation for pricing is in the range of \$250 — not to say you couldn't get more, but then, if not, you still have the set. Some of the pieces from the same age bring in four digits, but the Danish style dictates that.

Donna Welch has spent more than 20 years in the antiques and collectibles field and owns From Out Of The Woods Antique Center in Goffstown (fromoutofthewoods-antiques.com). She is an antiques appraiser and instructor. To find out about your antique or collectible, send a clear photo of the object and information about it to Donna Welch, From Out Of The Woods Antique Center, 465 Mast Road, Goffstown, N.H., 03045. Or email her at footwdw@aol.com or drop by the shop (call first, 624-8668).



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Children & Teens

Events

- **MERRIMACK ROTARY FAMILY FUN DAY** on Fri., July 4, from noon to 8 p.m. at the Upper Elementary School (O'Gara Drive, Merrimack, merrimack4th.com). There will be vendors, chalk art, live demonstrations and entertainment, crafts, a Merrimack police dunk tank and more.
- **4TH ANNUAL FAIRY LAND FESTIVAL** with Wolfeboro Area Children's Center at Cate Park (Wolfeboro, 569-1027) on Sat., July 5, from 10 a.m. to 2 p.m. A tour of 30 fairy houses will be given. Kids can build their own fairy house. Admission is suggested donation of \$5.
- **COOKING CAMP** at the new Heights Community Center (14 Canterbury Road, Concord, 225-8690, concordnh.gov/recreation), from Mon., July 7, through Fri., July 11, from 8 a.m. to noon. Campers will learn tips on eating healthy and preparing daily meals with fresh, local ingredients.
- **NATURE PLAY IS A-OK** at Beaver Brook Nature Center (117 Ridge Rd., Hollis, 465-7787, beaverbrook.org), Mon., July 7 through Fri., July 11, from 9 a.m. to 1 p.m. Discover the habitats of a variety of species from the dirt to the streams

to the trees. The cost is \$200.

- **BUBBLEGUM POP FOR SWEET KIDS WITH JUDY PANCOAST** at UNH Manchester (400 Commercial St., Manchester, 641-4150, manchester.unh.edu) on Tues., July 8, at 10 a.m. Grammy winner performs for children of all ages in this free event.
- **COOKING CLUB** at Derry Public Library (64 E. Broadway, Derry, 432-6140, derrypl.org), on Tues., July 8, from 3:30 to 4:30 p.m. Teens can experiment with sweet treats such as homemade caramels, glowing jello, rock candy, and instant sorbet. Registration is required. The event is free and open to the public.
- **SCRIBES** at Derry Public Library (64 E. Broadway, Derry, 432-6140, derrypl.org), on Wed., July 9, from 6:30 to 8 p.m. Teens who love to read, write, and learn about story-telling are encouraged to join the club. Free and open to the public.
- **GARAGE BAND: MAKING MUSIC FROM TRASH** at UNH Manchester (400 Commercial St., Manchester, 641-4150, manchester.unh.edu) on Thurs., July 10, at 10 a.m. Learn how to turn ordinary household items into musical instruments. Free and open to the public.
- **FAIRY AND ELF HOUSE**

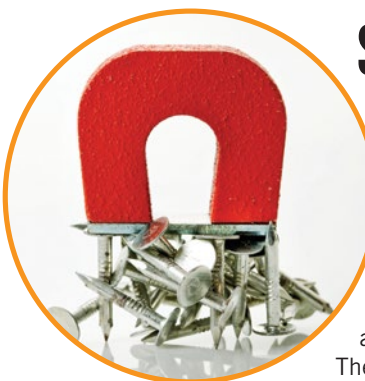
BUILDING DAY at the Children's Museum of NH (6 Washington St., Dover, 742-2002, childrens-museum.org) on Fri., July 11, from 11 a.m. to 3 p.m. Admission is \$9 per person, activity and materials included. No registration necessary.

• **FORENSIC SCIENCE PROGRAM** at Concord Public Library (45 Green St., Concord, 225-8670, onconcord.com/library) on Fri., July 11, at 1 p.m. Concord Police Officer Ryan Howe will host this presentation to kids of all ages. The event is free and open to the public.

Crafts

Fairs/exhibits

- **STONE CANVAS** exhibit will be featured at the League of NH Craftsmen Meredith Fine Craft Gallery (279 Daniel Webster Hwy, Meredith, 279-7920, nhcrafts.org) throughout July. Michael Updike will feature his slates with various carvings, paints and designs for sale. The exhibit is free.
- **CIRCLES, SQUARES & TRIANGLES: THE SHAPE OF THINGS TO COME** at The Gallery at the Craft Center (49 S. Main St., Suite 100, Concord, 224-3375, nhcrafts.org), Mon., July 7 through Fri., Sept. 26.
- 63 New Hampshire craftsman showcase handcrafted jewelry,



SCIENCE, I SENSE

Explore the fun behind nanoscale science, technology and engineering at the Experience Nano exhibit at the SEE Science Center (200 Bedford St., Manchester, 669-0400, sciencecenter.org) on Wednesday, July 9, at 10:30 a.m. Learn about how magnets dictate behavior in certain materials, use foam construction pieces to make a carbon nanotube, and enjoy a variety of other hands-on activities. The grand opening will feature nano give-a-ways and snacks will be available after the ceremony. The event is included with the cost of admission.

wood, fiber, clay, photography, metal, glass, calligraphy, prints and mixed media. Most items are available for purchase. Visit the website for gallery hours.

• **SUMMER CRAFT FAIR** with The General Federation of Women's Clubs of New Hampshire on July 12, from 10 a.m. to 3 p.m. at the Main Street School (40 Main St., Exeter, gfwcnhcraftfair@gmail.com, gfwcnh.org). Email if you wish to sell crafts at the fair.

• **CRAFT FAIR AT THE BAY** at the Community House (24 Mt. Major Highway, Alton Bay, castleberryfairs.com) on Sat., July 12, and Sun., July 13, from 10 a.m. to 5 p.m. Admission is free.

• **MONADNOCK CRAFTERS GUILD CRAFT MADNESS** on Sat., July 12, from 9 a.m. to 2 p.m. at the Peterborough Community Center (25 Elm St., Peterborough, monadnockcraftersguild.org). Admission is free.

• **FROLIC WITH FIBER** at Meredith Fine Craft Gallery (279 Daniel Webster Hwy., Meredith, 279-7920 nhcrafts.org) on Sat., July 12, from 10 a.m. to 2 p.m. Make wet felted flowers incorporating silk and silk hankies to use as decoration for hats, bags or necklaces. \$55 per student with materials included. Pre-registration is required.

Miscellaneous

Bake/yard sales/

fundraisers/auctions

• **FAMILY YARD SALE** on Sat., July 19, from 8 a.m. to 2 p.m. at the United Methodist Church (154 Main St., Nashua, 882-3361, mainstreet.umc.org). Families can check out furniture, electronics, household items, baked goods and more. Admission is free.

Car & motorcycle rides/ races/cruises/shows

• **MOTOR MANIA** on Sat., July 12, from 10 a.m. to 2 p.m. at the Telegraph offices (594-6535, Hudson). There will be a showcase of classic cars and motorcycles after they parade

through downtown Nashua. There will be food, shopping and games.

Travel & culture

• **RED SOX GAMES TRIPS** with Nashua Parks and Rec (100 Concord St., Nashua, 594-3465, gonashua.com) on Sun., July 20, tickets \$125, and on Sun., Aug 23, tickets \$80. Buses depart from Greeley Park at 10 a.m.

Wedding

• **BRIDAL EXPO** on Wed., July 16, from 6 to 9 p.m. at the Radisson Hotel (11 Tara Blvd., Nashua, newenglandbridalexpo.com). Admission is \$5.

Nature

Animals/insects

• **SAVE THE BEES** with Charles Andros, on Sat., July 19, from 1 to 3:30 p.m. at his home (18 MacLearn Road, Alstead, 756-9056, lindenap@gmail.com). Topics will include extracting honey, treatment of mites and making propolis tincture. Registration is required.

• **RIVER HERRING RESTORATION** at Amoskeag Fishways (4 Fletcher St., Manchester, 626-3474, amoskeag-fishways.org) on Tues., July 29, from 7 to 8 p.m. Discuss the current plan to restore the species and listen to a presentation about past attempts to restore river herring since the construction of the dam.

Gardening/farming

• **SKIN CARE FROM THE GARDEN: HERB-INFUSED OILS, SALVES, CREAMS & PERFUMES** on Sat., July 12, from 10 a.m. to 4 p.m. at Wintergreen Botanicals (Deerfield Road, Allentown, 340-5161, wintergreenbotanicals.com). Learn how to heal with herbs. Cost is \$75.

Hiking, hikes & walks

• **STORYWALK OPENING** at Squam Lakes Natural Science Center (23 Science Center Rd., Holderness, 968-7194, nhnature.org), on Thurs., July 3, from 10 to 11:30 a.m. The

opening celebration will include an appearance by author Amy MacDonald to sign copies of her book *Little Beaver and the Echo*. The event is free and open to the public.

• **NATURE JOURNALING** at Beaver Brook Nature Center (117 Ridge Road, Hollis, beaverbrook.org, 465-7787), the third Sunday of each month from 10:30 a.m. to noon. Bring backpack and smooth paper journal and wear sturdy walking shoes; dress for the weather. Classes cost \$15 per class.

• **NATURE WALKS** Join NH Audubon's Nashaway Chapter for morning adventure walks at Ponemah Bog in Amherst. Bring binoculars and bug spray, and wear shoes you don't mind getting wet. Free and open to the public. The entrance to the bog is on Rhodora Drive, off Stearns Road, which runs between Boston Post Road and Route 122, just north of Route 101A in Amherst. Contact Jack Gleason at 673-3177 or jgleason10@netzero.net. Visit nhaudubon.org/sanctuary_amhe.php.

• **SQUAM LAKES NATURAL SCIENCE CENTER** (23 Science Center Road, Holderness, 968-7194, nhnature.org). Trail hours are 9:30 a.m. to 4:30 p.m., and admission is \$15 for adults, \$12 for ages 65 and older, \$10 for ages 3 to 15 and free to ages 2 and younger.

Outdoors

• **5TH ANNUAL OPEN DAYS PROGRAM** hosted by the Garden Conservancy (Summer St., Goffstown, 1-888-842-2442, opendaysprogram.org) on Sat., July 12, and Sun., July 13, from 10 a.m. to 4 p.m. Visit the gardens of Sue and Dennis Hooper, Terri and Bob McKinnon and Robert Gillmore. Admission is \$5 per garden.

• **POOL CARE LITE** at Seasonal Specialty Stores (120 Route 101A, Amherst, 883-9535, ext. 242, seasonalstores.com) will be on Wed., July 16, from 7 to 8:30 p.m. This free class will teach pool owners about smaller splasher pools and

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Fore the kids

Beaver Meadow offers youth camps to reverse a trend

By Austin Sorette
asorette@hippopress.com

It seems the level of interest in golf for children and teens isn't what it used to be.

Over the past quarter of a century, golf clubs have seen caddies replaced by pull carts and course prices continuing to rise. Beaver Meadow Golf Course in Concord faced an even bigger challenge when the city assumed ownership of the course and, by law, the minimum age to work at the course became 18.

Ed Deshaies, a PGA professional and director of player development at Beaver Meadow, believes these factors are deterring young kids from spending time on the golf course.

"I read a stat in a golf magazine about two months ago where the demographic of golfers 17 to 30 has fallen off by 40 percent," he said. "That's the area where they're just getting out of high school, so now they're no longer junior members. So you go from paying \$300 a year ... to be a college player, it's like \$700. Then you don't have as much time because most players probably have summer jobs, then they have to pay for college. Things have changed tremendously."

To combat this dramatic change in the golf world, Deshaies and the rest of the staff have been hosting a series of youth-oriented programs over the summer at Beaver Meadow. Their goal is to encourage players to hit the links while they are young, which the PGA pro believes is important in this particular sport because of how easy it is for players to develop bad habits that only grow worse with age.

That, and the fact that kids' lessons are easier to teach than the adults' lessons anyway.

"Kids are easy because they can imitate. Some of the kids in the camp this week have never been on a course before. Now they can play nine holes twice, [and] they have decent



scores. They feel like golfers already, where adults," Deshaies said laughing, "sometimes will take six lessons and three months later, they'll sneak out at 7 in the morning when no one can see them 'cause they don't want to be embarrassed. But that's just the nature of golf."

During his childhood, Deshaies said, it was his experiences caddying and working on a variety of courses around New Hampshire that helped him learn the fundamentals and etiquette of the game. That has helped him be on the lookout for some of the more common challenges a young golfer has to face.

According to Deshaies, execution when swinging the club can go wrong with the slightest movement. To help combat poor form, as well as appeal to the younger, more tech-savvy generation, he uses an app on his iPad to record kids when they swing. The app allows Deshaies to identify problems in the three different swing positions: grip and posture, back-swing, and the finish, the latter of which is the hardest to teach.

"The impact is all that really matters, so we take it step by step," he said. "You go from putt to chip to pitch to drive. We pro-

gress at their rate, so when they start having success we move on. As your swing gets bigger, then we start using longer clubs."

Without the resources for youths to have on-field experience like caddying, Deshaies and the other instructors have put it on themselves to teach the etiquette during the camps. According to Deshaies, knowing to fix the divots and maintain the sand traps is just as essential to the game as learning proper grip or swing techniques.

"We try to bring [the etiquette] in, not just consideration of others, but consideration of the course," he said. "We use the 'rake, repair, replace' model. We teach them 'leave the course better than the way you found it.' That motto is going to be on my tombstone."

Matt Schmidt, the executive director of the New Hampshire Golf Association, agrees that learning etiquette is a must. One of the prerequisites for signing up for the Junior Golf Association tour, which Schmidt took over in 1998, is for golfers to take an etiquette quiz. Only players who pass the quiz are allowed to compete in the tournaments, so when tournament time comes and players are assigned to a foursome for a tee-time,

Beaver Meadow Youth Camps and Lessons

When: The next camp is from Tuesday, July 8, to Friday, July 11, from noon to 5 p.m.; youth golf lessons are available Tuesdays, Wednesdays, Thursdays and Saturdays. Call the pro-shop for available times.

Where: Beaver Meadow Golf Course, 1 Beaver Meadow Road, Concord

Cost: Golf camps are \$195; golf lessons are \$60 for a private session, \$150 for three lessons

Call: 228-8954

Visit: beavermeadowgolfcourse.com

they can treat other players with respect.

"It's important to realize that they are going to be spending 18 holes interacting with three other players, getting along with them, and it's important for them to know how to act," said Schmidt.

But just as important, said Schmidt, is stimulating youth interest in golf.

"We want it to be a fun experience, for golfers to really go out and enjoy themselves," said Schmidt. "It's important to interact with the people you're playing with, not so much with what you're struggling with."

Deshaies said the crucial factor separating golf from any other sport is the self-discipline that the kids have to develop. In other sports, it can sometimes be in your favor to do something that's against the rules. But in golf, being blacklisted as a cheater is a lot harder to shake.

"If you watch baseball or football, players can get away with a call, like they're safe when they're really out or they make a reception when it wasn't a catch," said Deshaies. "In golf, you only see players calling penalties on themselves. You learn a lot of life lessons about being a cheater. You're only cheating yourself." 🍌

blow-up pools. Register early.

- **GPS RENTALS** every Saturday and Sunday, from noon to 4 p.m., at Peabody Mill Environmental Center (Amherst). Cost is \$10.

- **LONDONDERRY TRAILWAYS** nonprofit organization staffed by volunteers working to make Londonderry more accessible to pedestrians and bicycles. The group improves and maintains trail systems throughout 9000+ acres of conservation land within the town of Londonderry. Visit londonderrytrails.org.

- **MANCHESTER CEDAR SWAMP** conservation area on Hackett Hill Road in Manches-

ter offers a 602-acre ecological preserve with established trails. Follow Hackett Hill Road to Countryside Boulevard and watch for the trailhead.

- **MCLANE CENTER** (84 Silk Farm Road, Concord, 224-9909, newhampshireaudubon.org) offers trails for hiking and searching out wildlife.

- **WHITE PARK POND** (Washington and White streets in Concord, onconcord.com/recre) offers a tree trail. See map online.

Boating/ocean

- **BOATING EDUCATION CLASSES** offered by the State

Police and Marine Patrol in Concord and Windham. Completion of one of these classes is required for a license to operate a motorboat over 25 horsepower. Cost is \$30. Call 267-7256 or visit boatingeducation.nh.gov for class locations and dates.

Health and Wellness Workshops, seminars & events

- **JOINT REPLACEMENT EDUCATION CLASS** at St. Joseph Hospital (172 Kinsley St., Nashua, 595-3168, stjosephhospital.com/classes) on Thurs., July 24 and Aug. 28, from 3:15 to 4:15 p.m. Learn

about procedures and their benefits.

- **NEW TO MEDICARE WORKSHOP** with Service-Link Resource Center of Rockingham County on Mon., July 7, from 1:30 to 4 p.m. at the Plaistow Public Library (85 Main St., Plaistow, 893-9769). Registration is required.

- **GREEN & CLEAN** The Concord City Council Chambers (37 Green St., Concord, 225-6840, concordfoodcoop.coop/classes) will hold a free class on how to avoid toxic cleaning products on Tues., July 8, from 6 to 7:30 p.m. Registration is required.

- **ADRENAL FATIGUE:**

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on Thurs., July 17, from 5:30 to 6:30 p.m. at the Concord Food Co-op (52 Newport Road, New Londond, 526-6650, concordfoodcoop.coop/newlondonclasses). Learn about the adrenal gland. Free. Registration is required.

- **NATURAL REMEDIES & GREEN LIVING WITH ESSENTIAL OILS** at Jeca Yoga (55 South Commercial St., Suite 204, Manchester, jecayoga.com/events), on Thurs., July 24, from 11:15 a.m. to 1:15 p.m. Learn about natural methods of air purification, first aid, neu-

tralizing odors, relaxation and more. A \$5 cash donation will go to Manchester Animal Shelter.

Exercise/Fitness

- **BEDFORD RECREATION DEPARTMENT** (24 N. Amherst Road, Bedford, 472-5242, bedfordrecreation.com) offers programs for adults and seniors including sports, arts, cooking, fitness classes, more.
- **CARDIO BOOTCAMP/RHT** Martial Arts (68 N. Stark Hwy., Weare, 529-5425, nhkick.com).
- **CONCORD PILATES** (2½ Beacon St., Concord, 856-7328, concordpilates.com) Increase

Planting flowers

It starts with good soil

By Henry Homeyer
listings@hippopress.com

I love flowers, all kinds of flowers. I probably spend more than I should on seeds, annual flowers in six-packs, 4-inch pots of trademarked annuals at \$5 a pop, perennials, and flowering trees and shrubs. I can get a “runner’s high” just by installing flowers in a new garden space. When I went outside on June 17 with a notebook and a camera, I had 57 species of flowers in bloom, and many more on the way.

Having nice flower beds is more than just buying flowers. Soil preparation and planting make the difference between “bodacious” and “barely bumbling by.” My grandfather was an organic gardener long before it was fashionable, and he taught me how to grow things well by example. He made compost and used it to nourish his soil — and his plants.

Soil can almost always be improved by adding compost. I buy it by the truckload because even the most dedicated gardener rarely has enough. Unless you quit your day job to work on your compost pile, you’ll need to buy compost. It’s rare that you can make enough from leftover kitchen scraps and garden waste. For small projects, bagged compost is fine, but most garden centers and many dairy farmers sell it by the pick-up truckload at a reasonable cost.

When preparing a new bed, I weed it and then add 2 to 6 inches of compost on top and mix it in everywhere. This also loosens the soil, getting it ready for plants that have fine root hairs that do the work of penetrating the soil to get moisture and minerals. Soil needs to be loosened to a depth of at least 8 inches, so a garden fork is a good tool to use.

Even if the soil is already dark and rich, I still add a shovel of compost to the planting hole. Perennials get some organic fertilizer, too — half a cup or so in an 18-inch diameter planting hole. Many annuals like lean soil (with little nitrogen, a key ingredient of fertilizers) — so I don’t generally give them any fertilizer. And I don’t fertilize trees and shrubs at planting time, as I don’t want them to put on much new growth their first year. And Mother Nature grows trees just fine without fertilizer, you know.

I like organic fertilizers because they provide lots of different minerals that are not present in chemical fertilizers, and they release their nutrients slowly. Pro-Gro is a good one made in Vermont, and Garden-Tone is another nice one. Be careful not to add too much chemical fertilizer if you go that route — it can burn root hairs.

If you’re planting something that has roots that are tangled up or circling the root ball, you will need to loosen them, either with your fingers, or with a hand tool. I like the



Loosening roots of a perennial. Photo by Henry Homeyer.

CobraHead weeder for it — it’s my steel finger. At this time of year, annuals that come in six-packs are notorious for roots that are all tangled up. I don’t worry about breaking a few roots in the process of teasing them apart — that will just stimulate them to grow. If you just plop a plant with tangled roots into the soil, the plant might never figure out how to get its roots out into the soil.

Be sure to read the planting guide on the tag from the nursery. Full sun is 6 hours of sun or more each day. Part shade means morning sun, but not hot afternoon sun, or sun filtered through a light canopy of leaves. You can grow full sun flowers in part sun, but they will not flower as much.

Grampy was frugal. He loved his garden, but he didn’t go to garden centers to buy plants. He started much from seed, and he divided and shared perennials with others, and I imagine he got plants from friends, too.

But if you get flowers from friends, be sure you are not getting the roots of noxious weeds with your gift plant. Study the roots carefully, and pull out anything that is not attached to your new perennial. If your friend’s garden has goutweed, don’t accept any plants, especially iris (which seems prone to bringing goutweed roots tangled in its own). Color is a good way to identify weed roots — they are often different than roots of a perennial flower.

My older sister, Ruth Anne, quoted Grampy as saying, “When you move a plant, dig up enough soil with it so that it will remember where it came from.” That’s good advice. Soil differs from location to location, and the microbes that favor a perennial at my house might not be present at yours — unless you introduce them.

Lastly, water! New plants need soil that is lightly moist. Check your plants daily, and create a moat of soil around the plants to catch your water, especially on hillsides. Be good to your flowers, and they will reward you handsomely.

Henry Homeyer is a gardening teacher, coach and public speaker. Reach him at henry.homeyer@comcast.net or P.O. Box 364, Cornish Flat, NH 03746. Please include a stamped envelope if sending a real letter. 📧

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Clutch system has only limited places where it can leak



Dear Tom and Ray:

Our grandson, Matthew, is now driving our old '92 Honda. It's a stick shift. Recently, it wouldn't go into gear, so we took it to our mechanic, and he replaced the clutch master and slave cylinders. That fixed it for a month, but a couple of days ago Matthew couldn't get it into gear again. I had it towed to the mechanic. It was low on fluid, so he bled the line and filled it up, and it works again. But he couldn't find a fluid leak. He said to drive it and at the first hint of the clutch and/or shifter feeling different, I should bring it back in. My question is: What can we do to detect where the fluid leak is? — Don

TOM: It was smart of your grandson to

get you to throw in the 25-year, 250,000-mile warranty, Don.

RAY: In terms of where the system can leak, there are a limited number of spots.

TOM: One is under the dashboard, where a rod runs from the clutch pedal into the back of the master cylinder. There's a little rubber boot there. If you peel away that boot and wipe your finger where the rod enters the cylinder, it should be dry as a bone.

RAY: If you feel any moisture at all there, the master cylinder is leaking. If your guy used a rebuilt master cylinder instead of a new one, that could happen.

TOM: At the other end of the system, bolted to the transmission housing, you'll see another rod coming out of the slave cylinder that applies pressure to the clutch fork. That also has a rubber boot where the rod goes into the slave cylinder. Same deal there: If you peel away the boot, you should see no evidence of liquid whatsoever.

RAY: Another source of leaking fluid would be the hydraulic lines. Maybe they weren't tightened completely, or maybe one of them got cross-threaded. And, in either case, you'd see evidence of that right at the couplings.

TOM: The final place you could lose fluid is at the bleeder.

RAY: There's a bleeder on the slave cylinder. If that was left open or is faulty, fluid could leak from there.

TOM: But that's it. It's a pretty simple, closed hydraulic system with only a few parts. If you don't find leaks at any of those points, you're not leaking fluid.

RAY: And in that case, I'd suspect that your mechanic made a mistake of some kind when he did the initial repair.

TOM: He could have bled the system incorrectly and left it low on fluid. Or he could have failed to tighten a line properly. And in that case, my guess is that he quietly (or accidentally) corrected the problem when you brought it back a month later, and everything is fine now.

RAY: Time will tell. But if that's what happened, you should have no further warranty claims on the clutch from Matthew.

Dear Tom and Ray:

I want to lease either a Mercedes-Benz S65, Bentley Flying Spur or Audi S8. I need a vehicle that can sit for three weeks and still start when I come back to it. I don't want to bother with a trickle charger. I'm hoping that one of these vehicles will tolerate three weeks of inactivity and then start reliably. — Steve

RAY: If you let most modern cars sit for

two or three weeks they won't start when you come back.

TOM: Aside from the clock and alarm systems, there's often a keyless-entry system that requires power, an emissions-monitoring system and, on some cars, even ventilation systems that perform functions when the car is off.

RAY: And after spending six figures on a car, it certainly is undignified to be standing around with the hood up, holding a set of jumper cables when you get back from your three-week glamping trip to Botswana.

TOM: So I think you want the Bentley, Steve. They've figured out that anyone who owns a Bentley probably has several cars. And they assume that the Bentley might not be driven every day. ... According to Bentley, the Flying Spur has two batteries: One is for all the car's electronics, and the other is dedicated to starting the car.

RAY: Plus, the car has its own built-in trickle charger. A trickle charger, as the name implies, keeps a trickle of current running to the battery to keep it fully charged. ... All you have to do is connect the cord to the outlet before you leave for Monte Carlo, and when you get back, your Bentley will start right up, no matter how long you were gone.

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• **DYNAMIC STRENGTH AND FITNESS** (115 Northeastern Blvd., Nashua, 882-2348, dynamicsc.com) offers trainers and coaching in strength.

• **FIERCE 4**, a fitness class, will run on Wednesdays, at 6 p.m. with the Bedford Parks and Recreation (24 N. Amherst Road, Bedford, Bedford, 472-5242, bedfordreonline.com).

• **FIT IT IN FITNESS** (4 Townsend West, Nashua, 589-9747, fitittraining.com) offers coaching for groups or individuals and nutrition information.

• **FITNESS HIKING WITH YOUR DOG** at Beaver Brook Association (117 Ridge Road, Hollis, 465-7787, beaverbrook.org) Wednesdays, 9 to 11 a.m. Dogs that are well socialized, up to date on the rabies vaccine and on a non-flexi lead are invited to take part in this hiking program with other dogs and owners. Cost is \$50.

• **FIT TO BE TONED** (200 Elm St., Manchester, 505-0048, fittobetoned.com) offers a boot camp class with kickboxing into a fitness routine including core training, squats, lunges and leg conditioning.

• **FUNCTIONAL GROUP EXERCISE CLASSES** held at SNHU Athletic Complex (2500 North River Road, Manchester) with Total Human Performance

(402-9196, thpnh.com) throughout March and April on Mondays, Wednesdays, and Fridays, at 5:55 a.m., 6:55 a.m. and 7:55 a.m. The proper exercise form is coached in fun, non-intimidating group classes for all abilities. Pricing runs \$99 a month with no contract.

• **GET FIT NH BOOT CAMP** has two studios (167 New Orchard Road, Epsom; 287 S. Main St., Concord, 344-2651, getfitnhbootcamp.com). Offers classes Mondays, Tuesdays, Thursdays and Fridays, including ladies-only classes. Sessions run for four consecutive weeks.

• **GENTLE NIA** The Holistic Self Care Center (12 Murphy Drive, Nashua, 883-1490, thehsccenter.com), Mondays, from 5:15 to 6 p.m. Nia is a sensory-based movement lifestyle that leads to health, wellness and fitness and draws from disciplines of the martial arts, dance arts and healing arts. It empowers people of all shapes and sizes by connecting the body, mind, emotions and spirit.

• **JAZZERCISE** at the Manchester Jazzercise Fitness Center (32 Hayward St., Manchester, 624-9122, jazzercise.com, manchjazz@gmail.com) features 47 classes per week, including Jazzercise, Lite, express, body sculpting and Junior Jazzercise. Classes are available for all ages and fitness levels.

• **JAZZERCISE** the Southern

NH Jazzercise (28 Lowell Road, Hudson, 880-0887, jazzercise.com), offers 33 weekly classes in Jazzercise and body sculpting.

• **THE MASALA BHANGRA WORKOUT** at Zev's Yoga Studio (16 Market Square, Portsmouth, Dover, Exeter, 938-6384, zevyoga.com) open to all ages and ability levels. Admission is \$15 for drop-ins or \$25 per month for unlimited classes.

• **NLP ELITE ATHLETE DEVELOPMENT PROGRAM** Next Level Performance (31 S. Commercial St., Manchester, 627-7500, nlpsspeed.com) Offers classes strength, speed, agility, flexibility and injury prevention for athletes ages 11 and older on Mon., Wed., Thurs. and Fri.

• **NLP FITNESS BOOTCAMP** Next Level Performance (31 S. Commercial St., Manchester, 627-7500, nlpfitcamp.com) offers specific fitness instruction, nutritional coaching and training for improved quality of life. Thirty classes a week.

• **OUTDOOR FITNESS BOOT CAMP** Fitness on Wheels at the Goddard School (12 Tsienneto Road, Derry, 234-9669, goddardschool.com). Email tricia@fitnessonwheels.com for session dates and times.

• **ON THE MOVE FITNESS & CONDITIONING** (Londonderry, 289-3088, onthemovefit.net) offers an Extreme Fitness Boot Camp, a Women's Fitness Boot

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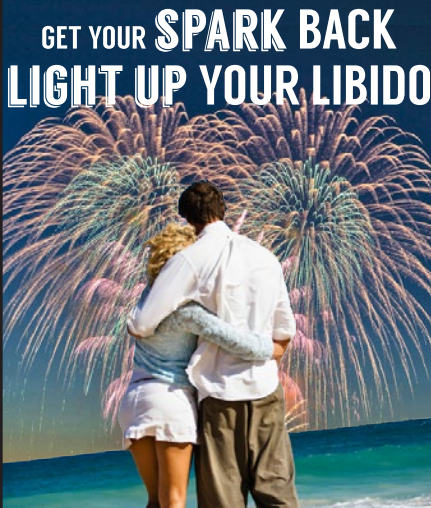
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IN/OUT: HEALTHY HIPPO

Understanding carbs

Are they good or bad?

By Joel Bergeron
listings@hippopress.com



Years ago, carbohydrates were turned into the culprit for weight gain by popular media. Almost everywhere we looked, products claiming fewer carbohydrates were made available to try and capture more of our business. There were even commercials on TV advertising beer as a great exercise recovery drink since it had low carb content. But despite some sensational claims, are carbs really that bad for us?

Carbohydrates are commonly labeled as sugar. However, it's important to understand there are two different categories: complex and simple. Complex carbohydrates take longer to digest and are found in foods such as whole grains, breads, pastas and cereals. Simple carbohydrates stem from things such as candy, soda, deserts, and even fruits and vegetables.

The Food and Drug Association recommends that 50 to 55 percent of the calories you consume come from carbohydrates. Of that recommendation, the majority should be complex, with 5 to 10 percent of that percentage being simple sugars. Complex carbs have more nutritional value, including things such as fiber, which slows the digestive process, gives a sense of fullness, curtails the desire to overeat and also significantly reduces the risk for diseases such as diverticulitis (intestinal inflammation).

Simple carbs just don't have many redeeming characteristics. They contribute to weight gain, along with a myriad of health problems such as diabetes, increased hunger, mental fatigue and high blood pressure. Eating low-quality foods such as cookies, soft drinks (including your morning iced coffee), and desserts should be kept to a bare minimum or avoided completely. These all contain refined sugars and offer little nutritional value.

Simple sugars cause a rapid spike in blood sugar and leave you feeling hungry again in as little as half an hour. If you keep eating these, you put on extra weight because of extra calories. Weight gain con-



tributes to declining health, even if you're exercising regularly.

If you are craving sugar, eat a piece of fruit. Naturally occurring sugars found in fruit contain a wealth of vitamins and minerals along with plenty of fiber, which is our friend. It's OK to have some simple sugars in your diet — as long as they are of the healthy variety.

Eating carbohydrates is part of a normal, balanced diet. Understanding the difference between bad and good carbs is as simple as knowing what are in the foods you eat. Aim to avoid simple sugars and focus on having healthy complex sugars in your meals. Including protein from things such as lean meats or lentils helps slow down the digestive process, leaving you full for a longer period of time, and helping you avoid future health problems. But don't be afraid of eating carbs. And remember this: your heart and brain function exclusively on carbohydrates — so eliminating them from your diet is a bad idea.

Do you have a question about health and fitness that you'd like answered in the Healthy Hippo? Email Joel Bergeron at info@nlpstrength.com. Joel is a former NCAA DI and professional sports coach and holds a master's degree in sports science. Be sure to check with your doctor before changing your eating habits or embarking on a new exercise program.

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News from the local food scene

By Emelia Attridge
food@hippopress.com

FOOD

Fire up the grill

Tips for your backyard barbecue

By Emelia Attridge
food@hippopress.com

• **Rallying in Manchester:** Seven Manchester restaurants helped raise funds for Big Brothers Big Sisters of Greater Manchester last week on Thursday, June 26, and Friday, June 27. The 2014 Restaurant Rally included Milly's Tavern, British Beer Company, Ignite/Hooked, N'awlins Grille, XO on Elm and Ben & Jerry's. Restaurants featured a \$5 suggested cover charge with additional incentives like raffles, beads at N'awlins, and gift cards to help raise money. Funds raised through the Rally are used to match youth with lifelong mentors by the end of the summer. See bbbsmanchester.org.

• **Greens are good for you, and for others too:** During a May silent auction for the Friends Program, Sarah Moeckel and Cheryl Coletti both bid and won the opportunity make their own salad at Live Juice (5 S. Main St., Concord, 226-3024, livejuice-nh.com). Both salad creations are now on the menu at Live Juice for the summer. The Road to Hana (won by Moeckel) contains romaine lettuce, bacon, pineapple, cucumber and coconut with a pineapple vinaigrette, and the Summer Goddess (won by Coletti) is made with mixed greens, Maine shrimp, carrots, coconut, and almonds with a cilantro lime vinaigrette. Fifty-cents from each salad sold will benefit the Friends Program.

• **Ralphie's takes a break:** Ralphie's Cafe Italiano (386 S. Broadway, Salem, 893-3777) closed last weekend, but not forever. The restaurant's Cumberland Farms neighbor is starting its construction on a new gas station and market. Owners of Ralphie's plan to open a new location at 91 S. Broadway in Salem this coming winter.

• **Books and brews:** Authors Brian Aldrich and Michael Meredith will be visiting three local bookstores this summer with their book *New Hampshire Beer: Brewing from Sea to Summit*, which was published last month. The book chronicles the Granite State's history of beer, from 19th century Portsmouth brewers to the craft breweries around the corner today. Aldrich and Meredith will be at Water Street Books (125 Water St., Exeter) on Tuesday, July 8, at 7 p.m.; Toadstool Bookshop (222 West St., Suite 38, Keene) on Friday, July 18, at 7 p.m.; and at Gibson's Bookstore (45 S. Main St., Concord) on Thursday, Aug. 21, at 7 p.m.

• **And more beer:** Get ready for more summer beer festivals. The Seacoast Red, White and Brew Festival is on Saturday, July 5, at the Portsmouth Sheraton, 41

When you break out those burgers and brats for your grill, don't be afraid to try something new, too. Bored barbecuers often come to Craig Muccini, manager at The Flying Butcher in Amherst, for fresh ideas.

"Always, people are asking for ideas," Muccini said. "They get tired of the same hamburgers, hot dogs, sirloins, rib-eyes."

Muccini and Charlie Cicero, executive chef of Buckley's Great Steaks in Merrimack and co-founder of competitive barbecue team Mighty Swine BBQ, share some tips for your backyard cookout.

Pass the veggies

Meat and grilling go hand in hand, but don't forget to add grilled vegetables to the menu. Cicero recommends grilling up your garden for a flavorful cookout.

"I love grilled vegetables. It makes such a great flavor on your grill," Cicero said. "I don't think enough people grill their vegetables."

Tomatoes and peppers are a great start, but Cicero recommends asparagus and onions, too. He prefers to cut his onions thick, along with zucchini and summer squash cut lengthwise into thick strips. For more flavor, he'll add olive oil to his veggies before grilling them, as well as salt, pepper and a little garlic. Meatier veggies like portobello mushrooms and eggplant also go great on the grill, Cicero said.

Mighty meats

Gourmet burgers are trendy in the restaurant world, but backyard grillers are getting creative, too.

"Some people put ground bacon in [the patty], some people get some cheese involved," Muccini said.

If ground bacon sounds like too much of a heart attack, Muccini recommends incorporating diced peppers and onions into the patty.

"A lot of our customers put together topping bars ... [to] let people make their burger their own."

And those aren't just topping bars with slices of American cheese and pickles — Muccini said people are offering toppings like chutneys, heirloom tomatoes and portobello mushrooms.

"Don't be afraid to put a nice manchego on the burger," Muccini said. "Some of those nice cheeses you enjoy with wine are wonderful on top of the burger."

Barbecue chicken is another summer cookout classic, and it's easy to grill, too.



Grilled tuna

From Chef Charlie Cicero, executive chef of Buckley's Great Steaks in Merrimack and co-founder of competitive barbecue team Mighty Swine BBQ with Chef Alan Lantz.

4 6-ounce tuna loin
¼ teaspoon olive oil
1 tablespoon crushed garlic
1 tablespoon chopped fresh thyme

½ tablespoon chopped rosemary
1 tablespoon red wine vinegar

Place olive oil, crushed garlic, chopped fresh thyme, chopped rosemary and red wine vinegar into a Ziploc bag with tuna. Marinate for up to three hours. Remove, and wipe off excess marinade. Season with salt and pepper. Grill over a medium, direct heat. Cook until rare.

For flavor, Cicero recommends skipping the breasts and grilling the legs and thighs instead.

"Those are the best for the grill; they have some fat to them, they have some flavor," he said "I would just rub them, put them on the grill, and put them in indirect heat."

Another tip: don't pre-marinate the chicken in a sauce (that will cause the chicken to char and burn). Instead, brush on your sauce during the last 10 minutes it's on the grill.

"I usually start with a rub and I finish with a sauce," Muccini said. "Typically that way you can get the flavor from the rub and the sauce."

For a more adventurous griller, try ribs or pulled pork. You don't need a smoker or other fancy barbecue equipment. Brisket would be difficult, Cicero said, but ribs aren't impossible.

"The ribs, if you do them on a grill, it just takes more time and more practice," he said. "You have to build a small fire and keep it to one side of your grill. The whole idea of barbecue is to cook it slow."

If you really want to impress the neighbors, grill fish as an alternative to steak. Cicero said that he likes to prepare fish with a rub, Mediterranean spices or a pan sauce using garlic, oil and sherry vinegar.

"If you're just starting out and never cooked fish before, I'd say [make] something like a swordfish, scallops, even tuna — like a big steak fish. Something that can handle the heat, the smoke and the flavors," Cicero said.

Is it ready?

Muccini said one of the biggest mistakes grillers make (particularly with chicken) is that they're overcooking the meat.

"Most home cooks don't use a temperature gauge," he said.

As a competitive barbecuer, Cicero said that he and Mighty Swine BBQ co-founder Alan Lantz (who also happens to be the executive chef of Surf in Nashua) learned a few tricks along the way.

"We went into it blind; we had no idea what we were doing," Cicero said. "You learn how to cook meats to the proper temperature. ... Certain things like brisket you want to cook to 200 degrees. At that point, that's when everything breaks down and it starts to get tender and it's just perfect."

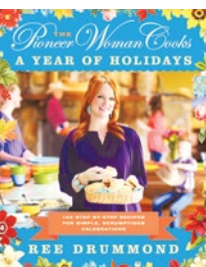
Cicero recommends even backyard grillers use a thermometer "for optimal flavor," he said. "Believe it or not, you want the chicken thighs and legs to get to 180 degrees, and that's when they start to break down." 🍖

Kitchen page-turners

Cookbook recommendations for your summer

By Emelia Attridge
food@hippopress.com

While you might enjoy lying on the beach with one of the summer reading recommendations in this week's Hippo cover story, there are page turners meant just for your kitchen too. Librarian Tim Sheehan of Chester Public Library and Library Assistant Jessica Sheehan of Goffstown Public Library offered up their cookbook recommendations for summer cooking. Both Tim and Jessica Sheehan (yes, they're married) also run cookbook book groups at their libraries.

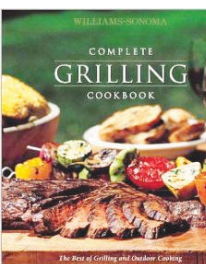


The Pioneer Woman Cooks: A Year of Holidays by Ree Drummond

"Drummond is a favorite of the Chester Public Library Cook & Share Group," Tim Sheehan said.

Drummond has a show on the Food Network, plus quite a few *The Pioneer Woman Cooks* cookbooks (so if you like this one, there's more to check out later). The cookbook is organized by holidays, with each chapter featuring a menu of holiday-inspired eats, plus lots of photos (including step-by-step visuals).

The Fourth of July chapter features recipes like Homemade Lemonade and Big Bad Burger Bar, with tips on making burgers (and how to serve them buffet style), plus Key Lime Pie.

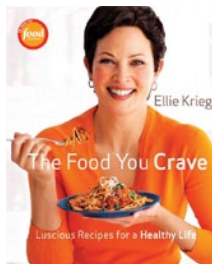


Williams-Sonoma Complete Grilling Cookbook by general editor Chuck Williams

Tim Sheehan recommends this cookbook for grilling inspiration. It features recipes originally published in the Williams-Sonoma Kitchen Library and Cookware series as well as original recipes designed just for this book.

"I think this is a good book for those who want to go beyond traditional grilling," Tim Sheehan said. "Fish lovers will enjoy the various recipes provided in this book. Meat lovers will not be disappointed with the huge amount of recipes. My goal this summer is to try the Hickory-Smoked Fresh Ham recipe."

The *Williams-Sonoma Complete Grilling Cookbook* also features classic complements to grilled main dishes, like Boston Baked Beans, Creamy Red Potato Salad with Celery Seeds and Three Berry Cobbler for dessert.



The Food You Crave: Luscious Recipes for a Healthy Life by Ellie Krieger

In summer, we want to eat light (whether it's because heavy sauces are a turn-off or you've got an itchy-bitsy-teenie-weenie yellow polka dot bikini to fit into). Jessica Sheehan recommends this cookbook for summer cooks who are looking to revamp their favorite dishes in a healthier way.

"*The Food You Crave* is an excellent selection for those looking to modify their eating," she said. "Ellie provides the healthier version to classic main dishes, snacks, desserts and more. Her Tofu Chocolate Mousse left our cookbook club doubting it was actually made with tofu. It was delish!"

Each recipe in the cookbook includes a nutritional breakdown as well as tips and techniques for eating well.



Cooking Light Fresh Food Fast Weeknight Meals by the Editors of Cooking Light Magazine

"The chapters on sandwiches and salads are ideal for hot and humid days when one does not want to stand over a grill or run an oven for very long," Tim Sheehan said. "Excellent for those who visit farmers markets on their way home from work."

While most of these cookbooks are great for some summer-inspired cooking, *Cooking Light Fresh Food Fast Weeknight Meals* meets the day-to-day summer cooking quick fixes. Nobody wants to cook in summer, but for the light and fast meals, this makes dinnertime a little easier and tastier.

"*Cooking Light Fresh Food Fast Weeknight Meals* is a great book for anyone who loves cooking with fresh ingredients but wants to make a meal quickly to enjoy the remainder of their evening enjoying the outdoors," Tim Sheehan said.



Get Cooking: 150 Simple Recipes to Help You Get Started in the Kitchen by Mollie Katzen

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kitchen, Jessica Sheehan recommends *Get Cooking* as a guide to picking up some new culinary skills.

Katzen is the author of bestselling *Moosewood Cookbook*, and *Get Cooking* is the first in a series geared toward beginner cooks. It includes foolproof recipes for dishes like burgers and homemade pasta that can be fun for summer.

“Mollie’s dishes are simple, delicious and filled with ingredients you already have at home,” Jessica Sheehan said. “Summer is perfect for the inexperienced cook. It lends itself to fresh, easy recipes for the kitchen or grill.”

Barefoot Contessa Foolproof: Recipes You Can Trust by Ina Garten

This cookbook features recipes like smoked

salmon, seared scallops and celery root puree, plus desserts, dinner recipes and more. Rather than specifically a summer cookbook page-turner, *Barefoot Contessa Foolproof* is a good cookbook for cooks who’d like to take some extra time this summer to hone their culinary skills.

“*Barefoot Contessa Foolproof* covers it all. From cocktails to desserts, Ina’s recipes are innovative and unique,” Jessica Sheehan said. “While I would recommend this book for a more experienced cook, there are some great beginner recipes included in this volume. Overall, it has become a favorite.”



Mediterranean cool down

Summertime dishes at Mediterraneo

By Emelia Attridge
food@hippopress.com

Now is the perfect time to go Mediterranean, says John Kalm, co-owner and chef of Mediterraneo in Hillsborough.

“[Mediterranean] is more like summer food, instead of heavy tomato or heavy cream,” John Kalm said. “You don’t want to eat that kind of food in the summer; you want cold.”

Cold appetizers are particularly popular during the summer months, Kalm said, like meze platters with baba ghanoush (similar to hummus, a puréed smoked eggplant made with tahini, garlic, lemon juice and extra virgin olive oil) and stuffed grape leaves among other appetizers. The lavash bread, a hollow bread traditional to Turkey and other Middle Eastern countries, is baked fresh and in house, served with the baba ghanoush.

“Most people go in for these appetizers and salad in summertime,” Kalm said.

Kalm prepares light salad dressing in the summer, using ingredients like fresh lemon juice and olive oil. The shepherd salad is quintessential Mediterranean, made with chopped tomatoes, cucumbers, onions and parsley and tossed in Kalm’s dressing.

Pickled cabbage, another cool side, also comes with each of the entrées, which Kalm pickles himself.

“We make pretty much everything fresh and from scratch in our restaurant,” he said. “Even our spices actually.”

Kalm and partner Ibrahim Bilgin’s families grow and dry spices in Turkey, and when they



Cool off with Mediterraneo’s Shepherd’s Salad, a Mediterranean and Turkish summer dish with chopped tomatoes, cucumbers, onions, sumac, fresh herbs, green peppers and parsley with a homemade dressing. Courtesy photo.

visit, the co-owners will bring back their own families’ herbs to use in the restaurant.

Fresh and whole-food ingredients are the staple of Mediterranean cuisine, which is why experts are recommending the Mediterranean diet for a healthy lifestyle. Mayo Clinic recommends it for heart health due to its reliance on ingredients like olive oil, legumes and vegetables like cucumber and tomato, as well as fish and garbanzo beans as sources of protein.

“It’s healthy because of the spices we use, and we never use any heavy creams,” Kalm said. “Mediterranean is a more general name. It includes Greek and Turkish, and some Middle Eastern [cuisine]. ... If you look at it, all these countries are pretty much neighbors of each other, so that’s why it’s multicultural.”

For example, he said, baklava is a dessert shared by most Mediterranean countries, but each culture prepares it differently. In Greece, it is made with honey; in the Middle East, walnuts are the nut of choice; and in Turkey, it’s made with pistachios and walnuts and even other dried fruits.

“They all have their little tricks to make

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ings,” he said.

The Hillsborough restaurant features catering, lunch and dinner menus made up with Mediterranean and Turkish dishes, like kadana lamb kebab, one of Kalm’s favorite Turkish dishes.

“This is actually a very traditional Turkish dish that our family — and in the restaurant as well — are the best sellers,” he said. “It [the menu] is kind of like family, homestyle recipes.”

Kalm and his partner Bilgin opened Mediterranean last June after working in hotels in Turkey and the United States, including the Omni Mount Washington Resort.

“We both actually studied about hospitality from high school, and both studied at university for hotel management,” Kalm said. “This was actually our dream, and all our dreams came true when we opened our own restaurant.”

Between the Mediterranean menu and traditional Turkish cuisine, Kalm said that Granite Staters are excited to have a place to go to.

“We’re kind of a like a destination restaurant right now,” Kalm said. “We have guests even from Manchester through New London and Hopkinton and surrounding towns as well, not only the Hillsborough area.”

Weekly Dish

Continued from page 38

250 Market St., Portsmouth. The festival runs in two sessions: noon to 3 p.m. and 5 to 8 p.m. Both sessions feature craft brews and food from seacoast eateries. Tickets for one session period cost \$40. Visit tickets.beerfests.com/event/SeacoastRedWhiteandBrewFestival. Then on Saturday, July 26, the Granite State Brewers Association Summer Fest kicks off with a VIP admission hour at noon, followed by general admission from 1 to 5 p.m. in Arms Park, Manchester. The GSBA Summer Fest was formerly the Southern New Hampshire Brewers Festival, which has been held at White Birch Brewing in Hooksett in the past where it grew so large, organizers decided to make a change. It will still feature beers from local brewers across the state, like 603 Brewery, Blue Lobster Brewing Co., Flying Goose Brew Pub, Out.Haus Ales and Redhook Brewery, just to name a few. The festival will also feature a chicken wing competition this year.

Tickets cost \$30 for general admission, \$20 for designated drives, \$40 for VIP admission (early access at noon) and \$15 for VIP parking. Visit granitestatebrewersassociation.org.

• **Are you ready to ‘cue?’** The Brookline Fire Department will host the 8th Annual BBQ Tailgate Competition on Saturday, July 19, and Sunday, July 20, at the Brookline Ball Field (Route 130, Milford St., Brookline). Registration for competitive teams costs \$75, and categories include ribs, chicken wings and pulled pork. Kansas City Barbecue Society certified judges judge will judge the ribs and chicken wing categories, but the people get to judge the pulled pork for People’s Choice. Admissions costs \$5, and includes five different pulled pork samples and a ballot. Is your barbecue good enough? Interested competitors can contact Andy King at 978-257-3125 or email basteboy@comcast.net to sign up.

Food Lectures/author events/festivals/fairs

• **AUTHOR EVENT** Brian Aldrich and Michael Meredith, authors of *New Hampshire Beer: Brewing from Sea to Summit*, will be at Water Street Books (125 Water St., Exeter) on Tues., July 8, at 7 p.m.; Toadstool Bookshop (222 West St., Suite 338, Keene) on Fri., July 18, at 7 p.m.; and at Gibson’s Bookstore (45 S. Main St., Concord) on Thurs., Aug. 21, at 7 p.m.

• **LITERARY FEAST** Wed., July 9, from 6:30 to 8 p.m. at the Meredith Public Library (91 Main St., Meredith, 279-4303, meredithlibrary.org) chef Liz Barbour of The Creative Feast will lead a cooking demonstration with recipes from favorite novels. Registration is required.

• **CHOCOLATE AS ART: FUSED GLASS** Thurs., July 10, from 4:30 to 6:30 p.m. at Dancing Lion Chocolate (917 Elm St., Manchester, 625-4043, dancinglion.us), artist Verne Orlosk will lead instruction on

chocolate-inspired fused glass art.

• **CHOCOLATE AS ART: MAYAN WEAVING** Thurs., July 17, from 4:30 to 6:30 p.m. at Dancing Lion Chocolate (917 Elm St., Manchester, 625-4043, dancinglion.us), artist Cheryl Holbert will lead instruction on Mayan and chocolate-inspired weaving.

• **8TH ANNUAL BBQ TAILGATE COMPETITION** Sat., July 19, and Sun., July 20, with the Brookline Fire Department at the Brookline Ball Field (Route 130, Milford St., Brookline). Competitors can enter for \$50 prior to Tues., July 1, and \$75 after Tues., July 1. Categories include ribs, chicken wings and pulled pork. KCBS certified judges judge ribs and chicken wing categories, and pulled pork will be judged by People’s Choice. Cost \$5 admission for five different pulled pork samples and a ballot. Competitors contact Andy King at 978-257-3125 or email basteboy@comcast.net.

• **FEASTING ON A PICNIC** Wed., July 23, at 6:30 p.m. with chef Liz Barbour at the Amherst Public Library (14 Main St., Amherst, 673-2288, amherstlibrary.org) with picnic recipes and demonstration. Free admission, but registration is required.

• **LIKE WATER FOR CHOCOLATE** Movie night at Red River Theatres (11 S. Main St., Concord, 224-4697, redrivertheatres.org) on Thursday, July 24, with lecture and tasting on chocolate with Dancing Lion Chocolates Master Chocolatier Richard Tango-Lowy at 6 p.m., followed by film screening at 7 p.m. Call 224-4600 to reserve a spot.

Chef events/special meals

• **GARDEN TO TABLE** At Moulton Farm (18 Quarry Road, Meredith, 279-3915, moultonfarm.com) breakfasts on Sundays from 8 a.m. to noon on July 27, Aug. 24, and Sept. 14; dinner buffets from noon to 2 p.m. on Tuesdays, July 22, and Aug. 16. Taste of the Farm Dinner on Tues., July 15, from 6 to 9 p.m.



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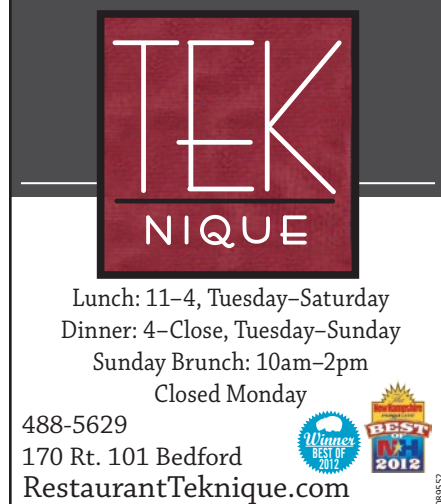
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IN THE KITCHEN

WITH **CHELSEA STODDARD**

Chelsea Stoddard, owner of Queen City Cupcakes (790 Elm St., Manchester, 624-4999, qccupcakes.com), wasn't a baker before opening the downtown cupcakery three years ago. She visited a cupcake shop with some friends back in 2010, decided that she wanted her own, and started baking the next day. She tested out her recipes on co-workers in her insurance job and baked for about a year before opening Queen City Cupcakes in 2011. Although she is originally from Manchester, Stoddard had lived in New York City, where cupcake shops were all over the city. She was surprised Manchester didn't have one of its own. "I just couldn't believe there wasn't one downtown," she said. "I don't think it's a trend where the cupcake shop will go away. ... Cake is involved in so many occasions, [and cupcakes are] just another form of cake."



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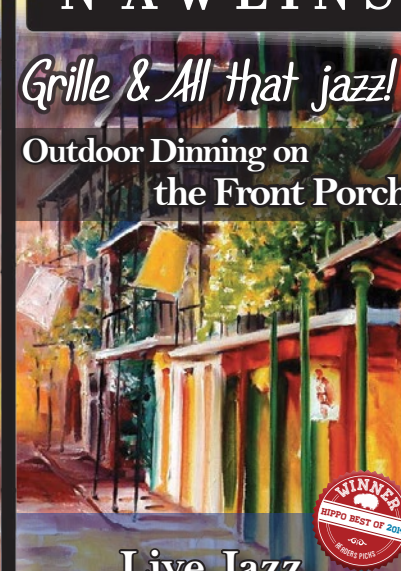
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What is your must-have kitchen item?

Our radio, because we jam in here when we're baking. ... We definitely get you pumping; [it] gets you excited.

What would you choose for your last meal?

I love filet [mignon], some asparagus, bleu cheese. ... The good stuff.

Favorite restaurant besides your own?

Totally a tie between Mint Bistro and Firefly. Totally different, but they both have great food, awesome service, great atmosphere. I could go back and forth between the two of them all the time.

What celebrity would you like to see eating at your restaurant?

We tried to get the president to come in last time he was in town, definitely. I'm going to the top. We want to meet the president, even if it's next time [he's in town], because we get a lot of the politicians down here for all the primaries. Diane Sawyer came in here last primary, so we're hoping maybe the president will swing by.

What is the biggest food trend in New Hampshire right now?

Either gluten-free or sweet and salty. You see it everywhere. We obviously do a lot of the sweet and salty; it's delicious, so why not? ... We have both, the gluten-free and the sweet and salty, and we have different versions of it.

What's your favorite meal to cook at home?

I think I make a pretty delicious chicken pot pie, from what I hear. It's just the pot pie fillings and the crust that I make goes on to the top and is baked on top of it. You just scoop into it and you get a nice big crust, and it's creamy. It's just more comfort food. I don't make it as much in the summer. In the summer, I love making pulled pork in the slow cooker.

What is your favorite dish on your restaurant's menu?

The Rice Krispie Treat cupcake. It's my favorite because it's sweet and crispy, kind of buttery. It's vanilla cake, marshmallow frosting, dipped in frosted Rice Krispies, and then drizzled with a little bit of chocolate. It's my all-time favorite.

— Emelia Attridge

Candied bacon cupcake topping

Recipe from the kitchen of Chelsea Stoddard, owner of Queen City Cupcakes. Stoddard uses this recipe as a sweet and salty garnish on top of cupcakes like Maple Bacon and Maple Bacon Rocky Road.

12 slices bacon

½ cup brown sugar

1 teaspoon cinnamon

Preheat oven to 325 degrees. Toss

uncooked bacon with brown sugar and cinnamon. Cover baking sheet with parchment paper and arrange bacon in single layer. Sprinkle remaining sugar on top of bacon. Top with another layer of parchment paper and baking sheet. Bake for 20 minutes. Then check to see if bacon is golden and fairly crispy; if not, recover and bake another 10 to 15 minutes. Allow to cool completely. Crumble on top of a freshly frosted cupcake.

• **CONCORD FOOD CO-OP BRUNCH** The Co-op's Celery Stick Café (24 S. Main St., Concord, 410-3099, concord-foodcoop.coop) offers a brunch buffet every Sun., 10:30 a.m. to

2 p.m. Build-your-own omelet station.
• **CELIAC & GLUTEN INTOLERANCE SUPPORT GROUP** Meets monthly from 7 to 8:30 p.m. at the Merrimack

Public Library (470 Daniel Webster Highway, Merrimack, merrimack.lib.nh.us) Includes discussion, demonstration and sample. See royalattempts.com/blog.

Dining with the stars

Nashua streets shut down for outdoor Dinner & Movie

By Emelia Attridge
food@hippopress.com

Forget the popcorn — Nashua enjoys its films with fine dining.

For its third summer, the Downtown Dinner & Movie series will screen a total of six films on West and East Pearl streets in Nashua. The streets shut down for the evening while moviegoers park at a table to enjoy dinner from a participating Nashua restaurant while watching the big screen. “The idea is pretty unique. You don’t see this series anywhere else within southern New Hampshire,” said Christopher Williams, president and CEO of the Greater Nashua Chamber of Commerce, which organizes the series. “Nashua has always been known for really good restaurants and for fine dining. So this series is intended to let people know that beyond just good restaurants, they can have an experience in our downtown, an experience which makes Nashua a unique city.”

The attendance ranges from 100 up to 200 patrons each night, and Williams said that patrons pick their movie nights based on the movie selection just as much as the host restaurant for that night. Others purchase season passes to enjoy the series all summer long.

Four restaurants are participating this year: Villa Banca, Unums, Surf, and Martha’s Exchange. Each restaurant offers a menu for the movie nights, and patrons order everything from cocktails and appetizers to a full three-course meal, Williams said.

Surf will be the host restaurant for the screening of *Jaws* on July 23, with shark sushi and an oyster bar, along with other seafood items.

“They’re going to have some fun with that,” Williams said. “Between those four restaurants you have a lot of variety in the cuisine.”

The Greater Nashua Chamber of Commerce, along with the series’ presenting sponsor, AutoFair, makes the movies happen along with in-kind donations from Christian Party Rental, which supplies all the equipment, tables and chairs.

“Our Chamber of Commerce relies upon our individual company members stepping up and helping to support our events and series. When AutoFair came into Nashua about a year and a half ago through the VW dealership, they jumped in immediately with both feet,” Williams said.

“This adds, I think, a legitimacy to Nashua,” Michael Gould, vice president of Christian Party Rental, said. “It’s just a cool event for the summer.”



Enjoy dinner and a movie on select summer nights in downtown Nashua. Courtesy photo.

Downtown Dinner & Movie Series

Select Wednesdays during the summer in downtown Nashua. R-rated movies are edited “made-for-TV” versions.

Cost: \$10 for admission; restaurant menu items are additional

Visit: nashuamovies.com to purchase tickets

Schedule:

• **Anchorman 2: The Legend Continues** (R, 2013)

When: Wednesday, July 9, at 7 p.m.

Where: E. Pearl Street and Main Street, Nashua

Restaurant: Unums

• **Jaws** (PG, 1975)

When: Wednesday, July 23, at 7 p.m.

Where: W. Pearl Street and Main Street, Nashua

Restaurant: Surf

• **The Rocky Horror Picture Show** (R, 1975)

When: Wednesday, Aug. 6, at 7 p.m.

Where: E. Pearl Street and Main Street, Nashua

Restaurant: Villa Banca

• Viewers vote: **Bridesmaids** (R, 2011) or **The Hangover** (R, 2009)

When: Wednesday, Aug. 20, at 7 p.m.

Where: W. Pearl Street and Main Street, Nashua

Restaurant: Martha’s Exchange

Voting: Closes Tuesday, July 15; visit nashuamovies.com

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Swiss chard

I am swimming in Swiss chard. It's nearly July, and my garden is in full force. My rainbow chard is growing fast and is ready to be eaten. While it's wonderful to have so many fresh vegetables in my backyard, it is a little overwhelming. I've given some away, but the recipients are overwhelmed, too! What are we supposed to do with all of these leafy greens?

Even though the sheer amount is over the top, figuring out what to do with chard is a worthy quest. Swiss chard is a super healthy green in the same family as spinach and with similar nutrients. Filled with



vitamins A, K and C, this green is filling because of its fiber content and restorative for muscles and bones because of the amount of both iron and potassium it contains. This is a vegetable you definitely want to add to your diet.

Let me make some suggestions for what to do with chard. It's more versatile than you think and oh-so-tasty.

— Allison Willson Dudas

Sauté it

This one is so simple. Just sauté the leaves of the chard in olive oil and garlic until leaves wilt. Serve as a side!

Toss it in pasta

Sauté the chard as described above and then toss it in with some pasta. Make it even tastier by adding sun-dried tomatoes and Parmesan cheese.

Bake it

Use some of the sautéed chard and mix with Parmesan cheese. Fold into some piecrust like an empanada, seal edges with a fork and brush with an egg. Bake for about 15 minutes at 400 degrees, until golden brown.

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Church/charity suppers/ bake sales

- **BREAKFAST BUFFET** Sat., July 12, from 8 to 10 a.m. at Bethany Chapel Community Church, 54 Newbury Road, Manchester. Cost \$7 for adults, \$4 for children ages 6 to 12, and free for children under 6. See bethanychapel.org.
- **COMMUNITY BREAKFAST** Sundays from 8 to 11 a.m. at Philbrick-Clement Post 65 American Legion (12 N. Stark Highway, Weare, 529-2722, nhpost65.us). A la carte breakfast menu benefits the Legion and community outreach. Cost ranges from \$3.50 to \$7.
- **COMMUNITY SUPPER** Held the third Wed. of each month from 5:30 to 6:30 p.m., at the Unitarian Universalist Congregation in Milford at 20 Elm St. See uucom.org.

Food classes/workshops

- **THE HOME HERBALIST** Runs on Mondays, from 6 to 9 p.m. with clinical herbalist Maria Noel Groves at Wintergreen Botanicals, Deerfield Road, Allenstown. Nine-class series includes background on herbs and demonstrations. Series meets through Mon., Aug. 18. Cost \$38 per class or \$275 for the whole series. Visit wintergreenbotanicals.com.
- **TASTING CHOCOLATE**

Tues., July 8, from 6:30 to 8 p.m. at Dancing Lion Chocolate (917 Elm St., Manchester, 625-4043, dancinglion.us). Learn about the history, production and myths of chocolate and taste five rare chocolates and a Dancing Lion Chocolate bonbon. Cost \$45, advance registration required.

• **WINEMAKERS KITCHEN** Cooking with wine series at LaBelle Winery (345 Route 101, Amherst, 672-9898, labellewinerynh.com) on Wed., July 9, from 6 to 7:30 p.m. Secrets of French Bistro, with wine and food tasting, cooking demo, and recipe to take-home. Cost \$25, registration required.

• **BAKING CROISSANTS** Wed., July 23, from 6:30 to 8:30 p.m. at Dancing Lion Chocolate (917 Elm St., Manchester, 625-4043, dancinglion.us). Cost \$65, advance registration required.

Kids cooking classes/ workshops

- **ZUCCHINI CANOES** For preschoolers, ages 3 to 5. Fri., July 18, at 10 a.m. and 4 p.m., and Sat., July 19, at 10 a.m. and 11:30 a.m. at the Culinary Playground, 16 Manning St., Suite 105, Derry. Pack zucchini with tomatoes, basil and fresh mozzarella. Registration required, classes cost \$16 for each child. Call 339-1664, or visit culinary-playground.com.
- **CHOCOLATE AS ART:**

KIDS CLAY BONBONS Thurs., Aug. 14, from 4:30 to 6:30 p.m. at Dancing Lion Chocolate (917 Elm St., Manchester, 625-4043, dancinglion.us), artist Kerry Harman will lead instruction for a children's class to make clay versions of chocolate bonbons.

- **SUMMERTIME SNACKS** For preschoolers, ages 3 to 5. Fri., Aug. 15, at 10 a.m. and 4 p.m., and Sat., Aug. 16, at 10 a.m. and 11:30 a.m. at the Culinary Playground, 16 Manning St., Suite 105, Derry. Make watermelon smoothies and crunchy chickpea snacks. Registration required, classes cost \$16 for each child. Call 339-1664, or visit culinary-playground.com.
- **SOPHISTICAKES** Baking and cooking classes and birthday parties, 25 Indian Rock Road, Windham, 898-2442, facebook.com/SophisticakesOf-WindhamNh.
- **NO-BAKE COOKING** First and third Tue. of the month at 3:30 p.m. for kids ages 8 and older at the Wilton Public & Gregg Free Library, 7 Forest Road, Wilton. See wiltonlibrarynh.org. Registration required.

Weekly/monthly cooking classes/workshops

- **A MARKET** The Manchester natural foods store's education center offers classes and work-

Turkey meatloaf

The slow cooker is quickly turning into my best friend, and this recipe is quickly turning into one of my favorites.

Growing up, I suffered through my mom's countless attempts at making meatloaf. She typically added ketchup, Worcestershire sauce or some combination of the two into a giant ball of meat that always ended up lacking flavor or originality.

It was somewhat surprising, because my mom makes delicious meatballs, so you'd think meatloaf wouldn't be too far out of her wheelhouse. Wrong. And as it turns out, I inherited her genes of terrible meatloaf making — until I found this recipe for Italian Turkey Meatloaf from Family Circle.

The final product of this recipe is a delicious, moist meatloaf. Packed with flavor, and a few pantry ingredients, it's more like a giant meatball than a traditional meatloaf, and maybe that's why I like it so much.

Also, I somehow tricked my husband, who cringes at the word meatloaf, into liking this dish.

Using tomato sauce, this meatloaf combines all of the ingredients of a meatloaf — namely meat, spices and some type of liquid and breadcrumb binder — with traditional Italian seasonings like tomato sauce, garlic and Parmesan cheese.

When I've made meatloaf in the past, it has always turned out overcooked and dry. Cooking this recipe in the slow cook-



er prevented that from happening, which was an added bonus. In a pinch, you could easily bake the meatloaf, which I've done, but I've found that the slow cooker offers the better finished product.

Using tomato sauce in meatloaf was something new to me as well. While I usually like to make homemade sauce, this recipe is the perfect use of any leftover tomato sauce from a can or jar you might have in your pantry or fridge. The other seasonings and veggies boost the flavor of the sauce, so even if it's not flavorful on its own, it really punches up this recipe.

The Italian seasoning can be premade or made on the fly depending on your preferences, and I used Italian bread crumbs for extra flavor as well. I've made this recipe with ground beef and ground turkey, and think that turkey is better if you don't want your meatloaf to taste exactly like a giant Italian meatball.

In my undying love for garlic, I added more than 1/2 teaspoon but think any amount will suffice.

I also added a pinch more Parmesan cheese for good measure.

Overall, this recipe is quick and simple, and the finished product is delicious. Served with a salad or mashed potatoes, this meatloaf makes for a great meal — and even better meatloaf sandwiches the next day!

— Lauren Mifsud

with bowl and ends hang out over sides. In a large bowl, combine turkey, onion, green pepper, egg, garlic, 1/2 cup tomato sauce, bread crumbs, 1/3 cup cheese, 1 teaspoon Italian seasoning, garlic salt and black pepper. Place the meatloaf mixture in slow cooker and form into a 9-inch by 5-inch log. Cover and cook on high 2 1/2 hours or on low 4 1/2 hours or until internal temperature registers 160 degrees on an instant read thermometer. About 30 minutes before cooking is complete, place remaining 1/4 cup tomato sauce in a small bowl and stir in remaining 2 tablespoons Parmesan cheese and 1 teaspoon Italian seasoning. Pour tomato sauce mixture over meatloaf; cover and continue to cook. Serve immediately once finished.



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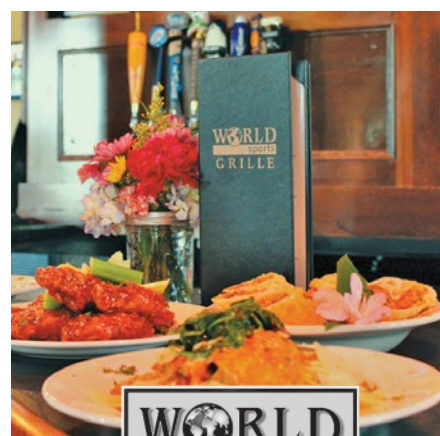
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Italian turkey meatloaf

Recipe courtesy of Family Circle

- 1 package (20.8 ounces) ground turkey
- 1 medium-size onion, chopped
- 1 small green pepper, finely chopped
- 1 egg, lightly beaten
- 2 cloves garlic, chopped
- 1 can (8 ounces) tomato sauce
- 1/2 cup seasoned bread crumbs
- 1/3 cup plus 2 tablespoon grated Parmesan cheese
- 2 teaspoons Italian seasoning
- 1/2 teaspoon garlic salt
- 1/4 teaspoon black pepper

Place a long piece of nonstick aluminum foil into an oval slow cooker bowl, with nonstick side facing up, so that it is flush

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FOOD

JUST DESSERTS
 Recipes for the sweet tooth

**Blueberry
 pie bites**



Since I started writing this column, I've been asking people for recipes they've tried and loved or have ripped from magazines or pinned on Pinterest but never got around to making. This time I went straight to Hippo food reporter Emelia Attridge, who immediately, eagerly started forwarding dessert recipe links (almost as if she'd been waiting for me to ask). I couldn't resist this one for blueberry pie bites, partly because she called them "adorable" and partly because I had just bought a quart of blueberries that needed to be used for something other than pancakes or fruit salad.

The recipe came from Pinterest, pinned from sugardishme.com. As soon as I saw the photo, I knew I wanted to make them — and also that I was going to cheat to get them done. The recipe calls for "special equipment": a 1½-inch biscuit cutter and a pastry brush. I have the pastry brush, but I'd never even heard of a biscuit cutter and wasn't about to go buy one for what would likely be a one-time use.

I started these bites when my kids started eating dinner and had them in the oven before they were done their last mouthful.

To be honest, I didn't even use a knife to cut the dough; I just tore it into little squares. I was going for taste, not looks. I also added a couple of blueberries to some of the squares; though the recipe says to use just one, I wanted a little extra blueberry and a little less dough.

Ten minutes in the oven and the bites were done. We didn't wait long to try them, and I'm glad we didn't, because they were amazing when they were still warm. They weren't quite as good once they cooled, and after a day the crust was a little soft and bland and the blueberries lost some of their flavor.

In the future I will experiment by making the dough squares a little bigger but adding more blueberries so that if served cool, they'll be a little sweeter (although I would recommend serving them right out of the oven regardless of whether you modify the recipe). I'll also use fresh, hand-picked berries — the ones I bought from the grocery store were fine, but fresh-from-the-bush blueberries always taste better.

— Meghan Siegler

Blueberry Pie Bites

Courtesy of Emelia Attridge, taken from sugardishme.com via Pinterest

1 refrigerated pie crust
 about 45 blueberries
 ½ cup raw or turbinado sugar
 1 egg + 1 teaspoon water (egg wash)

Preheat the oven to 450 degrees. Line a baking sheet with parchment paper. Use a pan with an edge so the pie bites don't roll away when you place them in the oven.

Lightly flour a clean work surface and unroll the refrigerated pie crust.
 Use a 1½-inch biscuit cutter (or a knife)

to cut pie bite circles (or squares, or rectangles, or whatever shape you'd like) out of the refrigerated pie crust.

Place 1 blueberry in the center of each circle. Sprinkle each one with a little sugar.

Fold up two sides of one of the circles like a taco. Then grab the adjacent sides and pinch the corners. This makes a little pocket for the blueberries.

You can dip your fingers in egg wash to pinch the corners if you can't get them to stick.

Brush each bite with the egg wash. Place each bite on the prepared baking sheet. Sprinkle with a little more sugar and bake for about 10 minutes.

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• **BEDFORD ITALIAN CULTURAL SOCIETY** meets on the third Thursday of the month from September through June at 7 p.m. at Bedford Public Library, 3 Meetinghouse Road, Bedford.

• **COFFEE COFFEE** Cooking classes feature a different dish, also includes cooking technique instruction. Meets Tuesdays at 6:30 p.m. at Coffee Coffee (326 S. Broadway, Salem, 912-5381, coffeeroastersnh.com). Cost

\$30, call in advance.

• **CO-OP CLASSES** The Concord Cooperative Market (24 S. Main St., Concord, 225-6840, concordfoodcoop.coop), holds regular series on wellness, green living and cooking. Even free classes require registration. Visit concordfoodcoop.coop for schedule. Interested teachers can contact the Co-op Wellness Coordinator, Maria Noël Groves at 410-3099.

It starts with grapes

How the growing process can make or break wine

By Stefanie Phillips
food@hippopress.com

Since the majority of wine in this world is made from grapes, knowing where and how to grow them is essential. Here in New Hampshire, like in any climate, some grapes grow better than others. The winemakers in this state and around New England who grow their own grapes have discovered, through research and trial and error, the ones that will grow best. These are typically French hybrids, so you'll see names like Marechal Foch, Leon Millot and Seyval, just to name a few.

Grapes need certain conditions to grow. I'm currently reading a book called *Windows on the World: Complete Wine Course* by Kevin Zraly, and he breaks down the basics of growing grapes. The wine-making process and the amount of work that goes into it fascinate me.

The basic factors to consider are growing season, number of days of sunlight, the sun's angle, average temperature and rainfall. Soil and drainage are also factors. The amount of sun determines how the grapes ripen, which in turn determines their sugar and acid balance. These levels can make or break a wine.

Planting

It is no surprise that certain grapes planted in more ideal locations produce better wines. But the kind of grape also plays a role in this. Red grapes typically have a longer growing season than white, which is why they grow well in warmer locations (think Chile, Australia and Portugal). Many white varieties are hardy and can survive in places with colder temperatures like Germany and northern France. Vines don't typically produce wine-making grapes until their third year, so some planning and patience are also required!

Harvest

Grapes are ready to be harvested when they reach the ideal sugar/acid ratio desired by the vintner. Zraly suggests tasting a grape off the vine in June. It will be very sour and make your mouth pucker. But taste the same grape in September or October and it will taste sweet. This is because months of sun exposure have caused photosynthesis (you know, the plant process we all learned about in elementary school), which encourages the production of sugar. Acidity decreases as sugar increases.

In many videos of vineyards, you will see the winemakers out in the fields constantly tasting the grapes. This is because they know what they are looking for and are waiting for just the right time to harvest the grapes.



Weather

Weather definitely plays a role in grape-growing. A harsh spring frost can reduce the number of plants, as can a strong windstorm. Other factors like too much rain, not enough rain or rain at the wrong time can be detrimental.

If there is a heavy rainstorm before harvest, it can cause the grapes to swell up and dilute the juice. This can result in watery, thin wine. A lack of rain can create a more concentrated, stronger wine, but also means a smaller crop of grapes. A very cold spell can also greatly reduce the harvest and, in turn, decrease overall wine production.

In addition to these conditions, there are many other things that can harm the grapes while they are growing. Mildew can rot the grapes, while drought can scorch them. Too much sun can actually prune the grapes like raisins and increase the alcohol content.

Phylloxera

Phylloxera is a vintner's worst nightmare because it can actually kill grapevines. According to Zraly, an 1870s epidemic almost wiped out all of the European vineyards. Thankfully, American grapevines were immune to this strain. Later, in the 1980s, phylloxera caused problems in California. Several vineyards had to be replaced, costing owners billions of dollars.

Interestingly enough, Chile has been immune to phylloxera — one of the few countries to escape it. This is because its grapes came from France in the 1860s before the outbreak.

Vintage

"Vintage" is just a fancy word that means the year the grapes were harvested. A vintage chart shows the weather conditions over the course of several years. This is why you may hear someone say, "2003 was a great vintage." Actually, 2003 was one of the best years for grapes in every region around the globe.

Growing the grapes is the crucial beginning of wine making. After all, if you don't have good grapes, there is no way you can make good wine. 🍷

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DRINK RED, WHITE & GREEN

Bottles for the budget-conscious wine-lover

This week, we went Californian.

For a while, we turned to that most California of things, a Hollywood director, for the **Francis Ford Coppola Votre Santé 2011 Chardonnay**. This yellow-gold colored wine has a very California presentation — oakiness on the nose and oakiness on the palate. We also detected aromas of citrus, vanilla and a slight cream. Flavor-wise, this full, round and, yes, oaky wine had notes of citrus and toasty pastry but with a pleasant dryness. One of us thought, in the first mouthfull, that the wine would be too oaky, but ultimately, the oakiness is a nice element of the flavor and not too heavy or overwhelming.

For our red, we picked the **2012 Josh Cellars Cabernet Sauvignon** from California (\$10.95 on sale, regularly priced \$18.99). This red violet wine is a lighter take on the cab. With aromas of cherry,



ceder and white pepper, the wine had flavors of light blackberry. Though full, the wine isn't as big as many cabs are. While it probably wouldn't pair well with a steak, it might be a nice complement to lighter summer meals.

Each week in "Red, White & Green," the wine-lovers taste red and white wines that sell for not too much of the green, less than \$20. The goal? To find a good bottle without breaking the bank. Unless otherwise noted, the prices listed are what you'll find the bottles selling for at the New Hampshire Wine & Liquor Outlet. 🍷

Drink Beer/wine/liquor tastings

- **HARPOON** tasting on Thurs., July 3, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, thebeerstorenh.com.
- **GREAT RHYTHM BREWING CO** tasting on Thurs., July 3, from 5 to 7 p.m. at Top Shelf Brews, 826 Lafayette Road, Hampton, 601-2894, topshelfbrewsstore.com.
- **WEINSTEPHANER** tasting on Thurs., July 10, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, thebeerstorenh.com.
- **RIISING TIDE** tasting on Fri., July 11, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, thebeerstorenh.com.

Beer/wine dinners

- **FORKS & CORKS** Four-course wine dinner series at The Copper Door (15 Leavy Drive, Bedford, 488-2677, copperdoorrestaurant.com) held on Wednesdays, Sept. 24, and Nov. 12. Tickets cost \$75 and dinners start at 6 p.m. Tickets must be purchased in advance.

Beer/wine festivals and special events

- **SEACOAST RED, WHITE AND BREW FESTIVAL** Sat., July 5, at the Portsmouth Sheraton, 250 Market St., Portsmouth. Craft brews and food from sea-coast eateries in two sessions; from noon to 3 p.m. and from 5 to 8 p.m. Tickets for one session period cost \$40. Visit tickets.beerfests.com/event/Seacoast-RedWhiteandBrewFestival.

• FRENCH WINES VS. ITALIAN WINES

Tues., July 8, from 6:30 to 8:30 p.m. at The Wine Steward (201 Route 111, Hampstead, 329-4634, thewinestewardnh.com) with sommelier Svetlana Yanushkevich and Kevin Powell, President of Vinilandia with five Italian wines, five French wines, and appetizer pairings. Cost \$40. RSVP required.

• **AUTHOR EVENT** Brian Aldrich and Michael Meredith, authors of *New Hampshire Beer: Brewing from Sea to Summit*, will be at Water Street Books (125 Water St., Exeter) on Tues., July 8, at 7 p.m.; Toadstool Bookshop (222 West St., Suite 38, Keene) on Fri., July 18, at 7 p.m.; and at Gibson's Bookstore (45 S. Main St., Concord) on Thurs., Aug. 21, at 7 p.m.

• **BREWERY GRAND OPENING** at From the Barrel Brewing Co (15 Londonderry Road, Londonderry, 328-1896, drinkftb.com) Sat., July 12, 6 p.m.

• **GRANITE STATE BREWERS ASSOCIATION SUMMER FEST** Sat., July 26, from 1 to 5 p.m. at Arms Park, Manchester. Brewers festival and chicken wing competition. Benefits Granite State Brewers Association, Brew NH and New Horizons for New Hampshire. Tickets cost \$30 for general admission, \$20 for designated drives, \$40 for VIP admission (early access at noon) and \$15 for VIP parking. Visit granitesatebrewersassociation.org.

Beer/wine tasting classes

- **WINE 101 WITH SVETLANA** Learn how to talk to some-

liers, how to select dinner wines, wine language and decanting among other wine topics. The class includes a tasting of six wines, with artisan cheeses, salami, bread and chocolate. Each class costs \$50; sign up for one or more. Registration required. Classes meet on Fridays through Fri., Sept. 5, from 6:30 to 8:30 p.m. at WineNot Boutique, 170 Main St., Nashua, 204-5569, winenotboutique.com.

Beer/wine making classes

- **ENGLISH SUMMER ALE** Wed., July 16, at 6 p.m. at IncrediBREW (112 Daniel Webster Hwy, Nashua, 891-2477, incredibrew.com). Cost \$30 per case of 12 22-ounce bottles (not included in price).
- **SUMMER SUNSHINE ALE** Sat., July 26, at 11:30 a.m. at IncrediBREW (112 Daniel Webster Hwy, Nashua, 891-2477, incredibrew.com). Cost \$30 per case of 12 22-ounce bottles (not included in price).

Weekly/monthly tastings

- **HOLY GRAIL PINT NIGHTS** Thursdays at 7 p.m., at the Holy Grail Restaurant and Pub (64 Main St., Epping, 679-9559) Sponsoring beer is sold at special price and drinkers get to keep a promotional glass. Check out holygrailrestaurantandpub.com for upcoming beers.
- **LUCIAS BODEGA** Taste craft beer on Fridays 4 to 8 p.m. and fine wines on Thursdays 4 to 8 p.m. and Saturdays noon to 6 p.m. at Lucia's Bodega (30 Indian Rock Road, Windham, 421-9463). Details at luciasbodega.com.

bite-sized lessons

It's time to celebrate the Fourth of July!

Get resourceful and try creating the American flag with red, white and blue ingredients in this colorful patriotic recipe idea for the Fourth of July holiday!

Fourth of July Flag with Tangy Green Herb Dressing:

Dip Ingredients:

- 2 cup Taste of Inspirations Plain Yogurt
- 2 tsp. McCormick® dried basil
- 2 tsp. McCormick® dried chives
- 2 tsp. McCormick® dried dill
- 4 Tbsp. chopped fresh mint
- 1 Tbsp. red wine vinegar
- 1/8 tsp. salt
- 1 tsp. freshly cracked pepper

Other Ingredients:

- 2 oz. fresh blueberries
- 2 oz. small grape tomatoes, sliced in half

Directions:

1. Combine all dip ingredients and mix together until smooth and uniform in color. Spread dip mixture in a 9" x 13" pan until flat.
2. Place blueberries in a rectangular shape in the upper left corner of pan dish.
3. Place a row of tomatoes cut-side down along the top and bottom edges of pan. Repeat evenly spaced rows *
4. Serve with Kashi® cracker and Cabot® cheese slices

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- Mastodon, *Once More 'Round the Sun* C
- Ruthann Friedman, *Chinatown* A+

- *My Salinger Year* A
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Mastodon, *Once More 'Round the Sun* (Reprise Records)



I didn't get exposed to this Atlanta metal foursome until the 2004 *Leviathan* album, at which point the New Wave of American Heavy Metal was getting a real foothold, such as it was, with the thrash crowd. But I didn't pay much attention to the whole genre-pigeonholing thing — I mean, you know the shelf life for that kind of stuff. I publicly liked *Leviathan* more than I normally would have owing to the fact that Relapse Records put it out, and they're nice guys, but past that, there was definitely something pleasingly alien about the record

— it didn't floor me with pure awesomeness, but it was cool. And then came 2006's *Blood Mountain*, marking the jump to a major label, and it was a massive disappointment, like a Trent Reznor solo record meant to appeal to teen males only. A couple of other albums along the way bring us to this one, which starts out nicely with "Tread Lightly," a prog-metal thingie that almost could have been on *Leviathan*, but it's downhill from there. By the time the title track rolls around, they sound like Ratt trying to grab a chorus hook by the tail but constantly getting Acme anvils dropped on their heads, Wile E. Coyote style. The only good thing about this band still being around is that promoters know whom to slot as default festival headliners. C — *Eric W. Saeger*

Ruthann Friedman, *Chinatown* (Wolfgang Records)



Now here's an artistic keg that doesn't get tapped very often: old hippy ladies. Which is sort of surprising, come to think of it, particularly if you consider the first time you watched Season 1 of *Weeds* and encountered the 1967 Malvina Reynolds version of her self-written "Little Boxes," a ditty so depthlessly quirky that it outcooled all the hipsters who covered it in later years during the show's opening credits. Friedman here, meanwhile, has been MIA for 40 years, since not long after the smash hit "Windy," the song she wrote for The Association in 1967, a tune used most

hilariously during an episode of *Breaking Bad*. "Windy" shot Friedman to a weird sort of hippy stardom; she hung out with Janis and Airplane and all those guys, and then she got bored, then got married, then had kids, and is now old, all of which is detailed in this LP's opening track, "That's What I Remember," one of the many vulnerable unplugged-guitar folk stories here, all of them quite fascinating in their way. Naturally she still has old scores to settle with The Man, and her own psyche (for example "Springhill Mining Disaster," an almost-goth-chill grave-marker of the 1958 tragedy in Nova Scotia). Priceless musings all over the place on this one. A+ — *Eric W. Saeger*

PLAYLIST

A seriously abridged compendium of recent and future CD releases

- Some of you were born long enough before 1997 that you remember when emo was emo, a "post-hardcore" idea that involved raggedy, punkish sounds, not the whiny "punk-pop" candy-coated offal that people pretend to like these days. **Braid** was one of the original emo bands, and it's been so long since they've released an LP that some smarmy Canadian hayloft-indie band called themselves Braids, either hoping to ride the Braid coattails, or out of sheer ignorance of marginally listenable rock music. Anyway, after lying about "permanently breaking up" for years now, there will be a new Braid album, called *No Coast*, in the download-malls next week. Features the tune "Bang," which is sort of Foo Fighters-ish but a lot cooler than that.

- Mellow-gangsta rapper **Gene the Southern Child** releases a new album next week, called *Southern Meridian*. This Muscle Shoals-based spitter isn't spectacularly innovative, in his OG brags, but he's got decent turntablism, at least in the spidery Nintendo-powered single "Smackman," in which he sounds like a half-asleep Del the Funky Homosapien. Critics love guys like this, because way too few people will recognize that his music is debatably awesome, so they like to predict things like "not too many people will buy this album" so that they can write stuff in their year-end columns like "Tsk tsk! Why didn't anyone buy this album?"

- Before collaborating with music-destroying establishment-radio creeps like David Guetta, Australian downtempo queen **Sia** was famous for working with Zero 7 — remember those days? Her sixth full-length album, titled *1000 Forms of Fear*, streets on Tuesday, spotlighting the song "Chandelier," a rather surprising blast of diva hollering that sounds like Lady Gaga except without the lack of musical creativity. She recently overcame Graves' disease, an autoimmune disorder, so she may actually tour behind this record, which is nice, although I didn't really dig the video for "Chandelier," which features Maddie Ziegler of *Dance Moms* being super weird but not weird enough. Aw, it's all academic anyway; the minute Katy Perry announces some stupid new single, no one will be talking about Sia for fear of being accused of terrorism or something.

- And finally, we have the pretty decent metal band **Wolves in the Throne Room**, with its new album, *Celestite*. It started out as a black metal thing, but it's always fooling around with New Age sorts of vibe, which is what the advance single, "Celestite Mirror," is all about. The band doesn't like mosh pits to form during its shows, and this song would definitely be very hard to mosh to, unless you are a snail. — *Eric W. Saeger*



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An evening with Whitman

Impersonator stops in Windham next week

By Kelly Sennott
ksennott@hippopress.com



Walt Whitman believed poetry should be appreciated not just by academics, but also by the common man.

That's one reason Boxborough, Mass., actor Stephen Collins felt Whitman might be the guy to tackle in a one-man touring show, something he vowed he'd do when he saw Jeffrey Hyatt's portrayal of Henry David Thoreau at the Concord, Mass., Center for the Performing Arts years ago.

"I thought it was so overwhelmingly wonderful, and decided it was something I wanted to do," Collins said in a phone interview.

Collins was a massage therapist at the time — one of his many careers before devoting himself full time to acting and lecturing — but in his mid-40s, it wasn't as fulfilling as it could be.

So he decided to re-invent himself. He wanted to recreate a big name in literature, so he started with Emerson, immersing himself in the writer's work, in his life.

But something wasn't right. Emerson seemed too esoteric, not accessible enough for audiences, brilliant as he was.

He was still enamored by the idea of building a lecture and theatrical performance based on literature's greats, as he told one of his massage clients at the time. His client gave him another suggestion.

"He said, 'You know what, I'm going to tell you who you should do. Walt Whitman. I think there's a strong resemblance,'" Collins said.

Collins studied literature at UMass Boston, but he hadn't read Whitman since high school. So he read and re-read his poetry, archived letters and biographies.

"I absolutely fell in love with the voice — it was a strong, democratic, sympathetic voice, a towering figure of American literature," Collins said. "He was way before his time."

He teamed up with Michael Keany, a director he'd worked with before who helped him

build the script for the show using poems, letters and anecdotes, some of which came from Horace Traubel's nine-volume biography (though about 90 percent of the show are words by Whitman himself). Collins' first performance, called *Unlaunch'd Voices: An Evening With Walt Whitman*, was in 1998 at the Hancock Church in Lexington, Mass.

It was a success, so he kept going.

Collins now has seven different one-man shows, including those that highlight the works and lives of Robert Frost, Shakespeare and Socrates, but Whitman is his favorite; he estimates he's done the show about 1,000 times. He takes the characters to retirement homes, to libraries, to colleges — in 2005, he was a guest at a 150th anniversary *Leaves of Grass* celebration in New Jersey.

He's made the rounds in Massachusetts, but he'd like to circulate Whitman around southern New Hampshire, as well; he makes an appearance at the Nesmith Library in Windham on Tuesday, July 8, at 6 p.m.

"I love the Civil War part of the show. He's recounting his experiences ... in makeshift hospital tents, cheering up the soldiers who were having their arms and legs amputated. In his early career, he was egotistical and self-absorbed, but his experience with the Civil War made him more humanistic," Collins said.

Lots of people don't know that about Whitman — or that he was gay.

"It was tremendously difficult to be a gay man in the mid-19th century," Collins said. "There's a part of the show where in one of the poems, he describes an experience, walking along the beach with his lover."

This, perhaps, has been the most controversial bit in the show; he once had a high school principal ask if he might drop the homosexual material for a school performance. But Whitman was a big critic of censorship.

"I wanted to portray the truth of his life," Collins said.

Collins is a very busy guy; the day of the interview, he was about to leave to lead a tour and lecture around Robert Frost Farm in Derry, and the night before, he had driven to Connecticut to perform Socrates at a retirement community. He has about nine hours of memorized material in his head, and he's working on a new show, a celebration of Irish poets, playwrights and writers.

He feels lucky to finally be doing something he loves; even during the interview, offstage, he quoted literature's big names.

"F. Scott Fitzgerald said, 'There are no second acts in American lives.' Of course, I think that's wrong. I'm the classic example of a late bloomer," Collins said. 🍷

See *Unlaunch'd Voices: An Evening With Walt Whitman*

Where: Nesmith Library, 8 Fellows Road, Windham

When: Tuesday, July 8, at 6 p.m.

Admission: Free, registration recommended

Contact: unlaunchedvoices.com

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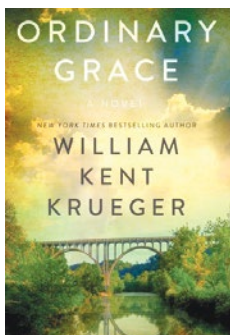
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7 PERIMETER RD • MANCHESTER

TOP 10 Historical mysteries

For the week of June 15
(barnesandnoble.com)

- 1 Ordinary Grace**
By William Kent Krueger
Paperback, March 2014
- 2 The House at Riverton: A Novel**
By Kate Morton
Paperback, 2009
- 3 The Prime Minister's Secret Agent (Maggie Hope Series #4)**
By Susan Elia MacNeal
Paperback, July 1, 2014
- 4 Time and Again**
By Jack Finney, Lawrence Ratzkin (Photographer), Mary Bess Engel (Designed by), Eve Metz (Designed by)
Paperback, 1995
- 5 Death on Blackheath (Thomas and Charlotte Pitt Series #29)**
By Anne Perry
Hardcover, March 2014
- 6 Murder in Murray Hill (Gaslight Mystery Series #16)**
By Victoria Thompson
Hardcover, May 2014
- 7 The Peculiar Case of Lord Finsbury's Diamonds: A Casebook of Barnaby Adair Short Novel**
By Stephanie Laurens
Paperback, January 2014
- 8 Hunting Shadows (Inspector Ian Rutledge Series #16)**
By Charles Todd
Hardcover, January 2014
- 9 Why Kings Confess (Sebastian St. Cyr Series #9)**
By C. S. Harris
Hardcover, March 2014
- 10 Murder in Chelsea (Gaslight Mystery Series #15)**
By Victoria Thompson
Mass Market Paperback, May 2014

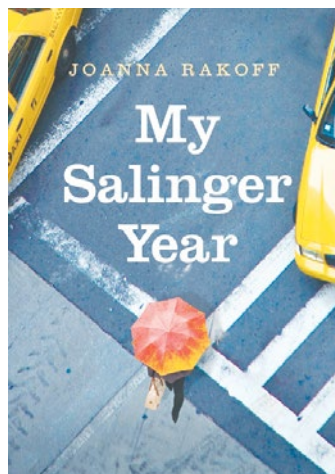


My Salinger Year, by Joanna Rakoff (Alfred A. Knopf, 249 pages)

Joanna Rakoff had not read *The Catcher in the Rye*, or any J.D. Salinger at all, when she was hired by the New York agency that represented the literary legend. It was Rakoff's first job, and she was an "assistant" as a euphemism for secretary, spending most of her days typing letters on an IBM Selectric — yes, typing on a typewriter, even though this was 1996, when all the world had computers, save this agency.

She was, it seems, surrounded largely by boors: agents who couldn't be bothered with learning her name and who drank surreptitiously on the job, parents who didn't tell her they planned to stick her with the college debt they'd taken out in her name, a boyfriend who leered at other women in her presence. But it was a dream job, a dream life, in one respect: There was Salinger. Or, rather, "Jerry," as he was known about the agency. When he called, shouting into the receiver because his hearing was so poor, the world spun a little faster and got a little crazier. For one thing, Salinger couldn't hear or understand when Rakoff identified herself as Joanna. He always heard "Suzanne." So Suzanne she would be.

It's a small and telling detail that, however innocently told, leaves a ding on a legend. What Salinger fan wants to envision his hero as a doddering old man yelling into a phone? But this is an honest memoir, and honest memoirs sometimes seem a little bit mean, in describing one's best friend as wear-



ing a coat "in which she looked about 12" or a colleague who "died her hair a rusty shade of red that — based on her freckled complexion — must have approximated its color in her youth, which was now gone, thought it was not clear how long." At times *My Salinger Year* seems to want a subtitle, "And Now, I Shall Get Even." A keen observer of human frailty, Rakoff leaves no slight unmentioned, while casting herself as the her-

oine of a hoary museum of an agency that longs for the good ol' days of carbon copies and three-martini lunches.

She's the heroine because she answers the mail.

Famously reclusive on his Cornish, N.H., estate, Salinger had long ago instructed the agency to handle his correspondence, including fan mail. He didn't want to see it. Nor did the agency staff care much for the bags of unsolicited letters. As one of Rakoff's coworkers says, "They're just fans. It's sort of the least important thing." This is why people who wrote to Salinger in care of the agency, if they were lucky, got a form letter in response that said, "As you may know, Mr. Salinger does not wish to receive mail from his readers." (I repeat: "surrounded largely by boors.")

At first, Rakoff dutifully types the rote response, until it occurs to her that the passionate correspondents deserve a bit more, even from an agency with environs that are "like something out of Dickens." She begins diverting from the script, crafting more personal replies, even telling one writer that

she could, in fact, legally name a magazine Bananafish, after the title of a Salinger short story. As she grows more immersed in Jerry's world, she finally reads his books, and eventually meets him and wrestles with the ethics of what she is doing, even as the letter writing is presumably making people happy and helping her to grow as a writer.

"As I signed the letter with my name, my heart raced happily. I had done the right thing. I was mastering the art of What Would Salinger Say? But I had also crossed a line. The barely visible seam between bemused interest or compassionate engagement or plain sympathy and utter over involvement," she writes.

Meanwhile, another story unfolds. In New York magazine four years ago, a small publisher in Alexandria, Virginia, wrote the story of how he almost got to publish Salinger's last book in a piece called "Betraying Salinger." Rakoff tells the other side of a fascinating story here: How a long-shot typewritten letter addressed simply to "J.D. Salinger, Cornish, New Hampshire" almost scored the publishing coup of the century, but then collapsed at the finish.

Much of the narrative also deals with her personal life, but Rakoff is an accomplished wordsmith who makes even an uneventful commute to work seem compelling. There is the issue of the mean-girl digs; in not identifying her boss by name, nor the agency, she strives for class, but in a 2010 piece in *Slate* magazine, she outed Phyllis Westberg and Harold Ober Associates, and to coyly conceal it here seems, to channel Caulfield, a tad phony. Overall, though, this is a terrific book about how books — and authors — are made. It's reality TV for authors, in print.

A — Jennifer Graham

CHILDREN'S ROOM

A weekly recommendation from the Concord Public Library

Flight School

written by Lita Judge, 2014

(Picture book, 4-8 years)



In this delightful picture book by New Hampshire author Lita Judge, we meet Penguin, who has the "soul of an eagle" and enrolls in flight school. Despite Penguin's efforts, he can't fly on his own — but manages to soar with a little help from his friends. A charming little twist ends the tale.

OUT NEXT WEEK

Close Your Eyes, Hold Hands
By Chris Bohjalian

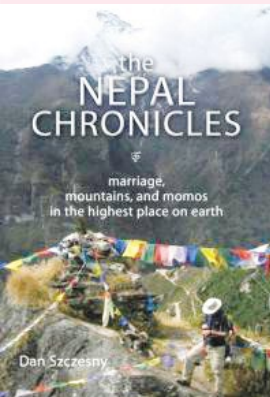


Hits shelves: July 8

Author best known for: *Midwives*

One-sentence review: "More heartfelt, engaged work from relentlessly best-selling, best-book author Bohjalian, and how can you not love a heroine who identifies with Emily Dickinson?"
Library Journal

Book Report



• From NH to Nepal:

After hiking and writing about New Hampshire's lesser-known "52 With a View" list of peak-bagging treasures, author (and associate Hippo publisher) Dan Szczesny has written another book. This one is also about mountains — but they're not exactly local. *The Nepal Chronicles: Marriage, Mountains, and Momos in the Highest*

Place on Earth, published by local company Hobbleshush Books in Hollis, is about the adventures he and his wife, Meenakshi, experienced around their wedding ceremony in Kathmandu, which included a climb up 18,250-foot Kala Patthar. The book is a deeply felt exploration of the culture and history of one of the world's most complex places, as well as a meditation on his own personal journey, into a new family and relationship. Szczesny will talk about this new book at a launch event on Thursday, July 10, at 7 p.m., at Gibson's Bookstore, 45 S. Main St., Concord. If you can't make the event, call 224-0562 or email gibsons@totalnetnh.net to have a copy put aside.

• **Poetry at Frost's farm:** The Robert Frost Farm (122 Rockingham Road, Route 28, Derry) hosts Joshua Mehigan, also on Thursday, July 10, from 6:30 to 8:30 p.m. The free event, open to the public, is part of the Frost Farm's Hyla Brook Reading Series, which consists of nationally acclaimed poets reading in the intimate setting (Frost's barn). The series occurs monthly through Sept. 11. Mehigan's first book, *The Optimist*, was a finalist for the 2005 Los Angeles Times Book Prize, and his poems have appeared in many periodicals, including *The New Yorker*, *The Paris Review* and *Poetry* (which awarded him its 2013 Levinson Prize). His second book was just published, called *Accepting the Disaster*, by Farrar, Straus and Giroux. Following appearances include Kim Bridgford on Thursday, Aug. 14, and Sydney Lea on Thursday, Sept. 11. Visit facebook.com/hylabrookpoets. — *Kelly Sennott*

Books

Author events

• **JOSHUA PALMATIER** talks about *Shattering the Ley* on Mon., July 7, at 3 p.m. (drive-by signing; call ahead of time to confirm time), at Toadstool Bookshop, 614 Nashua St., Lorden Plaza, Milford. Call 673-1734, visit toadstool.indiebound.com.
• **BRIAN ALDRICH AND MICHAEL MEREDITH** event celebrating *New Hampshire Beer: Brewing From Sea to Summit* Tues., July 8, at 7 p.m., at Water Street Bookstore, 125 Water St., Exeter. Visit waterstreetbooks.com.
• **BOOK LAUNCH: ELISHA MAGUS** author E.C. Ambrose (a.k.a. Elaine Isaak) book launch on Thurs., July 10, 6-8 p.m., at Toadstool Bookshop, 614 Nash-

ua St., Lorden Plaza, Milford, 673-1734.

• **EDIE CLARK** Yankee magazine writer speaks about her book, *What There Was Not to Tell*, Thurs., July 10, at Howe Library, 13 South St., Hanover. Visit howelibrary.org.

• **JOSHUA MEHIGAN** is a featured reader on Thurs., July 10, 6:30-8:30 p.m., during the Hyla Brook Series at Frost Farm, 122 Rockingham Road, Derry. Free event, open mic to follow readings. His new book, *Accepting the Disaster*, comes out in July.

• **BOOK LAUNCH: THE NEPAL CHRONICLES** by Dan Szczesny on Thurs., July 10, at 7 p.m., at Gibson's Bookstore, 45 S. Main St., Concord, gibsonsbookstore.com, for his newest book, *The Nepal Chron-*

icles: Marriage, Mountains and Momos in the Highest Place on Earth. Call 224-0562, email gibsons@totalnetnh.net. He also talks about the new book on Sat., July 26, at 2 p.m., at Toadstool Bookshops, 614 Nashua St., Lorden Plaza, Milford.

• **JAMES HOFFARD** visits Gibson's Bookstore, 45 S. Main St., Concord, Fri., July 11, at 7 p.m., to talk about *Four Score and More*. Call 224-0562, email michael@gibsonsbookstore.com.

• **DAN SZCZESNY** will talk about his book *The Adventures of Buffalo and Tough Cookie* at the Margret and H.A. Rey Center, 35 Village Road, Waterville Valley, on Fri., July 11, at 8 p.m. Visit buffaloandtoughcookie.wordpress.com.

• **CHARLES LEWIS** talks about his new book, *925 Lies*, on Sat., July 12, at 11 a.m., at 12 Depot Square, Peterborough, 352-8815, toadstool.indiebound.com.

• **LYRION APTOWER** talks about her book, *Musings & Miscellany*, at the Milford Toadstool Bookshop, 614 Nashua St., Lorden Plaza, Milford, on Sat., July 12, 2-4 p.m.

• **LUCIE BRYAR** talks about *Exploring Southern New Hampshire* on Tues., July 15, at 7 p.m., at Water Street Bookstore, 125 Water St., Exeter. Visit waterstreetbooks.com.

• **TORY HILL AUTHORS SERIES** at the Warner Town Hall on Main St., Warner, throughout the summer, with events starting at 7 p.m. Sponsored by Warner Historical Society, showcasing locally- and nationally-known authors. Sy Montgomery and Howard Mansfield speak on Sat., July 12; Chris Schadler speaks on Sat., July 26; Bill Littlefield speaks on Sat., Aug. 9; Mike Dickerman speaks on Sat., Aug. 23. Tickets \$10 each. Visit toryhillauthors-series.com.

• **JON KELLER** talks about *Of Sea and Cloud* on Tues., July 15, at 7 p.m., at Gibson's Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com, call 224-0562.

• **BRENDAN DUBOIS** talks about newest Lewis Cole mystery *Fatal Harbor* Thurs., July 17, at 7 p.m., at Mary E. Bartlett Public Library, 22 Dalton Road, Brentwood, 642-3355; Tues., Sept. 9, at 7 p.m., at RiverRun Bookstore, 142 Fleet St., Portsmouth, 431-2100.

• **ROY GOODMAN** talks about latest novel, *Angel Play*, Sat., July 19, at 2 p.m., at Toadstool Bookshop, 614 Nashua St., Lorden Plaza, Milford. Call 673-1734, visit toadbooks.com, email books@mtoad.com.

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Meet the Authors!

July 10th 7PM — Dan Szczesny
Book Launch *The Nepal Chronicles: Marriage, Mountains and Momos in the Highest Place on Earth* When travel writer Dan Szczesny and his wife, Meenakshi, traveled to Nepal to marry in Kathmandu and trek to Everest Base Camp.

July 11th 7PM — Poet James Hofford
'Four Score and More' Local poet joins us again after several years away to present his newest volume of verse and autobiography. Haiku for all ages, Story Poems, and uplifting Praises & Pray.

July 15th 7PM — Jon Keller
'Of Sea and Cloud' Tilton author Jon Keller joins us to present his debut novel. A story of Maine lobster men, a family legacy and a family tragedy!

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E.C. Ambrose
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Joshua Palmatier
At our Milford store
Mon, July 7th at 3ish
The award-winning SF/Fantasy author stops by to say hello and sign his books while touring through New England. His latest is *Shattering the Ley*.

Lyrion Aptower
At our Milford store
Sat, July 12th at 2pm
Musings & Miscellany is a delightful collection of essays and prose from the High Priestess of the (NH) Granite Tower – sure to amaze and confound.

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Transformers: Age of Extinction (PG-13)

Optimus Prime and Co. ride again (and, thankfully, Shia-less) in *Transformers: Age of Extinction*, the fourth movie in Michael Bay's *Transformers* series.

For what it's worth, I saw this movie in its IMAX 3-D version. Michael Bay, three hours — I figured, heck, why not.

As mentioned, Sam and the Witwicky family are not even hinted at and only a sight gag late in the movie references Megan Fox (maybe). Instead, Texas-based tinkerer Cade Yeager (Mark Wahlberg) and his teenage daughter Tessa (Nicola Peltz) are the focus here. Cade, who spends his time fixing and inventing stuff in a mostly failed attempt to make ends meet, is in a near constant battle with Tessa who, at 17, wants freedom and a chance to go to college. Cade is also in a battle with the bank, which really feels he should pay his mortgage.

Attempting to earn a little of that green, Cade is sifting through stuff at an old movie theater, looking for items he can fix up and sell, when he finds a junked truck. He takes it back to his barn and starts working



Transformers: Age of Extinction

on it, only to realize that he doesn't have a vehicle at all, he has a Transformer.

So, apparently, previously on *Transformers*: It's been about five years since all the stuff happened in the last movie. Apparently, humans are now super bitter about being caught in the Autobot-versus-Decepticon-versus-other-movie-baddie violence and have disbanded all Autobot-

-human joint operations. While the remaining Autobots have been given amnesty, a CIA agent named Harold Attinger (Kelsey Grammer) directs an operation called Cemetery Wind that is hunting down all Transformers, both good (Autobot) and bad (Decepticon).

Side note: "Cemetery Wind" sounds like either the title of some bad poet-

ry by a high school freshman who has just discovered goth or the punchline to a Halloween-themed fart joke.

Doing the dirty work for Attinger is James Savoy (Titus Welliver, who I now mostly think of as the sort of hostile pitchman for Comcast's business services), a character whose name I don't remember being said ever and who is most notable for dialogue such as, when he begins an illegal search on Cade's property, "My face is my warrant," which, what? When Transformers are successfully captured and killed, their pieces go to Joshua Joyce (Stanley Tucci), head of a giant tech company that makes everything from cars to drones to its own reverse-engineered Transformers.

This bad guy task force tracks Optimus (voiced by Peter Cullen) to Cade's farm, necessitating a fast getaway by not just Cade, Optimus and Tessa but also Shane (Jack Reynor), Tessa's boyfriend about whom Cade was not aware. On the run, Optimus tries to track down the other remaining Autobots: Hound (voiced by John Goodman), Drift (voiced by Ken Watanabe), Crosshairs (voiced by John DiMaggio) and of course, Bumble Bee.

REVIEWLETS

* indicates a movie worth seeing. For reviews of graded films, go to hippopress.com

Opening soon:

July 2: *Tammy* (R) stars Melissa McCarthy, who also co-wrote this promising-looking road trip comedy with her real-life husband Ben Falcone (who also directs); *Deliver Us From Evil* (R) This horror movie stars Eric Bana; *Earth to Echo* (PG) has shades of *ET* and *Goonies* (if the trailers can be believed) in this story of kids who find alien technology.

July 11: *Dawn of the Planet of the Apes* Andy Serkis returns in this sequel to the 2011 movie; *The Fluffy Movie* features comedian Gabriel "Fluffy" Iglesias in concert.

Now playing:

The Amazing Spider-Man 2 (PG-13)

Andrew Garfield, Emma Stone. This not-terrible, not great, OK-I-guess second entry in the Spider-Man reboot series gets better as the movie wears on. **B-**

Blended (PG)

Adam Sandler, Drew Barrymore. Somewhere in all the uncomfortable Africa

humor and the odd Hooters product placement is a romantic-comedy for the combined family that could be something, with a few rewrites. **C-**

Chef (PG-13)

Jon Favreau, John Leguizamo. Chef is not a perfect movie, either as a look at the food scene or as an examination of one man's life that stays consistent throughout. But Favreau has interesting stuff to say about creation and its public consumption, parenting and the course of a career. And whatever remaining sins you still have a problem with are completely papered over by some of the most stomach-growl-causing food porn in the history of food porn. Because I totally can't resist its charms: **A**

**Edge of Tomorrow* (PG-13)

Tom Cruise, Emily Blunt. This surprisingly smart, funny and satisfying sci-fi features Cruise as a believably-reluctant hero who relives one 24 hour period over and over again during a crucial battle between humans and aliens. **B+**

**The Fault in Our Stars* (PG-13)

Shailene Woodley, Ansel Elgort.

The hugely popular YA novel about a teen with cancer and her romance with a fellow patient is obvious but charming, sweet and deeply sad. **B**

Godzilla (PG-13)

Ken Watanabe, Bryan Cranston. Godzilla movie could have used significantly more Godzilla and about half as much human exposition. For a series of really beautiful shots and the all-too-rare moments of actual monster fights, I'll say **B-**.

Heaven Is For Real (PG)

Greg Kinnear, Kelly Reilly. Based on the hugely popular book, this movie gives us the surprisingly empty tale of a young boy who nearly dies and visits heaven. **C-**

How To Train Your Dragon 2 (PG)

Voices of Jay Baruchel, Cate Blanchett. The relatively charmless 2010 animated feature gets a sterile and charmless sequel. **C**

Jersey Boys (R)

John Lloyd Young, Christopher Walken. This Clint Eastwood-directed Frankie Valli biopic never quite hits the right note. **C**

Maleficent (PG)

Angelina Jolie, Elle Fanning. Find yourself a lookbook of Jolie's evil queen wardrobe and you'll see all you need to of this Sleeping Beauty remake. **C-**

A Million Ways To Die In The West (R)

Seth McFarlane, Charlize Theron. McFarlane directed, co-wrote and stars in this flat riff on the western. **C-**

Neighbors (R)

Seth Rogen, Rose Byrne. Plus Zac Efron, who is surprisingly deft at the movie's blend of broad comedy and existential angst. Rogen and Byrne are the home-owners suddenly faced with living next to a fraternity. **B-**

**22 Jump Street*

Channing Tatum, Jonah Hill. The stupid-funny comedy from 2012 gets an equally stupid-funny sequel. **B+**

X-Men: Days of Future Past (PG-13)

James McAvory, Michael Fassbender. Plus, as their older incarnations, Patrick Stewart and Ian McKellen. This

movie blends the characters and actors in the first set of X-Men movies with their younger versions from First Class. The overall universe continuity is confusing and the movie doesn't quite have the humor or the punch of the better X-Men but, overall, it is solid superhero fun. **B**

Second run:

Divergent (PG-13)

Shailene Woodley, Theo James.

Interesting characters don't quite save this YA adaptation from uneven world-building and a general blahness. **C+**

Frozen (PG)

Voices of Kristen Bell, Josh Gad. Disney gets two princesses in one movie in this hugely popular (though, on first viewing, I felt rather just-OK) retelling of "The Snow Queen," which also features the voice of Idina Menzel. **B-**

**The LEGO Movie* (PG)

Voices of Chris Pratt and Elizabeth Banks. And, delightfully, Will Ferrell. This solid tale of LEGOs protecting their world from a weapon called "Kragle" has adventure, comedy, visual cleverness, sweetness and

a pretty spot-on joke about Siri. **A**

Million Dollar Arm (PG)

Jon Hamm, Aasif Mandvi. Plus Alan Arkin as the cranky old guy speaking old guy truths. This tale of a slickster sports agent seeking a big pay-off by discovering the unknown Indian athletes that will crack the Indian market for major league baseball answers the question of whether Jon Hamm can be something other than Don Draper (refreshingly, yes) and is a moderately better than average offering of sports movie shmaltz. **B-**

**Mr. Peabody & Sherman* (PG)

Ty Burrell, Allison Janney. Charming update of characters from the *Rocky & Bullwinkle* mix, this movie has cute puns, history nerd (not to mention nerd nerd) moments and a sweet father-son story. **B+**

Muppets Most Wanted (PG)

Tina Fey, Ricky Gervais. The Muppets return for a new adventure involving a world tour and an international frog criminal. Though filled with highjinks, the movie is missing some of the Muppets zany heart. **B-**

together, Autobots plus Cade, Shane and Tessa try to figure out who is hunting them, why and what a freaky-looking, firestorm-wielding Transformer named Lockdown (voiced by Mark Ryan) has to do with it all. The movie also starts some subplots about the discovery of a metal-covered dinosaur and a geologist named Darcy (Sophia Myles) who is very serious and focused about something, I forget what, but she gets to threaten to shut something down because I Am A Geologist, Dammit!

That plot fizzles away into nothing but Darcy does show up in later scenes, primarily to increase the number of ladies in scenes with Joshua. A potentially badass assistant to Joshua named Su Yueming (Bingbing Li) also hangs around. T.J. Miller shows up to crack wise in the early part of the movie, serving mainly as someone off whom exposition can be bounced about Cade's money woes. And, lest you think the franchise has forgotten about him in its quest to find new old Transformers to make a central villain, the spirit of Megatron lives on.

Here are some questions I had during this movie:

- Who is fighting whom? (This question came up during any and all action sequences when, in true Transformers style, I couldn't tell which robots were good and which were bad nor could I tell which of the actions was supposed to be scary, since no person or robot ever seemed to be hurt by anything, except in, like, two cases where the movie slowed itself way down to make sure we understood that some robot we don't give one puff of "cemetery wind" about has died.)
- In any given scene, what are the stakes? (As mentioned, nobody ever appears to be injured, no matter how many times, say, the humans fall dozens of floors only to be caught by a hard metal robot or how many times a robot appears to be run through with another robot's sword.)
- Does Michael Bay have a three-for-one coupon for slo-mo?
- Where is the damn wind coming from? Why is it always windy and why does that wind primarily act on Peltz's hair?
- And speaking of Peltz — whose character, by the way, is only 17 years old — is she allergic to clothes? Did they run out of money for her wardrobe budget and try to make it up by using as little fabric as possible for her short-shorts?
- And, not just with Peltz but with most female characters (to include random extras), why do they seem to be shiny all the time, like there's just been some sort of baby oil accident?
- Why does every scene seem to eventually include shots of the desert?

Even scenes that, at least as far as I can remember in this mishmash of metal and lip gloss, don't appear to start in the desert seem to end in the desert.

• So, the Transformers-hating Savoy hates Transformers with a fiery hatred even greater than Welliver.

And finally:

• Three hours? Dear God, why is it three hours?

Actually, the movie is two hours and 45 minutes, so only if you stay to the end of the credits and only if your theater precedes the actual feature itself with 15 minutes or more of trailers does the movie really reach three full hours. But it still feels like you're sitting through the whole three hours. At the hour-and-40-or-so-minute mark I really felt like the movie was coming to a close — there was a climactic battle scene, a bad guy seemed to be defeated (although I also realized at this point I no longer remembered who was the key bad guy and who were just peripheral bad guys). I looked at my phone and realized, nope, not the end, still an hour-plus to go.

I would offer more critiques of this movie's internal logic and plot structure but, as I write this review only a few hours after leaving the theater, what I remember of its plot could be boiled down to something like: "Loud bass score! Dinosaurs! Metal dinosaurs! Hong Kong! Noises! Explosions! CGI fire! More explosions! Mwaah mwaah bass! Things! Wind! Don't mess with Texas."

Nor do I see much point in criticizing the acting, particularly since nobody appeared to really do any. Wahlberg's performance is, at times, entertainingly hammy in a late-era Bruce Willis kind of way.

Stanley Tucci's performance can be boiled down to the phrase "occasional over-enunciation." Other roles have even less going on.

Transformers: Age of Extinction is probably mostly fairly judged by the experience of the ride. It is all about taking us over and under and through the explosion and not at all about why stuff is exploding. And it's on this level that the movie's faults truly matter. If *Age of Extinction* were fun — any fun at all — a good chunk of its problems wouldn't matter. You would pick nits later, but enjoy the roller coaster while you were on it. But the movie is confusing, ponderous and — most deadly for an action movie — boring and predictable. **D**

Rated PG-13 for intense sequences of sci-fi violence and action, language and brief innuendo. Directed by Michael Bay and written by Ehren Kruger, Transformers: Age of Extinction is two hours and 45 minutes long and distributed by Paramount Pictures. 🌟


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MOVIES OUTSIDE THE CINEPLEX

RED RIVER THEATRES

11 S. Main St., Concord, redri-
vertheatres.org, 224-4600

• *Princess Bride Quote-a-long*
(PG, 1987) Thurs., July 3, at 7
p.m.

• *Chef* (R, 2014) Thurs., July
3, at 2:05 p.m.; Fri., July 4, at
1, 3:25, 5:50 & 8:15 p.m.; Sat.,
July 5, at 1, 3:25, 5:50 & 8:15
p.m.; Sun., July 6, at 1, 3:25, &
5:50 p.m.; Mon., July 7, at 5:25
& 8 p.m.; Tues., July 8, at 2:05,
5:25 & 8 p.m.; Wed., July 9, at
5:25 & 8 p.m.; & Thurs., July
10, at 2:05 p.m.

• *Chinese Puzzle* (R, 2014)
Thurs., July 3, at 2:10, 5:30 &
7:45 p.m.

• *Obvious Child* (R, 2014)
Thurs., July 3, at 2, 5:35 & 7:55
p.m.; Fri., July 4, at 3:05 & 6:55
p.m.; Sat., July 5, at 3:05 & 6:55
p.m.; Sun., July 6, at 3:05 &
6:55 p.m.; Mon., July 7, at 5:30
p.m.; Tues., July 8, at 5:30 p.m.;
Thurs., July 10, at 5:30 p.m.

• *Ida* (PG-13, 2014) Fri., July
4, at 1:15, 5:05 & 8:55 p.m.;
Sat., July 5, at 1:15, 5:05 & 8:55
p.m.; Sun., July 6, at 1:15 &
5:05 p.m.; Mon., July 7, at 7:30
p.m.; Tues., July 8, at 2 & 7:50
p.m.; & Thurs., July 10, at 2 &
7:30 p.m.

• *Snowpiercer* (R, 2014) Fri.,
July 4, at 2, 5, 8 & 10:30 p.m.;
Sat., July 5, at 2, 5, 8 & 10:30
p.m.; Sun., July 6, at 2 & 5 p.m.;
Mon., July 7, at 5:35 & 8:05
p.m.; Tues., July 8, at 2:10, 5:35
& 8:05 p.m.; Wed., July 9, at
5:35 & 8:05 p.m.; & Thurs., July
10, at 2:10, 5:35 & 8:05 p.m.

• *And So It Goes* (PG-13, 2014)
Wed., July 9, at 7 p.m., part of
NY Film Critics Series

• *A Hard Day's Night* (1964)
Thurs., July 10, at 6:30 p.m.

WILTON TOWN HALL

40 Main St. in Wilton, 654-3456,
wiltontownhalltheatre.com

• *Ida* (PG-13, 2013) Thurs., July
3, at 7:30 p.m.

• *Obvious Child* (R, 2014)
Thurs., July 3, at 7:30 p.m.

• *A Hard Day's Night* (1964)
Fri., July 4, through Thurs.,
July 10, at 7:30 p.m. Additional
screenings Sun., July 6, at 2 &
4:30 p.m.

• *Words and Pictures* (PG-
13, 2013) Fri., July 4, through
Thurs., July 10, at 7:30 p.m.

Additional screening Sun., July
6, at 2 p.m.

• *1776* (PG, 1972) Sat., July 5,
at 4:30 p.m.

• *Tarzan and the Golden Lion*
& *The Lost World* Sun., July 6,
at 4:30 p.m.

MILFORD DRIVE-IN

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Screen 1: *How to Train Your*
Dragon 2 (PG, 2014) & *Trans-*
formers: Age of Extinction
(PG-13, 2014) Thurs., July 3,
through Tues., July 8

Screen 2: *Tammy* (R, 2014) &
Jersey Boys (R, 2014) Thurs.,
July 3, through Tues., July 8

GREELEY PARK

100 Concord St., Nashua,
Friday night movies at Greeley
park; all films start at dusk.

• *Frozen* (PG, 2013) Fri., July 11

MANCHESTER CITY LIBRARY

405 Pine St., Manchester, 624-
6550, manchester.lib.nh.us

• *Cloudy With a Chance of*
Meatballs (PG, 2009) Mon.,
July 7, at 2:30 p.m.

• *The Fox and the Hound* (G,
1981) Wed., July 9, at 1 p.m.

• *Planet 51* (PG, 2009) Mon.,
July 14, at 2:30 p.m.

WEST BRANCH COMMUNITY LIBRARY

76 N. Main St., Manchester,
624-6560, manchester.lib.nh.us

• *Meet the Robinsons* (G, 2007)
Fri., July 11, at 3 p.m.

CINEMAGIC

1226 Hooksett Road, Hooksett

• *And So It Goes* (PG-13, 2014)
Wed., July 9, at 7 p.m., free
AARP screening, aarp.org/man-
chester

HOOKSETT PUBLIC LIBRARY

31 Mount Saint Mary's Way,
Hooksett, 485-6092, hookset-
tlibrary.org, Free films and pop-
corn.

• *Movie Matinee* Thurs., July 3,
at 2 & 6 p.m.

• *Family night at the movies*
Thurs., July 10, at 6 p.m.

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• *Teen movie* Thurs., July 24, at
1 p.m.

GOFFSTOWN PUBLIC LIBRARY

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townlibrary.com

• *Kids' Movie Matinee* Mon.,
July 7, at 2 p.m.; Mon., July 14,
at 2 p.m.

EXETER PUBLIC LIBRARY

4 Chestnut St., Exeter

• *Monday Madness* on Mon.,
July 14, at 2:30 p.m., and Mon.,
Aug. 11, at 2:30 p.m. Teen
movie night.

• *Adult Summer Film Series*
begins Mon., July 7, continue to
be the first and third Monday of
each month at 1 p.m.

THE MUSIC HALL

28 Chestnut St., Portsmouth,
436-2400, themusichall.org.

Some films are screened at
Music Hall Loft, 131 Congress
St.

• *Finding Vivian Maier* (NR,
2013) Thurs., July 3, at 7 p.m.

• *Watermark* (PG, 2013) Sat.,
July 5, at 7 p.m. & Tues., July
8, at 7 p.m.

• *Palo Alto* (R, 2014) Fri., July
11, at 7 p.m.; Tues., July 15,
through Thurs., July 17, at 7
p.m.

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• *The Incredibles* (PG, 2004) on
Mon., July 7

• *Ferris Bueller's Day Off* (PG-
13, 1986) on Mon., July 14

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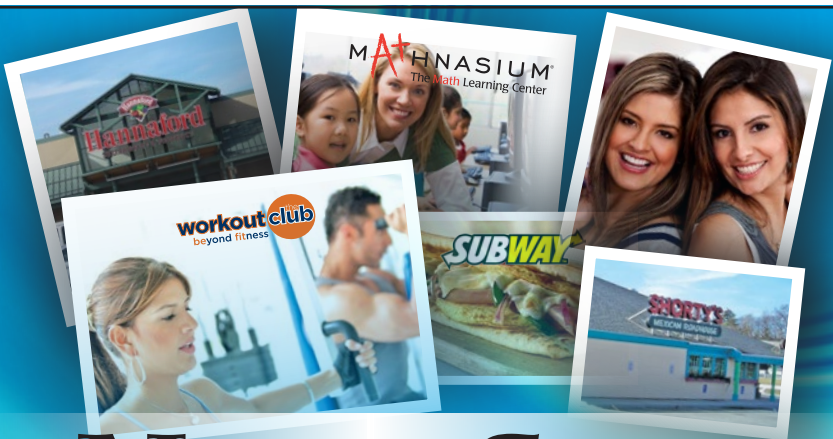
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By Michael Witthaus
mwitthaus@hippopress.com

• **Fourth feet:** Enjoy Manchester's Arms Park fireworks display after an evening of **Ballroom, Latin and Swing** dancing. The rear windows of the Mill District studio offer a prime view of the event, which features an extra half hour of dancing — move your feet instead of fighting traffic. Attend Special Potluck and Fireworks Dance Party on Thursday, July 3, at 7 p.m. at Queen City Ballroom Dance Studios, 21 Dow St., Manchester, 622-1500. All levels welcome.

• **Wine and song:** An award-winning Amherst winery welcomes **Robert Allwarden** for a special Fourth of July set. The area native performs an easy mix of covers, but of course the true hits are in the bottle. Try the blueberry Anthology dessert wine, or celebrate Independence Day with Shimmer, a riesling and dry apple sparkler. See Robert Allwarden on Friday, July 4, at 6 p.m. at LaBelle Winery, 345 Route 101, Amherst. See [labellewinerynh.com](#).

• **Independent woman:** Musician and author **Rosanne Cash** defied convention from the moment she released her first album 35 years ago. Programmers who didn't know what to call her music, which straddles country and rock but inhabits neither, probably invented the Americana genre for her. Lately, she's made some of her best music, including *The River & The Thread*, released this year. See Rosanne Cash on Saturday, July 5, at 7 p.m. at Prescott Park, 105 Marcy St., Portsmouth. Suggested \$8-\$10 donation.

• **Cross-country:** Clay Ross studied jazz, went to Brazil to explore the folkloric rhythms there, then returned to his South Carolina home to rediscover its regional music. The result is **Matuto** — the name is slang for "backcountry man" — a musical melting pot where Brazilian lilt mingles with Appalachian fiddle and the one-string Berimbau evokes the blues. See Matuto on Tuesday, July 8, at 6 p.m. at Angela Robinson Bandstand, Community Park, Henniker. Visit [matutomusic.com](#).

• **Jam joint:** Bringing together members of Timbre Coup and Capital Zen, **Mister F** boasts four veterans of festival circuit events like Mountain Jam, moe.down and Camp Bisco. After forming in 2013, the high-energy band released a debut album, *The F Stands Four*, and played over 100 shows in 16 states. Post-Manchester, they head to upstate New York for the Hudson Project. See Mister F on Wednesday, July 9, at 9 p.m. at Penuche's, 98 Hanover St., Manchester. Check out [misterfband.com](#).

Follow on Twitter: @hipponitemusic
Listen on Spotify: [spoti.fi/11v13b](#)

NITE Flying solo

Former Eagle Don Felder performs with Soundtrack of Summer tour

By Michael Witthaus
mwitthaus@hippopress.com

It's tempting to read Don Felder's memoir *Heaven and Hell* for the tell-all tales of his days as an Eagle — the band's messy break-up, reunion and even messier aftermath. What it's really about, though, is a dirt-poor Florida kid's romance with music, and his road to hits like "Hotel California" and "Victim of Love."

"When I was 10 years old, I became obsessed with it," Felder said in a recent phone interview. "I literally spent every spare minute when I wasn't in school or working to play music for the sheer love and joy of it."

His father encouraged him despite 18-hour workdays, recording borrowed records on a reel-to-reel tape deck picked up at a swap meet so the budding guitarist could practice.

As a teenager, Felder went to a Chet Atkins concert with his dad and experienced a life-changing moment. Atkins played both "Dixie" and "Yankee Doodle Dandy" on a single guitar, "simultaneously, in key and in stereo, which amazed me," said Felder. "Stereo was a phenomenon then, like the iPad today — brand new."

Years later, the experience inspired Felder as his band prepared to perform the then-new *Hotel California* album live on stage.

"I had recorded so many parts ... I had to figure out how to play them all," he said. "So I got a double-neck guitar and wired it like Chet Atkins' pickups. I threw a switch one way to play the six-string parts and another for the 12-string parts. Even today I have to use the guitar."

It wasn't the only early moment employed by Felder further down the road. He was living in Boston after his first record deal ended, having turned down teaching guitar to Berkeley freshmen for studio work.

"I was playing guitar, arranging, being a recording engineer, tape operator," he said, "anything I could do to learn how to make records and get my chops together."

Box set

Guitarist Myrick releases three albums

By Michael Witthaus
mwitthaus@hippopress.com

For over a decade, Brad Myrick lived as a guitar globetrotter, dividing his time between West Coast session work, summers teaching and recording in Italy, and performing in his home state of New Hampshire. As an arranger, composer



Don Felder. Courtesy photo.

After his day job, Felder took the T to Cambridge to play a nylon string guitar for the dinner crowd at the Harvard Square Holiday Inn. The high point was an occasional \$5 tip for marking someone's anniversary with a request — often quickly learned on break from a fake book.

"Anything to make a buck ... then I'd go play with this cover band until one in the morning," he said.

It was grueling, and sometimes demeaning, but ultimately useful, said Felder.

"When we did the *Hell Freezes Over* version of 'Hotel California,' I thought, how do I arrange that song in a way that's unique and Spanish flavored? I picked up this nylon-stringed guitar that I had in my house and started playing it on that, and said, 'Ah-hah!' So it came back."

Felder is currently with the *Soundtrack of Summer* tour, co-headlined by Styx and Foreigner. It stops at Bank of New Hampshire Pavilion at Meadowbrook on July 6. Felder and Styx guitarist Tommy Shaw met at an Alice Cooper charity event 10 years ago.

"Styx were playing and I sat in. We did

three Eagles songs and we had a blast — great time, great band."

Shaw co-wrote a pair of songs with Felder for his 2012 solo album, *Road to Forever*. Also contributing to the album were Crosby, Stills & Nash, who harmonize on the opening track, "Fall From the Grace of Love." Stills and Felder briefly played together as teenagers but lost touch. Later, fate amusingly reconnected the two.

"When I got to L.A. [in 1970], one of the first gigs I had was playing in Crosby-Nash, doing Stephen's parts — guitar, harmony," Felder remembered. "We went to Denver for a show. Stephen lived there, and was going to sit in. I'll never forget him walking on stage and looking at me. He said, 'What are you doing here?' I said, 'I'm being you!'" 🍷

Soundtrack of Summer with Styx, Foreigner and Don Felder

When: Sunday, July 6, at 7 p.m.

Where: Bank of New Hampshire Pavilion at Meadowbrook, 72 Meadowbrook Lane, Gilford

Tickets: \$29-\$59 at [meadowbrook.net](#)

and performer, he's played with a myriad of other performers. One thing Myrick hasn't done, however, is make a record of his own.

The musical omnivore emphatically addressed that situation recently. Most performers simply release a debut album; Myrick's putting out a box set. The jazzy *Halogen* came out in the spring. Two more

will arrive soon — an acoustic disc showcasing his songwriting skills, followed by a more pop-oriented effort.

"I've been working for everybody else for so long, it's nice to finally focus on myself," Myrick said in a recent phone interview. "People keep asking me ... where can I hear your stuff?" Interest proved high in May. Tickets sold out for



Brad Myrick. Courtesy photo.

a *Halogen* release party at Manchester's Amoskeag Mill Studio to hear Myrick and his band — Richard Gardzina, Alan Rowe, John Faggiano and Joey Pierog — perform the record from start to finish.

Myrick said an instrumental idiom like jazz is “actually more appealing than writing lyrics, and I can say that because I do both,” adding that he’s intrigued by the many mental pictures one of his pieces can create in a listener’s mind. “It gives me a new way to look at it next time I go and perform. It’s a great lift for a composer.”

However, he is excited by his two lyrically centered projects, which he called “the culmination of a decade of songwriting and performing. The tentatively titled *Where the New World Begins* “represents a period in my life where I was searching, lost at times, but excited and pensive. It speaks of exploring, lost love, hope, found love, and coping with the big city. Some tunes are melancholy, while others rock pretty hard for an unplugged style album.”

The final (still untitled) record is shaping up as his most ambitious. “It will be the closest thing to what I’ve always envisioned as a complete ‘Brad Myrick’ sound,” he said. “There are epic rockers with long guitar solos and short pop tunes that might even be radio-worthy. The album represents where I’m at, and hopefully hints at where I’m going both in life and musically.”

He’s using the new output to help move his career forward. “I’d like to remain in New Hampshire because I love it here,

Brad Myrick

Where: The Jazz Bar, Weir’s Beach, Laconia

When: Sunday, July 6

Also see him Wednesdays at Alan’s in Boscawen.

Full schedule at bradmyrick.com

grew up here, call it home,” he said, adding, “I want to continue to tie in all of the great people and experiences that I have in my life from my time in Los Angeles and Italy. It’s beautiful when I can incorporate what I’ve learned in other music scenes into the great scene we have here.”

Studio work continues, including producing Maine rocker Heath Bartley, and two upcoming fall projects. Behind the console, Myrick is adept at getting a little from a lot. “I do almost everything from my home studio,” he said. “Arranging is one of my favorite things, and I’ve been getting great feedback.”

An expanding performance calendar includes Myrick’s second year as music coordinator for the weekly *Jazz at Sunset* series at Castle in the Clouds in Moultonborough and hosting Wednesday open mike nights at Alan’s in Boscawen. He performs with a trio on July 6 at The Jazz Bar in Weir’s Beach.

“I’m nothing but excited to see where this all goes over the rest of 2014,” said Myrick. “My fellow musicians continue to inspire me, and the reciprocity that I experience in sharing music, both with other musicians and listeners, is one of the greatest gifts I have in my life.”

Night Life Music, Comedy & Parties

• **BITTERSWEET** at Alton Bandstand (NH Route 11, Alton Bay 875-0109) on Thursday, July 3 at 7 p.m. Fireworks following classic rock band. Free.

• **POTLUCK & FIREWORKS DANCE PARTY** at Queen City Ballroom (21 Dow St., Manchester 622-1500) on Thursday, July 3 at 7 p.m. \$10/door - runs until a half hour after Manchester fireworks display. Dance

to Ballroom, Latin and Swing. Singles and couples of all ages and dance levels welcome.

• **JOSE DUDDY** at Bandstand (NH Route 11, Alton Bay 875-0109) on Saturday, July 5 at 7 p.m. Country music. Free.

• **STUDIO TWO - BEATLES TRIBUTE** at Town Common Gazebo (7 School Street, Hebron 744-3335) on Saturday, July 5 at 6 p.m. In the event of inclement weather the concert will be held at the Hebron Fire Station.

(37 Groton Road, Hebron, NH 03241)

• **STUDIO TWO - BEATLES TRIBUTE** at Alan & Savina Hartwell Bandstand (235 E. Main St., Tilton 286-4521) on Sunday, July 6 at 6 p.m.

• **SUMMER CONCERT SERIES** at Community Park (Main St., Henniker 428-3230) on Tuesday, July 8 at 7 p.m. Matuto - Appalachia-Gone-Afro- Brazilion World Music Angela Robinson Bandstand.

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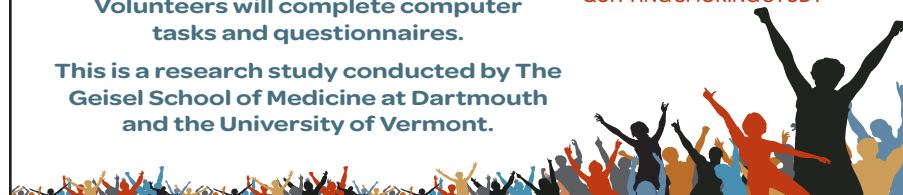


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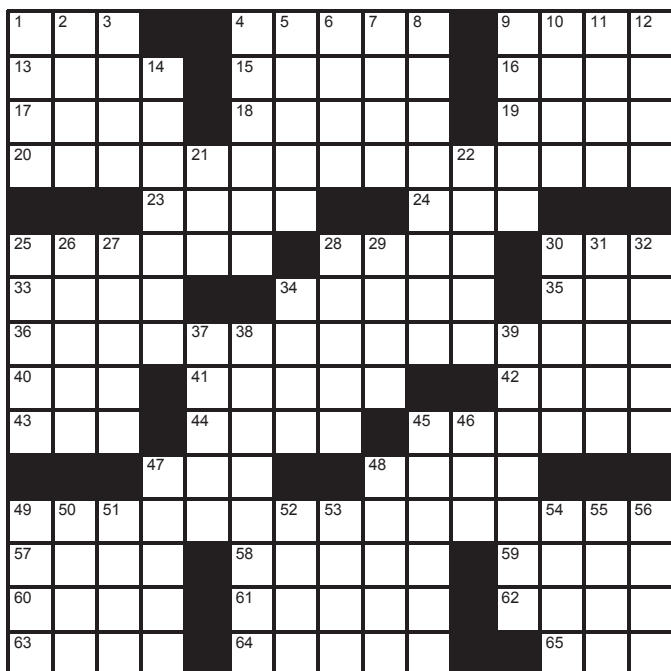
ASK ABOUT THE EFFECTS OF
QUITTING SMOKING STUDY



My puzzles over you

Across

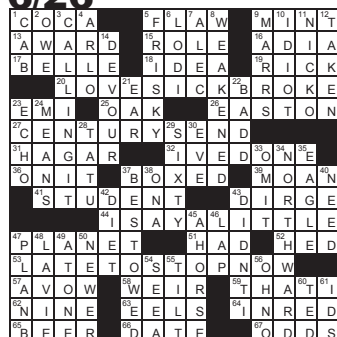
1. No Use For A Name song for a driving test?
4. Recording charges
9. Gladys Knight's band
13. Bass note of a chord
15. Trans-Siberian Orchestra 'The Christmas ___'
16. Musical conception
17. Record label founded in '55
18. Record label for safari sight?
19. New Found Glory "Lies, ___ hear are lies" (3,1)
20. Cheap Trick "___ someone to lay your heart and head upon" (8,3,4)
23. New Found Glory "I'll never ___ be



the one under your arms"

24. "It takes ___ to make a thing go right"
25. Kool & The Gang hit that pointed them in the wrong direction?
28. Chili Peppers bassman
30. Iconic music channel
33. Finch album/hit 'What It ___ Burn' (2,2)
34. Alanis Morissette "You live, you ___"
35. "Take on me, take me on" band
36. '02 New Found Glory album for teasing deflection? (6,3,6)
40. Alice 'Am I Inside' EP
41. "I smell sex and candy here" ___ Playground
42. Michael Jackson's was about to fall off
43. Repeated word in Ween 'Blarney Stone' chorus
44. Kix 'Blow My ___'

6/26



45. Need them to build giant set
47. Need them for "over 21" shows
48. Tim McGraw 'Not A Moment Too ___'
49. '06 Jerry Lee Lewis album about final guy left? (4,3,8)
57. Silverchair '___ Song (Open Fire)'
58. Cream 'Disraeli ___'
59. Syd Barrett compilation album about European car?
60. Hole shows 'Celebrity' this
61. Weird Al "___, get yourself an egg and beat it!" (3,2)
62. New Riders Of The Purple Sage 'Rockin' With ___'
63. Depeche Mode song about an angel's headwear?
64. Tour destinations
65. Ricky, to Matthew Nelson

Down

1. Allman Bros 'Win, Lose Or ___'
2. Audioslave song about eater of sweaters?
3. Portland band Viva ___
4. The Mission '___ In Sand'
5. Blur 'There's No ___ Way'
6. Gob is on ___ Of Echoes soundtrack
7. Stone Temple Pilots '___ Music.. Songs From The Vatican Gift Shop'
8. Used for easy parking at shows
9. Billy Joel instrument
10. Like unused studio
11. Tori Amos album 'Boys For ___'
12. '___ I Loved You...But I Lied'

Michael Bolton

14. 'Funky Cold Medina' rapper (4,3)
21. 'Inside Out' ___ 6
22. Devo 'Girl ___' (1,4)
25. Aerosmith 'I Don't Want To ___ Thing' (4,1)
26. Alice In Chains '___ Away' (1,4)
27. REM singer Michael
28. Might be on this, for so-so show
29. Patti Labelle '___ Marmalade'
30. Van Halen '___ A Mission' (3,2)
31. New Found Glory "Sick of all ___ words that will never matter"
32. Where stars put flowers thrown on stage
34. Metallica drummer Ulrich
37. Sascha Konietzko's industrial German band
38. Link-prone tailgating meats
39. Avett Brothers 'It Goes ___' (2,3,2)
45. Might hit east and west ones on tour
46. Elliot of Beau Brummels
47. Depeche Mode '___ Good' (3,2)
48. Danity Kane '___ Tease'
49. 'Aloha Mr Hand' Aussies
50. 'Put Your Head On My Shoulder' Paul
51. Styx 'Come ___ Away'
52. Groovy
53. Bowed tanbur
54. Apple product that changed music
55. '99 Luftballons' singer
56. '12 Wanted hit '___ You Came'

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Written By: Todd Santos

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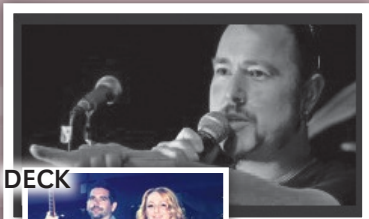
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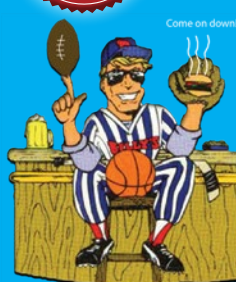
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La Belle Winery
345 Rte 101 672-9898

Auburn
Auburn Pitts
167 Rockingham Road
622-6564

Barrington
Chip ‘N Run Pub
550 Province Rd 664-2030

Bedford
Bedford Village Inn
2 Olde Bedford Way
472-2001

Copper Door
15 Leavy Drive 488-2677

Shorty’s
206 Rte 101 488-5706

Starbucks
220 S. River Rd 263-0061

Belmont
El Jimador
171 DW Hwy 527-8122

Lakes Region Casino
1265 Laconia Road
267-7778

Lodge at Belmont
Rte 106 872-2501

Top of the Town
88 Ladd Hill Rd
528-3244

Boscawen
Alan’s
133 N. Main St. 753-6631

Bow
Chen Yang Li
520 South St. 228-8508

Bradford
Appleseed Restaurant
63 High St. 938-2100

Bristol
Back Room at the Mill
2 Central St. 744-0405

Brookline
Cozy Tea Cart
104 Rte 13 249-9111

Mad Hatter
99 Route 13 672-1800

Concord
Barley House
132 N. Main 228-6363

Granite
96 Pleasant St. 227-9000

Hermanos
11 Hills Ave. 224-5669

Makris
354 Sheep Davis Road
225-7665

Penuche’s Ale House
6 Pleasant St. 228-9833

Pit Road Lounge
388 Loudon Road
226-0533

Red Blazer
72 Manchester St.
224-4101

Tandy’s Top Shelf
1 Eagle Sq. 856-7614

True Brew Barista
3 Bicentennial Sq.
225-2776

Contoocook
Covered Bridge
Cedar St. 746-5191

Deerfield
Lazy Lion Café
4 North Rd 463-7374

Derry
Coffee Factory
55 Crystal Ave. 432-6006

Halligan Tavern
32 W. Broadway
965-3490

Sabatino’s North
1 E. Broadway 432-7999

Steve-N-James Tavern
187 Rockingham Rd
434-0600

Dover
11th Frame Bar
887 B Central Ave.
742-9632

Asia
42 Third St. 742-9816

Cara Irish Pub
11 Fourth St. 343-4390

Cartelli’s
446 Central Ave. 750-4002

Central Wave
368 Central Ave. 742-9283

Dover Brick House
2 Orchard St. 749-3838

Fury’s Publick House
1 Washington St.
617-3633

Jimmy’s Sports Bar
15 Mechanic St. 740-4477

Kelley’s Row
421 Central Ave. 750-7081

Loft at Strafford Farms
58 New Rochester Rd.
742-7012

Roger’s Pizza
869 Central Ave. 742-9870

Sonny’s Tavern
83 Washington St.
742-4226

Spaghetti Stain
421 Central Ave.
343-5257

Top of the Chop
1 Orchard St. 740-0006

East Hampstead
Pasta Loft
220 E. Main St. 378-0092

Epping
Holy Grail
64 Main St. 679-9559

Epsom
Circle 9 Ranch
39 Windymere 736-9656

Exeter
Epoch
2 Pine St. 778-EPOCH

Shooter’s Pub
6 Columbus Ave.
772-3856

Gilford
Ellacoya Barn & Grille
2667 Lakeshore Road
293-8700

Patrick’s
18 Weirs Road 293-0841

Goffstown
Village Trestle
25 Main St. 497-8230

Wa Toy
611 Mast Road 668-1088

Hampton
Bernie’s Beach Bar
73 Ocean Blvd 926-5050

Boardwalk Inn & Cafe
139 Ocean Blvd. 929-7400

Breakers at Ashworth
295 Ocean Blvd. 926-6762

Breakers By the Sea
409 Ocean Blvd 926-7702

Cascade
3 D St. 926-5988

Millie’s Tavern
17 L St. 967-4777

Old Salt
409 Lafayette Rd.
926-8322

Purple Urchin
167 Ocean Blvd 929-0800

Ron’s Landing
379 Ocean Blvd 929-2122

Savory Square Bistro
32 Depot Sq 926-2202

Stacy Jane’s
9 Ocean Blvd. 929-9005

Wally’s Pub
144 Ashworth Ave.
926-6954

Whales Tales
169 Ocean Blvd 967-4771

Hanover
Jesse’s Tavern
224 Lebanon St. 643-4111

Salt Hill Pub
7 Lebanon St. 676-7855

Henniker
Country Spirit
262 Maple St. 428-7007

Daniel’s
Main St. 428-7621

Henniker Junction
24 Weare Road 428-8511

Pat’s Peak Sled Pub
24 Flander’s Road
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Hillsborough
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5 Depot St. 680-4148

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264 Lakeside Ave.
366-9100

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72 Endicott St. 366-2255

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Rt 3 Laconia 366-2400

Lebanon
Salt Hill Pub
2 West Park St. 448-4532

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432-3210

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Whippersnappers
44 Nashua Rd 434-2660

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333 Valley St. 782-5054

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SoHo
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Kingston 1686 House Tavern
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Baja Beach Club
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366-4411

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Jazz Bar
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366-9100

Margate Resort
76 Lake St. 524-5210

Naswa Resort
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366-4341

Paradise Beach Club
322 Lakeside Ave.
366-2665

Patio Garden
Lakeside Ave.

Pitman’s Freight Room
94 New Salem St.
527-0043

Element Lounge
1055 Elm St. 627-2922

Farm Bar & Grille
1181 Elm St. 641-3276

Fratello’s
155 Dow St. 624-2022

Gaucha’s Churrascaria
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149 Hanover St. 644-2467

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1077 Elm St. 647-6653

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837 Second St. 627-RIBS

Luigi’s
712 Valley 622-1021

Mad Bob’s Saloon
342 Lincoln St. 669-3049

McGarvey’s
1097 Elm St. 627-2721

Midnight Rodeo (Yard)
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623-3545

Milly’s Tavern
500 Commercial St.
625-4444

Murphy’s Taproom
494 Elm St. 644-3535

N’awlins Grille
860 Elm St. 606-2488

Olympic Lounge
506 Valley St. 644-5559

Penuche’s
96 Hanover St. 626-9830

Piccola’s
815 Elm St. 296-4070

Raxx Lounge
1195 Elm St. 203-1458

Salona Bar & Grill
128 Maple St. 624-4020

Shaskeen
909 Elm St. 625-0246

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625-1730

Sizzle Bistro
1 Highlander Way
232-3344

Social 24
24 Depot St. 782-8489

Nashua
603 Lounge
14 W. Hollis St. 821-5260

Starbucks
1111 S Willow St.
641-4839

Strange Brew Tavern
88 Market St. 666-4292

Theos
102 Elm St. 669-4678

TJ’s Bar & Grill
23 Central St. 660-2241

Unwine’d
865 Second St. 625-9463

Wild Rover
21 Kosciuszko St.
669-7722

World Sports Grille
50 Phillippe Cote St.
626-7636

XO on Elm
827 Elm St. 206-5721

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96 Old Turnpike Rd
878-1324

Meredith
Camp
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Merrimack
Giorgio’s Ristorante & Martini Bar
707 Milford Rd 883-7333

Homestead
641 DW Hwy 429-2022

Jade Dragon
515 DW Hwy 424-2280

Pacific Fusion
356 DW Hwy 424-6320

Milford
Chapanga’s
168 Elm St. 249-5214

Clark’s Tavern
40 Nashua St. 769-3119

Giorgio’s
524 Nashua St. 673-3939

J’s Tavern
63 Union Square 554-1433

Pasta Loft
241 Union Sq 672-2270

Shaka’s Bar & Grill
11 Wilton Rd 554-1224

Tiebreakers at Hampshire Hills
50 Emerson Rd 673-7123

Thursday, July 3
Boscawen
Alan’s: John Pratt in Lounge

Concord
Hermanos: Mike Stockbridge
Makris: Johnny James

Dover
Cara: Bluegrass w/ Steve Roy
Dover Brickhouse: Preciphist
Fury’s: Erin’s Guild
Kelley’s Row: Live Music

Gilford
Patrick’s: Paul Warnick

Hampton
Ashworth Breakers: Kenny Brothers/DJ Scott
Boardwalk Cafe: 73 Duster
Wally’s: Country Night, DJ Kelley

Laconia
Paradise Beach Club: DJ Gin-E

Londonderry
Coach Stop: Scott McRae
Whippersnappers: Joey Sampson

Manchester
Breezeway: DJ Pet-Resurrection
Club 313: DJ Pez & DJ Carlos

Derryfield: D-Comp
Drynk: DJ Shawn Danjah White & Sammy Smooove
Karma: DJ Midas, Reed on drums
KC’s: Smokin’ Summer Nights
Milly’s: Lakes Region Big Band
Murphy’s: Chris Lester
N’awlins Grille: CDL Trio
Raxx: DJ Mike
Shaskeen: Yankee Cockfight
Shorty’s: MB Padfield
Strange Brew: The Love Dogs
World Sports: Matt Langley

Nashua
Boston Billiard: DJ, Beach Night
Fody’s: Live Band
Shorty’s: Michael Troy

Newmarket
Stone Church: Live Irish Music w/ Jordan Tirrell-Wysocki

Plaistow
Racks: Blues Jam, Steve Devine

Portsmouth
British Beer: Jackson Wetherbee
Dolphin Striker: Chris MacKay & The ToneShifters

Fat Belly’s: DJ
Martingale Wharf: Live Music
Red Door: Forthwanderers, People Skills ,Hay Fever, Tall Horse
Rudi’s: Rob Gerry & Guest
Thirsty Moose: Business Time

Weare
Boondocks: Acoustic Thursdays

Friday, July 4
Amherst
La Belle: Robert Allwarden

Belmont
LR Casino: DJ Russ/Live Band

Boscawen
Alan’s: Live Music

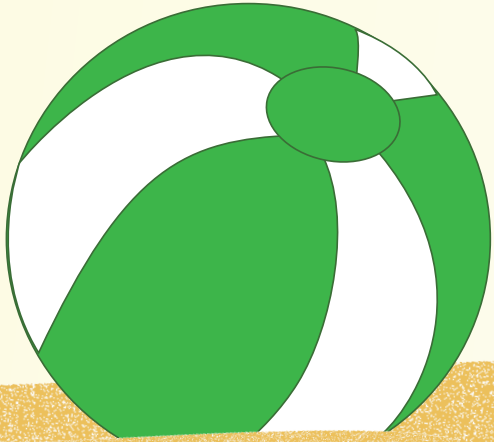
Concord
Makris: Hating Monday
Pit Road Lounge: Live Music
Tandy’s: DJ Iceman Streetz

Dover
Asia: DJ Shadow Walker
Cara: Live Music
Kelley’s Row: Live Music
Top of the Chop: Funkadelic Friday

Goffstown
Village Trestle: Acoustic Jam

HIPPO | JULY 3 - 9, 2014 | PAGE 62

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 943-5630
Club Social
 240 Main Dustable
 Road 889-9838
Country Tavern
 452 Amherst St. 889-5871
Cucina Toscana
 427 Amherst St. 821-7356
Fody's Tavern
 9 Clinton St. 577-9015
Haluwa Lounge
 Nashua Mall 883-6662
Killarney's Irish Pub
 9 Northeastern Blvd.
 888-1551
Martha's Exchange
 185 Main St. 883-8781
Michael Timothy's
 212 Main St. 595-9334
Napa East Wine
 12 Murphy Dr 595-9463
Nashua Garden
 121 Main St. 886-7363
O'Shea's
 449 Amherst St. 943-7089
Peddler's Daughter
 48 Main St. 821-7535
Pine Street Eatery
 136 Pine St. 886-3501
Riverwalk
 35 Railroad Sq 578-0200
Shorty's
 48 Gusabel Ave. 882-4070
Slade's Food & Spirits
 4 W. Hollis St. 886-1344
Stella Blu
 70 E. Pearl St. 578-5557
Unums
 47 E. Pearl St. 821-6500
Villa Banca
 194 Main St. 598-0500
Wicked Twisted
 38 East Hollis St.
 577-1718

New Boston
Molly's Tavern
 35 Mont Vernon Rd
 487-2011

Hampton
Ashworth Breakers: Kenny
 Brothers/3 Faces of Eves/
Boardwalk Cafe: Max Sullivan
Savory Square: Chris Hayes
Wally's Pub: Last Laugh

Hooksett
Asian Breeze: DJ Alban

Londonderry
Whippersnappers: Monkeys
 With Hammers

Manchester
Breezeway: DJ McKay NRG
 Dance
Club 313: DJ Bob

New London
Flying Goose
 40 Andover Road
 526-6899
Newington
Paddy's
 27 International Drive
 430-9450
Newmarket
KJ's Sports Bar
 22 North Main St.
 659-2329
Lamprey River Tavern
 110 Main St. 659-3696
Stone Church
 5 Granite St. 659-7700

Newport
Salt Hill Pub
 58 Main St. 863-7774

Newton
Hen House
 85 South Main St.
 382-1705

North Hampton
Locals
 215 Lafayette Road
 379-2729

Northwood
Tough Tymes
 221 Rochester Road
 942-5555

Pelham
Shooters
 116 Bridge St. 635-3577

Peterborough
Harlow's Pub
 3 School St. 924-6365
Waterhouse
 18 Depot St. 547-8323

Plaistow
Crow's Nest
 181 Plaistow Road
 974-1686
Racks Bar & Grill
 20 Plaistow Rd 974-2406
Sad Café
 148 Plaistow Rd. 382-8893

Portsmouth
Agave Mexican Bistro
 111 State St. 427-5300

Derryfield: Jimmy & Marcelle/
 DJ Sean O'Brien
Drynk: DJs Jason Spivak &
 Sammy Smoove
Element: Friday Night Dance
 Party w/DJ Smallz
Fratello's: Marc Apostolides
Murphy's: Dave Ainsworth/Take
 4/DJ Sean O'Brien
N'awlins Grille: Live Jazz
Patrick's: MB Padfield
Penuche's: Blanket Party
Raxx: DJ Mike
TJ's: DJ Reverence 4th of July
 Patio Party

Mason
Marty's: Tom Dixon

Blue Mermaid Island
 409 The Hill 427-2583
British Beer Company
 103 Hanover St. 501-0515
Caffe Kilim
 163 Islington St. 436-7330
Coat of Arms
 174 Fleet St. 431-0407
Daniel Street Tavern
 111 Daniel St. 430-1011
Dolphin Striker
 15 Bow St. 431-5222
Fat Belly's
 2 Bow St. 610-4227
Grill 28
 200 Grafton Road 433-
 1331
Harbor's Edge
 250 Market St. 431-2300
Hilton Garden Inn
 100 High St. 431-1499
Jitto's Supersteak
 3131 Lafayette Road
 436-9755
Martingale Wharf
 99 Bow St. 431-0901
MoJo's BBQ Grill
 95 Brewery Ln 436-6656
Oar House
 55 Ceres St. 436-4025
Portsmouth Book & Bar
 40 Pleasant St. 427-9197
Portsmouth Gas Light
 64 Market St. 430-9122
Portsmouth Pearl
 45 Pearl St. 431-0148
Press Room
 77 Daniel St. 431-5186
Red Door
 107 State St. 373-6827
Redhook Brewery
 1 Redhook Way 430-8600
Ri Ra Irish Pub
 22 Market Sq 319-1680
Rudi's
 20 High St. 430-7834
Thirsty Moose
 21 Congress St. 427-8645

Raymond
Famous Legends
 4 Essex Drive 895-4474

Rochester
Governor's Inn
 78 Wakefield St. 332-0107
Lilac City Grille
 103 N. Main St. 332-3984
Smokey's Tavern
 11 Farmington 330-3100

Salem
Black Water Grill
 43 Pelham Rd 328-9013
Coffee Coffee
 326 S Broadway 912-5381
Jocelyn's Lounge
 355 S Broadway 870-0045
JT's Bar and Grill
 326 S. Broadway
 893-4055
Sayde's Restaurant
 136 Cluff Crossing
 890-1032
Varsity Club
 67 Main St. 898-4344

Seabrook
Castaways
 209 Ocean Blvd 760-7500
Chop Shop
 920 Lafayette Rd
 760-7706
Master McGrath's
 Route 107 474-6540

Somerset
Brewster's
 2 Main St. 841-7290

Sunapee
One Mile West Tavern
 6 Brook Road 863-7500
Sunapee Coffee House
 Rte. 11 Lower Main St.
 229-1859

Tilton
Black Swan Inn
 354 W Main St. 286-4524

Warner
Local
 2 E Main St. 456-6066

Weare
Boondocks Tavern
 487 S Stark Hwy 529-7747

Windham
Castleton
 92 Indian Rock Road
 800-688-5644
Common Man
 88 Range Road
 898-0088
Jonathon's Lounge
 Park Place Lanes, Route
 28 800-892-0568

Merrimack
Homestead: Steve Sibulkin

Milford
Chapangas: Joe McDonald &
 Fireworks
Tiebreakers: Live Music

Nashua
Arena: Live Music / DJ Danjah
Wicked Twisted: Live Music

Newmarket
Stone Church: Paul Cataido

Plaistow
Racks: Live Music



MAMA'S BACK

After taking some much needed time to rest and heal a bit, Lisa Guyer returns to host Monday Muse Summer Sessions on Monday, July 7, at 7:30 p.m. at Whippersnappers (44 Nashua Road, Londonderry 434-2660). This biweekly jam is open to all ages, all genres of music, covers and originals. There is a nightly \$100 cash prize for the best youth performance (age 20 and under). Attendees and jammers are treated to featured guests, with the chance to meet and mingle with them and each other.

Portsmouth

Blue Mermaid: Live Entertainment

Dolphin Striker: Live Music

Fat Belly's: DJ:

Grill 28: Kenny Selcer

Martingale Wharf: Live Music

Oar House: Don Severance,

Bob Arens

Portsmouth Gaslight: Kevin

Burt/Discount Gigolos/Keith

Henderson/Amanda Cole/Flash-

back Fridays w/DJ Koko P

Rudi's: Duke & Guest

Thirsty Moose: Jon King Band

Rochester

Smokey's Tavern: Family Affair

Salem

Black Water: Rick Breton & Crew

Seabrook

Castaways: Live Music

Saturday, July 5

Belmont

Lakes Region Casino: Live Music

Boscawen

Alan's: Live Music

Concord

Hermanos: Kid Pinky

Makris: Movie Night

Penuche's Ale House: Dobros

Pit Road Lounge: Live Music

Tandy's: DJ Iceman Streetz

Dover

Asia: DJ Shadow Walker

Fury's: Rhythm Method

Kelley's Row: Live Music

Sonny's Tavern: Jonee

Earthquake Band, Dead Elect

Gilford

Patrick's: Jimmiy & Marcelle

Hampton

Ashworth Breakers: The

Shifters/DJ Dan

Savory Square: Mel & John

Wally's Pub: Herland Brothers

Hooksett

Asian Breeze: Live Music

Laconia

Baja Beach Club: DJ

Pitman's: Love Dogs

Londonderry

Whippersnappers: Tripwire

Manchester

Club 313: Divas Gone Wild w/

Mercadies

Derryfield: Dogfathers/The

Slakas

Element: Dance Party, DJ Smallz

Fratello's: Marc Apostolides

Murphy's: Alan Getto/Coniption

Fits/DJ Sean O'Brien

N'awlins Grille: Live Jazz

Raxx: DJ Mike

Shaskeen: East is East

Strange Brew: Session 450

Wild Rover: Live Music

World Sports Grille: Live Music

Merrimack

Homestead: Paul Luff

Milford

Chapangas: Live Music

Clark's Tavern: Rumblefish

J's Tavern: Atomic Raygun

Pasta Loft: Razzles

Nashua

Amsterdam: Frost Mug

Boston Billiard Club: DJ

Anthem Throwback

Fody's: Live Band

Wicked Twisted: Live Music

Newmarket

Stone Church: Shade of Rust,

Tom Schena & Joe Young

Peterborough

Harlow's: Ghost Dinner Band

Plaistow

Racks: Live Music

Portsmouth

Blue Mermaid: Live Entertainment

British Beer: Brandon Lapere

Fat Belly's:

DJ

Hilton Garden: Joel Cage

Martingale Wharf: Live Music

Oar House: Rick Watson/Steve

Sibulkin

Portsmouth Book & Bar:

Michael Tarbox

Portsmouth Gaslight: Scott

McRae/Costley, Comp &

Hubbard/Brad Bosse/Malcolm

Salls/DJ Koko P

Ri Ra: Live Music

Rudi's: Mike Effenberger

Thirsty Moose: Yellow #5

Rochester

Smokey's Tavern: Jimmy D

Salem

Black Water Grill: Live Music

Weare

Boondocks: Live Band

Sunday, July 6

Bedford

Copper Door: Live Music 4-7

Shorty's: Patio: Brad Bosse

Concord

Hermanos: Paul Bourgelais

Makris: Cruise Night w/Alan

Roux's Jazz & Blues

Dover

Cara: Carol Coronis & Ramona

Connelly

Dover Brickhouse: Singer/

Songwriter Brunch

Sonny's Tavern: Chris Klaxton

Hampton

Ashworth Breakers: Boom

Lava/DJ Dan

Londonderry

Whippersnappers: Amanda

McCarthy & Friends

Manchester

British Beer: Bloody Blues

Brunch featuring: Double D's

Derryfield: Chad LaMarsh

Drynck: Beach Bash w/ Sammy

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Want to get your show listed in the Music This Week? Let us know all about your upcoming show, comedy show, open mike night or multi-band event by sending all the information to music@hippopress.com. Send information by 9 a.m. on Friday to have the event considered for the next Thursday's paper.

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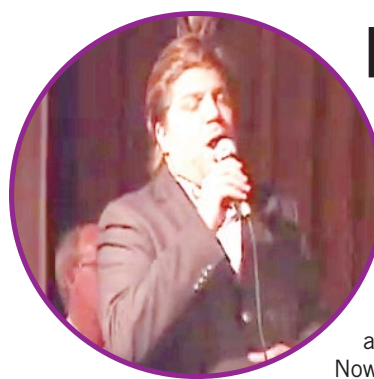
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NITE MUSIC THIS WEEK



MOONLIGHT CROON

Intown Manchester's free TD Bank Summer Concert Series kicks off Thursday, July 10, at 7 p.m. in Veterans Park (Elm Street, Manchester 645-6285) with the Adam Hebert Sinatra Tribute. Adam's unique story began while he was working as a bartender around New England. He'd join the band onstage to sing a few Frank Sinatra numbers. Great feedback led to a regular gig at Lucky's Lounge in South Boston. Now he's in high demand for weddings and other special occasion. See intownmanchester.com.

Murphy's Taproom: Sinatra Sunday/Ryan Brooks Kelly
Shaskeen: Rap, Industry night
Social 24: Sunday Funday Jams
Strange Brew: One Big Soul

Meredith
Giuseppe's: Open Stage with Lou Porrazzo

Portsmouth
Dolphin Striker: Live Music
Oar House: Don Severance/Bob Arens
Portsmouth Gaslight: Doug Mitchell/Crunchy Western Boys
Press Room: Tommy Gallant
Jazz Festival Night
Red Door: Green Lion Crew
Rudi's: John Franzosa

Monday, July 7
Concord
Hermanos: Paul Bourgelaiss

Londonderry
Whippersnappers: Monday's Young Muse w/ Lisa Guyer

Manchester
Derryfield: DJ S.O.B.
Fratello's: Rob Wolfe
Murphy's: Dustin Ladale
N'awlins Grille: Live Jazz

Merrimack
Homestead: Chris Cavanaugh

Newmarket
Stone Church: Stormy Mondays hosted by Wild Eagles Blues Band

Portsmouth
Dolphin Striker: Live Music
Gaslight: Maven Sargent

Red Door: Hush Hush Sweet Harlot: Chelsea Paolini/Laura Fox/Joe Young
Ri Ra: Oran Mor

Tuesday, July 8
Concord
Hermanos: Whit Symmes

Dover
Fury's: Tim Theriault
Sonny's: Soggy Po' Boys

Hampton
Ashworth Breakers: Black Agnes
Boardwalk Cafe: Joe Young

Londonderry
Whippersnappers: VJ Mark

Manchester
Derryfield: Brandon Lapere
Drynck: Sammy Smoove & DJ Gera
Fratello's: Kim Riley
Murphy's: Drew Yount
N'awlins Grille: Live Jazz
Raxx: DJ Mike
Shaskeen: Blueprint
Strange Brew: All Stars

Merrimack
Homestead: Paul Luff

Newmarket
Stone Church: Bluegrass Jam w/Dave Talmage

Portsmouth
Blue Mermaid: Honky Tonk Tuesdays
Dolphin Striker: Live Music
Gaslight: Dustin Ladale
Press Room: Larry Garland Jazz Jam

Wednesday, July 9
Concord
Hermanos: Paul Heckel

Dover
Fury's: Stop Tito Collective
Sonny's: Black Window

Gilford
Patrick's: Justin Jaymes

Hampton
Ashworth Breakers: Roots Rhythm/DJ Scott
Bernie's: Green Lion Crew
Wally's: Country Night, DJ Kelley

Manchester
Derryfield: Chris Cavanaugh
Drynck: Three Kings w/ Midas, Miles Deep & Pharoah
Fratello's: Scott McRae
Jade: Copacabana Salsa Night
Murphy's: Brandon Lapere
Penuche's: Mister F
Strange Brew: Jerry Short

Merrimack
Homestead: Brian Gray

Nashua
Amsterdam: Megan Kelly
Killarney's: Kieran McNally
Napa East: Live Music

Portsmouth
Dolphin Striker: Live Music
Fat Belly's: Live Music
Gaslight: Chad Verbeck
Press Room: Suitcase Junkett
Red Door: Red On Red w/ Evareddy (Ladies Night)
Ri Ra: Irish Wednesdays w/ Great Bay Sailor

COMEDY THIS WEEK AND BEYOND

Thursday, July 3
Derry
Halligan Tavern: Jay Chanoine/Woody Wood

Sunday, July 6
Concord
Penuche's: Punchlines

Wednesday, July 9
Manchester
Murphy's: Laugh Free Or Die Open Mic

Shaskeen: Dead Kevin
Thursday, July 10
Derry
Halligan Tavern: Kevin Cotter/Rohan Padhye

Friday, July 11
Gilford
Meadowbrook: Jeff Dunham

Newmarket
Stone Church: Alington Mitra, Tim Hofmann

Saturday, July 12
Manchester
Headliners: Mike Koutrobis, Michelle Mortinson
Raymond
Veronica Laffs: NH's New Faces of Comedy

Wed., July 16
Manchester
Murphy's: Laugh Free Or Die Open Mic
Shaskeen: Emma Wilmann, Jordan Handren-Seavey

Thursday, July 17
Derry
Halligan: Sarah Blodgett, Jere Pilapil

NITE CONCERTS

Bank of New Hampshire Pavilion at Meadowbrook 72 Meadowbrook Lane, Gilford, 293-4700, meadowbrook.net
Capitol Center for the Performing Arts 44 S. Main St., Concord, 225-1111, ccanh.com
The Colonial Theatre 95 Main St., Keene, 352-2033, thecolonial.org
Dana Humanities Center at Saint Anselm College 100 Saint Anselm Drive, Manchester, 641-7700, anselm.edu/dana
The Flying Monkey 39 S. Main St., Plymouth, 536-2551, flyingmonkeynh.com
Hampton Beach Casino Ballroom 169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com

Leddy Center 38c Ladd's Lane, Epping, 679-2781, ledlycenter.org
Lowell Boarding House Park 40 French St., Lowell, Mass., lowellsummermusic.org
Lowell Memorial Auditorium East Merrimack Street, Lowell, Mass., 978-454-2299, lowellauditorium.com
The Middle Arts & Entertainment Center 316 Central St., Franklin, 934-1901, themiddlenh.org
The Music Hall 28 Chestnut St., Portsmouth, 436-2400, themusicall.org
The Old Meeting House, 1 New Boston Road, Francetown
Palace Theatre, 80 Hanover St., Manchester, 668-5588, palacetheatre.org

Prescott Park Arts Festival 105 Marcy St., Portsmouth, prescottpark.org, 436-2848
Rochester Opera House 31 Wakefield St., Rochester, 335-1992, rochesteroperahouse.com
Stockbridge Theatre Pinkerton Academy, Route 28, Derry, 437-5210, stockbridgetheatre.com
Tupelo Music Hall 2 Young Road, Londonderry, 437-5100, tupelohall.com
Verizon Wireless Arena 555 Elm St., Manchester, 644-5000, verizonwirelessarena.com
Whittemore Center Arena, UNH 128 Main St., Durham, 862-4000, whittcenter.com

- **Justin Townes Earle** Thursday, July 3, 8 p.m., Colonial Theatre
- **Boston/Night Ranger** Thursday, July 3, 8 p.m., Meadowbrook
- **Badfish! A Tribute to Sublime** Saturday, July 5, 8 p.m., Casino Ballroom
- **O.A.R. & Phillip Phillips** Saturday, July 5, 8 p.m., Meadowbrook
- **Rosanne Cash** Saturday, July 5, 7 p.m., Prescott Park
- **Styx/Foreigner/Don Felder** Sunday, July 6, 7:30 p.m., Meadowbrook
- **Snoop Dogg** Sunday, July 6, 8 p.m., Casino Ballroom
- **Matt Anderson** Wednesday, July 9, 7 p.m., Prescott Park
- **Shawn Colvin** Thursday, July 10, 7:30 p.m., Flying Monkey
- **Trombone Shorty & Orleans Avenue** Thursday, July 10, 7:30 p.m., Boarding House Park
- **B.B. King** Thursday, July 10, 8 p.m., Casino Ballroom
- **Michael Buble** Friday, July 11, 8 p.m., Verizon Wireless Arena
- **Johnny A** Friday, July 11, 8 p.m., Tupelo
- **Jeff Dunham** Friday, July 11, 6:30 & 9:45 p.m., Meadowbrook
- **Tusk: Fleetwood Mac Experience** Saturday, July 12, 7:30 p.m., Flying Monkey
- **Andrew Bird** Saturday, July 12, 7:30 p.m., Boarding House Park
- **Jennifer Nettles/Indigo Girls** Saturday, July 12, 7 p.m., Meadowbrook
- **Yonder Mountain String Band & Railroad Earth** Saturday, July 12, 8 p.m., Casino Ballroom
- **Mary Chapin Carpenter** Saturday, July 12, 7 p.m., Prescott Park
- **John Hiatt w/ Robert Cray Band** Sunday, July 13, 8 p.m., Casino Ballroom
- **James Taylor** Monday, July 14, 7:30 p.m., Meadowbrook
- **Straight No Chaser** Tuesday, July 15, 8 p.m., Music Hall
- **Lone Bellow** Wednesday, July 16, 7 p.m., Prescott Park
- **Yes** Wednesday, July 16, 8 p.m., Casino Ballroom
- **Cracker Unplugged** Thursday, July 17, 8 p.m., Tupelo
- **Del McCoury Band** Thursday, July 17, 7:30 p.m., Flying Monkey
- **Extreme** Thursday, July 17, 8 p.m., Casino Ballroom
- **Albert Cummings** Friday, July 18, 8 p.m., Tupelo
- **Bruno Mars** Friday, July 18, 8 p.m., Verizon Wireless Arena
- **Fab Four - The Ultimate Tribute** Friday, July 18, 8 p.m., Casino Ballroom
- **Pat Travers Band** Saturday, July 19, 8 p.m., Tupelo

- **Barenaked Ladies** Saturday, July 19, 7:30 p.m., Boarding House Park
- **Eileen Ivers & Immigrant Soul** Saturday, July 19, 8 p.m., Colonial Theatre
- **Michael Franti & Spearhead/SOJA/Brett Dennen** Saturday, July 19, 8 p.m., Meadowbrook
- **Artie Lange** Saturday, July 19, 8 p.m., Casino Ballroom
- **Mike Birbiglia** Sunday, July 20, 8 p.m., Casino Ballroom
- **Huey Lewis & The News** Tuesday, July 22, 8 p.m., Casino Ballroom
- **Marc Cohn** Wednesday, July 23, 8 p.m., Tupelo
- **Houndmouth** Wednesday, July 23, 7 p.m., Prescott Park
- **Jenn Grinnells** Thursday, July 24, 8 p.m., Tupelo
- **Keith Urban** Thursday, July 24, 8 p.m., Meadowbrook
- **Pegi Young & the Survivors** Friday, July 25, 8 p.m., Tupelo
- **Johnny Winter** Friday, July 25, 7:30 p.m., Flying Monkey
- **Quiet Riot w/ Faster Pussycat** Friday, July 25, 8 p.m., Casino Ballroom
- **Wood Brothers & Shakey Graves (Folk Festival)** Friday, July 25, 7 p.m., Prescott Park
- **WonderTwins** Friday, July 25, p.m., Music Hall Loft



SUMMER SLASH

Taking a short break from Aerosmith's Let Rock Rule tour, Slash featuring Myles Kennedy & The Conspirators headline on Wednesday, July 9, at 8 p.m. at Casino Ballroom (169 Ocean Blvd., Hampton Beach 929-4100). Fans who've tracked the broken glass and ruby slipper journey of the Guns N' Roses lead guitarist are eager for *World On Fire*, a new CD set for fall release packed with full throttle and in-your-face hunk of burning rock 'n' roll that takes no prisoners, the follow-up to their 2012 debut, *Apocalyptic Love*. Tickets \$35 at casinoballroom.com.

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Thursday, July 10

**Trombone Shorty
& Orleans Avenue**

Saturday, July 12

Andrew Bird

Saturday, July 19

Barenaked Ladies

Fri-Sun, July 25-27

Lowell Folk Festival

Saturday, August 2

**Howie Day
Carbon Leaf**

Friday, August 8

Marcia Ball

Saturday, August 9

Gregg Allman

Thursday, August 14

JJ Grey & Mofro

Friday, August 15

**Ben Taylor
Heather Maloney
Adam Ezra**

Saturday, August 16

**Lyle Lovett
& His Large Band**

Friday, August 22

**Peter Wolf & the
Midnight Travelers**

Friday, September 5

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SIGNS OF LIFE

Quotes are from *Job: A Comedy of Justice*, by Robert Heinlein, born July 7, 1907.

Cancer (June 21 – July 22) If you can learn not to jump when the firecracker goes off — or whatever the surprise is — you stand a good chance of being able to hang tight until the emergency is over. Don't jump; hang tight.

Leo (July 23 – Aug. 22) Pray tell me why there is not a dishwashing school of philosophy? The conditions would seem ideal for indulging in the dear delights of attempting to unscrew the inscrutable. The work keeps the body busy while demanding almost nothing of the brain. Volunteer for dishwashing duty—it'll give you a chance to clear your mind.

Virgo (Aug. 23 – Sept. 22) I was driving a horse and buggy and not enjoying it. The day was hot, the dust kicked up by horse's hooves stuck to sweaty skin, flies were bad, there was no breeze. ... I had not seen a map for days and the roads were no longer marked with highway signs for the guidance of automobilists--there were no automobiles. You might not have a map, but you can bring a compass.

Libra (Sept. 23 – Oct. 22) "I'm glad this isn't my world! Alec, in this world Denmark is part of Sweden. Isn't that terrible?" Truthfully I did not understand her upset. Both countries are Scandinavian, pretty much alike — or so it seemed to me. Try to see things from a friend's point of view.

Scorpio (Oct. 23 – Nov. 21) There is one advantage to being a peon: You don't get fired over a disagreement with your boss. The best way to make progress is to stay civil during a disagreement.

Sagittarius (Nov. 22 – Dec. 21) But those infernally noisy driving engines! How any engineer could accept that, I could not see. As one of my professors said ... noise is

always a byproduct of inefficiency. Shhhhhh.

Capricorn (Dec. 22 – Jan. 19) "... But make mine hot fudge. It's a taste I acquired in America. We Danes do lots of good things with ice cream, but putting a hot sauce on an ice-cold dish never occurred to us. A hot fudge sundae. Better make that a double." It's a good time to try something new.

Aquarius (Jan. 20 – Feb. 18) I once had a neighbor whose knowledge of history seemed limited to two dates, 1492 and 1776, and even with those two he was mixed up as to what events each marked. His ignorance in other fields was just as profound; nevertheless he earned an excellent living as a paving contractor. You might need to fill in some gaps in your knowledge.

Pisces (Feb. 19 – March 20) Here I have in front of me a twenty-volume encyclopedia, millions of words packed with all the major facts of this world — facts I urgently need. What can I squeeze out of it quickly? Where to start? I don't want Greek art, or Egyptian history, or geology — but what do I want? Before you dig in, decide what you want.

Aries (March 21 – April 19) I remembered everything now. Or almost. The fire pit. Villagers. Chickens scurrying out of the way. The ship that wasn't my ship — but was. Look out for a fire pit full of chickens.

Taurus (April 20 – May 20) I prefer the Hawaiian hula.... The Tahitian hula strikes me as an athletic accomplishment rather than an art form. If you want art, try a museum. If you want athletics, try a ball field.

Gemini (May 21 – June 20) It does not require a broad education to function as a social and economic animal ... as long as you know when to rub blue mud into your bellybutton. But a mistake in local customs can get you lynched. Do not rub blue mud into your belly button unless you are sure it's the right thing to do.

NITE SUDOKU

Conceptis Sudoku

By Dave Green

			2	9		5		
		2				7		
5	8						1	
			7		5			6
1				2				4
3			1		9			
	2						4	7
		3				9		
		1		6	4			

Difficulty Level ★★

SU DO KU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Last week's puzzle answers are below

6/26

1	4	7	9	8	2	6	5	3
8	6	9	4	3	5	2	7	1
5	2	3	7	6	1	8	9	4
3	5	2	1	7	6	4	8	9
4	7	8	3	5	9	1	2	6
9	1	6	2	4	8	5	3	7
7	9	5	8	1	4	3	6	2
6	3	1	5	2	7	9	4	8
2	8	4	6	9	3	7	1	5

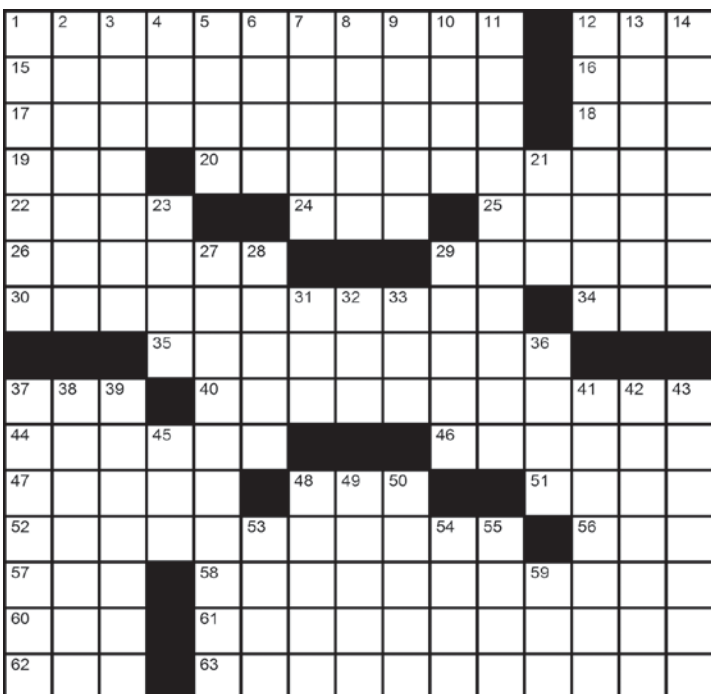
Difficulty Level ★★★

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"Carefreestyle" — more words to conquer!

Across

- 1 Reason to go through half a box of tissues
12 Final destination, in a way
15 It's not natural to swim in
16 "Out of the Blue" band
17 Burns up
18 18-wheeler
19 NPR contributor Sandra Tsing
20 He starred in "Green Acres"
22 Website with a password reset



warning in May 2014

- 24 Millennium divs.
25 "Star Wars" droid, familiarly
26 More optimistic
29 Simon Pegg, in recent "Star Trek" movies
30 Approached, as a bar
34 Contented responses
35 Armless seat
37 Switch status
40 Banks offer them
44 Put aside
46 Islas Canarias locale
47 Skin layer
48 "Ew," in a three-letter acronym
51 E-6 in the U.S. Army: abbr.
52 Bambi's father's title, re the

forest

- 56 Body work, briefly
57 Crude discovery
58 It lasted for over three million years
60 "Fantasy Island" neckwear
61 "I set my alarm for PM instead of AM," among others
62 "Spring ahead" clock abbr.
63 "The big sleep"

27 Conflict for the ages

- 28 Run a load of towels a bit longer
29 India's Telangana, as of June 2014
31 Late actress Ruby
32 West Coast sch. with a sister campus in Berkeley
33 ___ Beta Kappa
36 Tears
37 Dancing cigarette pack of the 1950s
38 Spenserian creatures
39 Like nighttime campsites
41 Tennis player nicknamed "The Bucharest Buffoon"
42 Captivates
43 College hurdle, redundantly
45 Abbr. after Elizabeth Warren's name
48 HBO series set in New Orleans
49 Cheapskate
50 One ___ (certain odds)
53 Dope
54 Hip joint
55 Abbr. at the bottom of a letter
59 Den., Switz., etc.

Down

- 1 They say "Cheese!"
2 Microscopic machine
3 Decorate by inlaying a jewel
4 Record label founded in 1957
5 The white ninja, in Lego's "Nin-jago"
6 Carded at a club
7 Like "Weird Al" Yankovic
8 Egg white glaze, to a chef
9 Trio of Greek goddesses
10 Blue and yellow retailer
11 Electric inventions seen in "Frankenstein"
12 Italian pistol
13 Director of the first two "Hos-tel" movies
14 Funny bones and such
21 Frat friend
23 Puppy sounds

6/26



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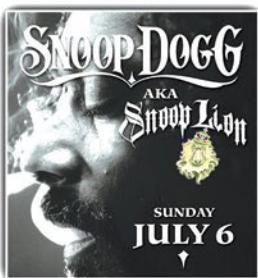
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sun	07/13	JOHN HIATT AND THE COMBO & THE ROBERT CRAY BAND
wed	07/16	AN EVENING WITH YES
thu	07/17	EXTREME
fri	07/18	THE FAB FOUR – THE ULTIMATE TRIBUTE
sat	07/19	ARTIE LANGE COMEDIAN
sun	07/20	MIKE BIRBIGLIA COMEDIAN
tue	07/22	HUEY LEWIS AND THE NEWS
thu	07/24	AMERICA
fri	07/25	QUIET RIOT, FASTER PUSSY CAT, BULLET BOYS, GILBY CLARKE
sat	07/26	GET THE LED OUT-AMERICAN LED ZEPPELIN
mon	07/28	OLD CROW MEDICINE SHOW
wed	07/30	SAMMY HAGAR SOLD OUT
fri	08/01	SOUTHSIDE JOHNNY AND THE ASBURY JUKES W/JOHN CAFFERTY AND THE BEAVER BROWN BAND
sat	08/02	3 DOORS DOWN ACOUSTIC
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fri	08/08	UMPHREY'S McGEE
sat	08/09	BUDDY GUY

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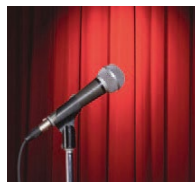


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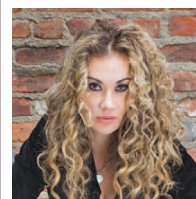
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